



Read Us Online at  
IslandSunNews.com

# Island Sun

PRSRT STD  
U.S. POSTAGE  
PAID  
FT MYERS, FL  
PERMIT #5718

Postal Customer  
ECRWSS

VOL. 24, NO. 7

SANIBEL & CAPTIVA ISLANDS, FLORIDA

AUGUST 5, 2016

AUGUST SUNRISE/SUNSET: 5 6:56 • 8:13 6 6:56 • 8:12 7 6:57 • 8:12 8 6:57 • 8:11 9 6:58 • 8:10 10 6:58 • 8:09 11 6:59 • 8:09

## Sanibel, Captiva Fire Crews Complete Training Together



Personnel from the Sanibel Fire & Rescue District arriving at a Binder Drive residence on Captiva to complete training exercises on July 26. Members of the Captiva Island Fire Control District also took part in the exercise at the vacant duplex. photos by Jeff Lysiak

by Jeff Lysiak

Last week, members of both the Captiva Island Fire Control District and the Sanibel Fire & Rescue District (SFRD) completed training exercises in a vacant residential duplex, taking part – both individually and cooperatively – in search-and-rescue



Captiva Fire Chief Rich Dickerson and Sanibel Fire Training Officer Tim Barrett

drills as well as fire tack training.

Utilizing a vacant two-story building (thanks to the generosity of the owners), both island fire departments performed vital “real-life” scenario exercises at the residence, located at the corner of Binder Drive and Old Lodge Lane on Captiva.

“We were lucky to get the homeowners’ permission to train in (the duplex) before their demolition permits are approved,” said Captiva Deputy Chief Jeff Pawul, who took part in dual training exercises with the SFRD on July 26. “Whenever we can do realistic

continued on page 4

## Stipend Discussion Pushed To Next Council Meeting

by Jeff Lysiak

Plans to discuss compensating Sanibel’s elected officials during Tuesday’s city council meeting were delayed for one month, since both Mayor Kevin Ruane and councilman Jim Jennings were absent and excused from the August 2 session.

Last month, councilman Marty Harrity reintroduced the topic of compensating elected officials to help defray the costs associated with their positions. In addition to time spent attending monthly council sessions and meetings with city staff, members of the city council serve on a number of off-island boards, organizations and committees – including the Tourist Development Council, Metropolitan Planning Organization and South Florida Water Management District – which requires travel to Fort Myers, Tallahassee, Washington, DC and beyond.

Currently, the city permits elected officials a stipend of \$50 per day for

meals, which is regulated by Florida state law. Mileage reimbursement for fuel is regulated via an Internal Revenue Service allowance.

Harrity suggested to fellow councilman Mick Denham and Chauncey Goss that discussions on the issue of compensation should be delayed until the Saturday, September 10 meeting, which is scheduled to start at 11 a.m., when Ruane and Jennings are in attendance.

“This council stipend thing is something we want to discuss when all of us are here,” he said. “This is something that needs to be addressed – yay or nay – and then we’ll move on.”

In his July 22 memorandum to council members, city attorney Ken Cuyler offered some background information for discussion on the proposed council stipend.

“The council has discussed submitting a charter amendment to the Sanibel electorate that would amend that provision to provide a monthly or annual stipend for city council members,” wrote Cuyler. “At past meetings, a stipend figure of \$1,200 to \$1,500 per month has been mentioned for council members and \$1,500 to \$2,000 per month for the council member elected

continued on page 8

## Banner Year For Sea Turtles On Sanibel And Captiva

Sanibel-Captiva Conservation Foundation (SCCF) officials are reporting a banner year for loggerheads nesting on Sanibel and Captiva. As of August 1, the nest numbers for the east and west end of Sanibel were 164 and 422, respectively. The previous records for these beaches were 120 and 376 (both set in 2015).

As of August 1, 183 nests have been laid on Captiva, also breaking the previous record of 179 nests laid in 2000.

With 722 total loggerhead nests on the two islands, and scattered nesting

continued on page 34



Loggerhead sea turtle egg

photo courtesy Alexis Horn, SCCF



# VOTED *Cooler* JEWELRY STORE IN THE NATION

I visited Sanibel  
and returned to  
a place in my heart.

Every summer I visited my grandmother's cottage. Our favorite pastime was to open up an old chest she had stashed in the attic, put on all of her vintage clothes and drape ourselves in her jewelry. We would dance and sing for hours.

Now they're all gone. I thought I'd lost all those great memories — until I walked into Lily and Company and saw a collection that transported me right back to that attic. I closed my eyes and for a few seconds I was that little dancing girl again.

  
**LILY Co.**  
JEWELERS

**BEST OF THE ISLANDS  
9 CONSECUTIVE YEARS!**

**ON-SITE CUSTOM DESIGN & REPAIR CENTER**

520 TARPON BAY ROAD (ACROSS FROM BAILEY'S) SANIBEL, FL 33957  
239-472-2888 • [LILYJEWELERS.COM](http://LILYJEWELERS.COM)





## Locals To Ride For Camp Boggy Creek



Team Billy

photos courtesy Billy's Bike Shop

**T**eam Billy of Billy's Bike Shop has a goal to raise money and ride miles for a unique camp where children with serious illnesses and their families can forget the word "no" for a little while and embrace the promise of "yes." Camp Boggy Creek, located near Mount Dora, Florida, provides its campers a fun-filled experience defined by compassion, laughter and acceptance. Camp Boggy Creek never charges campers to attend and never asks them to contribute anything other than a positive, playful attitude.

Founded in 1996 by Paul Newman and General H. Norman Schwarzkopf, the camp was designed with one simple premise in mind, that every child, no matter their illness, could experience the transformational spirit and friendships of camp along with unobtrusive expert medical care many campers require.

The staff at Billy's Bike Shop has participated in the annual Boggy Creek Challenge Ride since 2012, and this year they set a fundraising goal of \$7,500.

To help reach the goal, Billy's Bike Shop, located across from Billy's Rentals at 1509 Periwinkle Way, is offering a bike tune up special with 15 percent off and free bike pick up. The shop will donate \$20 from every tune up. Customers will save money while supporting the camp's mission. Raffle tickets to win a bike basket full of accessories are also available at the store for \$5 each.

The ride will be held on Saturday, September 10 and offers cyclists the choice of a 60- or 40-mile route through scenic Lake County and, for the recreational cyclist, a 15-mile off-road ride through the Seminole State Forest adjacent to camp.

Billy's Bike Shop team cyclists include bike shop staff members Clare Harris, Preston Schuetz, Ryan Markosky and Tim and Debbie Stone. Shop owner Salli Kirkland and friend Beth Traucht complete the team of seven. Kirkland says the team enjoys supporting the campers through cycling as a reminder of how lucky the team members are to be healthy and active. Billy Kirkland, owner of Billy's Rentals, is an event sponsor and will personally provide SAG support (change flats and bike repairs along the route) during the ride.✱



Ryan Markosky

## Captiva Community Panel To Meet

**T**he Captiva Community Panel will hold its regular monthly meeting on Tuesday, August 9 beginning at 9 a.m. in the Cone Rooms (tentative) in Chadwick's Square at South Seas Island Resort. This meeting is open to all interested islanders and the public.

Among the agenda items:

- Discussion of a possible sea level rise symposium.

- Update on priority committees, including wastewater management, bike/ped enhancements and others.

- A Captiva Erosion Prevention District update.

- A Captiva Fire District update.

- A Hurricane Preparedness and Response Committee update.

- Other business as necessary.

Public participation is invited and encouraged. The next Captiva Community Panel meeting will tentatively be held on September 13.

Information and background documents are available online at [www.captivacommunitypanel.com](http://www.captivacommunitypanel.com).✱

**Helping to create happy,  
curious, confident children  
since 1974**

### Children's Education Center of the Islands

5-Acre Campus • Organic Outdoor Garden • Daily Music & Art  
Part-time & Full-time Care Available • Year-Round Care  
FREE VPK • 18 Months to 5 Years Old

**Accepting applications now for the 2016-2017 school year**  
VPK • 3 year olds • 2 year olds • 18 month olds

**[childrenseducationcenter.org](http://childrenseducationcenter.org)**

350 Casa Ybel Road, Sanibel

**239.472.4538**

**Children's Education Center of the Islands**

Licensed with the State of Florida #C20LE7492D. Children's Education Center of the Islands is a Florida not for profit corporation 501(c)3 and does not discriminate on the basis of race, religion or ethnic origin.

**CELEBRATE THE**  
**beautifulife™**



**KAY CASPERSON**  
spa • salon • boutique

facials • massage • manicures • pedicures

makeup • hair • weddings • parties • events

**SANIBEL • SUNDIAL BEACH RESORT**

1451 Middle Gulf Drive • 239-395-6002

**CAPTIVA • CHADWICK'S SQUARE**

14830 Captiva Drive • 239-579-1470

**KAYCASPERSON.COM**





From page 1

# Fire Training

training with the Sanibel crew it's very beneficial to both of us. However, it's not always easy to coordinate something like this.” Beginning around 7:30 a.m., both Pawul and SFRD training officer Tim Barrett arrived at the site to discuss the training sessions planned for the day. Earlier in July, Captiva firefighters used the house to conduct fire tack drills; included were equipment handling, communications, structural hazards and response procedures.

During the second week at the duplex, both teams took part in search-and-rescue training.

According to Captiva Fire Chief Rich Dickerson, both island fire departments borrowed some state-of-the-art equipment while conducting their drills. One tool was a fire simulator, on loan from the Fort Myers Fire Academy, which replicates the appearance of flames on a flat-panel monitor. When water sprayed by hoses strike the monitors – for an appropriate duration as well as with sufficient power – the simulated flame is extinguished and the screen turns blue.

In addition, rather than using traditional bales of moistened hay to create smoke inside the residence, firefighters employed modern smoke generators, which uses a liquid – similar to what is used in vapor cigarettes – to create a haze so thick that it makes it difficult for trainees to see anything beyond a few inches in front of them.



Sanibel firefighters Alma McClure and Brian Howell engaged in a post-exercise discussion

“It’s much safer and less toxic than using real smoke,” added Barrett. “This way, in case one of their masks or air tanks gets compromised, they’re not going to be breathing in any of those noxious fumes.”

The smoke simulator was on loan from the North Fort Myers Fire Department.

Barrett also noted that both Sanibel and Captiva fire crews conduct cooperative training exercises about once per year.\*



Captiva's fire crew loading equipment back onto their truck following training last Tuesday morning



Firefighter/medic Mike Martin relays a message to his crew while Tim Barrett looks on

# SHOP ON SANIBEL

TAHITIAN GARDENS   THE VILLAGE SHOPS   OLDE SANIBEL SHOPPES   TOWN CENTER



WOMEN'S CLOTHING	FAMILY DINING
MEN'S CLOTHING	TAKE-OUT
SHOES	TROPICAL WINE
JEWELRY	HAIR SALON
HOME DÉCOR	ART GALLERIES
TOYS	PET NEEDS
COLLECTIBLES	ALTERATIONS/ DRY CLEANERS
GIFTS	VACATION & REAL ESTATE INFORMATION
CARDS	
SPECIALTY SHOPS	



1975-2019 PERIWINKLE WAY



2340 PERIWINKLE WAY



630 TARPON BAY ROAD



2496 PALM RIDGE ROAD

For individual shop information: [www.ShopOnSanibel.com](http://www.ShopOnSanibel.com)



Hop In!

# whims

Wearables  
Gifts • Art

2451 Periwinkle Way  
Bailey's Center

239 •313 •0535

[whimsonperiwinkle@gmail.com](mailto:whimsonperiwinkle@gmail.com)

Mon - Sat 10am-5:30pm

## TILT THE POLE!

**What:** Shade all day - tilting the umbrella pole.  
**Where:** Patios, beaches, any location getting sun all day.  
**How:** Tilting the Pole!

[www.tiltthepole.com](http://www.tiltthepole.com)

Maximum shade - TILT THE POLE! Never move your chair! Simply tilt and rotate the umbrella pole in the direction of the sun and have shade all day long! MAX the SHADE!





# 10% OFF

**your purchase of \$30 or more**

Coupon must be presented at time of purchase.  
Valid on regularly priced items only.  
Cannot be combined with any other offers.  
Expires 10/31/16

**Tropical Quilting & Craft Supplies   Open Monday-Saturday at 10am**

**1628 Periwinkle Way • (239) 472-2893**

**Heart of the Islands, Sanibel**

[www.threecraftyladies.com](http://www.threecraftyladies.com)

Find us on 



# PALM RIDGE PLACE

*Take Out*



**Sanibel's Favorite Delicatessen**

**Breakfast, Lunch & Dinner & Later**  
We Cater! • Gluten Free Options  
Serving Pizza & Wings  
& So MUCH MORE!

**NOW OPEN FOR INDOOR SEATING**



**WINNER**  
Best Pizza  
Taste of the Islands


**239-472-2555**

**BOAR'S HEAD** 

**www.sanibeldeli.com**

**BEACH FLOOR & DECOR**  
*Island Style Interiors*  
visit us online at [www.beachfloordecor.com](http://www.beachfloordecor.com)

Serving Sanibel & Captiva Islands for **36 years**



Main Showroom  
2330 Palm Ridge Rd.  
Sanibel, FL 33957

P: 239.395.2525  
F: 239.395.2373

**MOHAWK**  
**HunterDouglas**  
WINDOW FASHIONS  
PRIORITY DEALER

Furniture Accessories  
Window Treatments  
Plantation Shutters  
Custom Upholstery  
Countertops  
Backsplashes  
Kitchen Remodeling  
Bathroom Remodeling  
Flooring  
Painting

**LARGEST SHOWROOM ON SANIBEL ISLAND**

License #S3-12258 | License #S3-11918

**Sanibel Beauty Salon**

*Sanibel's First Beauty/Barber est. 1951*

**FREE Bottle of OPI Polish with Mani/Pedi**

Please check out our New Men's Zone



**(239) 472-1111**  
[SanBeautys@aol.com](mailto:SanBeautys@aol.com)  
[www.SanibelBeautySalon.com](http://www.SanibelBeautySalon.com)

  
**ROSIE'S CAFE & GRILL**  
Dine In • Carry Out • Homemade Icecream

*Taste of the Islands Award Winner!*  
Best Dessert & Carry Out

**\$2 Off \$20**  
on  
**\$5 Off \$50**  
Expires: 07/31/2016  
Can not be combined with any other offers

*Serving Royal Scoop Ice Cream!*  
2330 Palm Ridge Road  
(Across From CVS)  
239.579.0807  
[RosiesCafeSanibel.com](http://RosiesCafeSanibel.com)

**ISLAND PHARMACY**  
Voted Best Pharmacy on the Island 8 years in a row!

**Caring for you and about you**

We are ready for all your needs with: Specially Formatted Bite & Itch Lotion  
• Natural No-See-Um Repellent • We also offer rental of Walkers, Wheelchairs  
Crutches • Special Orders Welcome • Deliveries Available

**239-472-6188**  
Fax 239-472-6144

  
Pharmacist Reggie Mathai

**Heath Mart**  
In the Palm Ridge Plaza

We carry nebulizers, crutches, wound care  
Every Day Items Also!  
Over 9,000 Insurances Accepted and All Medicare D

We specialize in Customer Satisfaction  
Bite and Itch Lotion  
Small Store Feel, National Chain



**JD Powers Award**

**SANIBEL SWEET SHOPPE**

**"Life Just Got Sweeter"**  
Featuring  
Hand-Made Chocolates  
Fresh Fudge \* Cookies  
Cupcakes \* Tarts \* Italian Ice  
Salt Water Taffy \* Mini Cannolis



**239.312.4688**  
[www.sanibelsweetshoppe.com](http://www.sanibelsweetshoppe.com)

bestsellers • local favorites • children's books

**MacIntosh Books & Paper**  
*Since 1960 and still going strong*

**We've moved!**  
**Same great bookstore.**  
**Great new location.**

**Help Find Waldo!**  
The hunt runs through July.

Independent bookseller • Open daily  
2330 Palm Ridge Road • Sanibel, FL 33957  
239.472.1447 • [macintoshbooks.com](http://macintoshbooks.com)

island gifts • toys & puzzles • cards • stationery

**2330 Palm Ridge Road,  
Sanibel Island, FL**  
(across from CVS)



# Girlfriends Share Island Adventure



Gail, Linda, Sheila and Stephanie photos courtesy Allita Irby

submitted by Allita Irby

Once a year Gail, Allita, Linda, Sheila and Stephanie meet for a weekend getaway. It has been "just the girls" since 1996. They use their first initials and call themselves "The GALSS."

This year, Stephanie, who is a travel agent, made the trip reservations at South Seas Island Resort. The five women, who grew up together in Oklahoma, travel to different locales each year. Past vacations have been to the Bahamas, Jamaica, Hilton Head, Ocean City and Nashville, just to name a few. Now home bases for the women are Tennessee, Maryland, Alabama and Oklahoma.

One objective of their getaway was to do some sightseeing. On Captiva, The GALSS took the island tour provided by South Seas Resort and then went to visit



The GALSS with their matching dragonfly polo shirts

the Sanibel Lighthouse on their own. They found it interesting to learn about the sea turtles and the nesting season from April 15 to October 31. There was a roped off area on the South Seas Resort beach with an actual nest.

The GALSS recommend local eateries Doc Ford's Rum Bar & Grille, Keylime Bistro and The Pointe at South Seas Island Resort on Captiva as well as The Clam Shack on Sanibel. More than once, they stocked up on provisions at Jerry's Foods.

They shopped at Periwinkle Place, where they visited the original Chico's and met Ms. Shawn. At Fresh Produce (women's apparel), Ms. Dawn was very helpful. They even ran into a local woman who was a transplant from Tulsa, Oklahoma. Small world. While out shopping one day, they were asked about the polo shirts they wore with the dragonfly logos. The women enjoyed answering all the questions and meeting the locals and tourists who were warm and welcoming.

The GALSS plan to tell friends and co-workers about the great vacation they had on scenic Sanibel and Captiva Islands. Hopefully, it will not be their last trip to Florida.✧

## SAILOR'S TOY SHOPPE

TOYS, GAMES & STUFFED ANIMALS

NOVELTY ITEMS

COLLECTIBLES

BEACH TOYS

COMIC BOOKS

CANDY

PARTY FAVORS

239-312-8144 1989 Periwinkle Way Sanibel, Florida 33957

Formerly Needful Things • Located in Tahitian Gardens

See the amazing art of David Ruhe

630 Tarpon Bay Rd (near the Over Easy Cafe)

Summer Hours

Monday thru Saturday 10am-4pm

Visit us on at SanibelArtandFrame

www.sanibelartandframe.com

239-395-1350

# Rene's Jewelry

472-5544

## Island Winds Coiffures

HAIR SALON FOR WOMEN & MEN

Manicures and Pedicures by Lois

Hair Styling by Lily

LINDA • MARISA • JEANNE

695 Tarpon Bay Road, Sanibel

239-472-2591



## Final Sounds Of Summer Concerts

Cellist Susie Kelly and pianist Abbey Allison, members of the Wild Coffee Duo, will present two additional concerts in their themed Sounds of Summer series.

After performing in recent concerts on July 23 and 24, the duo will present their third and final performances in the series at The Violin Shop on Saturday, August 13 at 2 p.m. and at the Sanibel Congregational United Church of Christ (SCUCC) on Sunday, August 14 at 3 p.m.

For this concert, Summer Reading, the musicians will present an array of delightful pieces related to books and poetry. Among the selections will be an arrangement of Ravel's *Mother Goose Suite*, John Williams' *Memoirs of a Geisha*, and Hindemith's *A Frog He Went a Courting*. Shawn Allison



Wild Coffee Duo: Abbey Allison and Susie Kelly

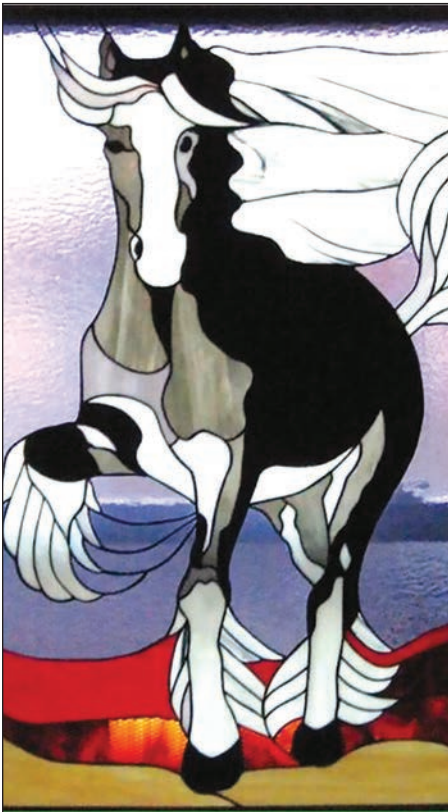
photo courtesy SCUCC

will join in as narrator as the Duo performs a setting of Munro Leal's children's book, *The Story of Ferdinand* (Ferdinand the Bull). Shawn played saxophone in the June Bon Voyage concerts and, in the July concerts, *A Trip to the Zoo*, he recited humorous poems written by Ogden Nash to accompany *Carnival of the Animals*.

The Sounds of Summer concerts are free and open to the public. Free will donations will be accepted at each concert.

The Violin Shop is at 16355 Vanderbilt Drive, Suite 108, in Estero. The Sanibel Congregational United Church of Christ is at 2050 Periwinkle Way and can be reached for more information at 472-0497.\*

## Stained Glass On Display At Church



Stained glass piece by Kathy Fitzgerald  
photo courtesy SCUCC

Each month throughout the year, the Sanibel Congregational United Church of Christ features the work of selected artists.

Kathy Fitzgerald's renderings in stained glass will be on view in the church's Fellowship Hall during August. The church is located at 2050 Periwinkle Way.

Fitzgerald is passionate about her artwork and considers it a labor of love. After attending the University of Denver in Colorado and Manhattanville College in New York, she received her bachelor

of fine arts degree. She began her artistic endeavors designing original batik clothing.

As her children grew older, Fitzgerald started working with stained glass. She apprenticed in Virginia and began making original windows, mosaics and wall art. Her studio is Kathon Stained Glass.

Fitzgerald said, "Each work I create is unique and has the quality to be displayed in the finest of homes," said Fitzgerald. "Is there anything that has the simple, elegant beauty of stained glass?"\*\*

### Sanibel T-Shirts

Available at these locations...

T-Shirt Hut 472-1415

Amy's Something Special 472-4421

Sailor's Toy Shoppe 312-8144

Pak-n-ship of Sanibel 395-1220

Macintosh Books 472-1447



HORTON.COM

From the Past...  
for the Present

**THE CEDAR CHEST FINE JEWELRY**  
A Sanibel Tradition Since 1975

Tahitian Gardens • 1993 Periwinkle Way • Sanibel Island, Florida 33957  
Telephone: 239.472.2876 • Toll-free: 800.749.1987 • [www.CedarChestSanibel.com](http://www.CedarChestSanibel.com)

Instagram Twitter Pinterest Facebook



# Fees To Increase For Rec Center And Beach Parking

by Jeff Lysiak

On Tuesday, a number of ordinances were read during the Sanibel City Council meeting that, once passed, will increase user fees at the Sanibel Recreation Center, increase the cost of beach parking stickers for non-residents and increase various building, permit, license and administrative fees.

A total of seven ordinances were introduced for the first public hearing, with no comment from either members of the council or the audience at MacKenzie Hall. Public comment will be permitted during the second readings, which are scheduled to take place on September 10 at 9:10 a.m.

Membership fees at the Sanibel Rec Center will jump for both individuals and families (residents), member guests, on-island employees, city employees and visitors. For example, daily passes for individual residents will increase from \$5 to \$6; daily passes for resident families will increase from \$7 to \$8. Annual membership for resident individuals will increase from \$173 to \$182; for resident families, from \$231 to \$243.



Vice Mayor Mick Denham, left, congratulates recreation program specialist Dave DeFonzo for 25 years of employment with the City of Sanibel during Tuesday's council meeting. A proclamation in his honor was read by Denham as DeFonzo and his daughter, Ella, looked on.  
photos by Jeff Lysiak



Public Works Department tradesworker Michael Henry, left, was recognized for 30 years of public service with the City of Sanibel as Vice Mayor Mick Denham reads a proclamation

An adjustment to facility rental, program and class fees was also included.

An ordinance that will increase the cost for restricted beach parking permits – referred to as the “B” and “BC” parking decals – for non-residents was introduced. Council has yet to determine the amount that the fees for the “B” (currently \$90) and “BC” (currently \$180) parking decals will be increased, although city staff has provided a number of options ranging from 10 to 50 percent.

Members of the council will determine those increases at the September meeting.

In addition, a series of largely minor adjustments

to the city's permit, development review and administrative fees, building licenses, registrations and certification fees was introduced.

In other business:

- A request by Local Roots, LLC to move the date of the Sanibel Island Farmers Market – originally scheduled for Sunday, December 25 – to Monday, December 26 due to the Christmas holiday was approved.

- A joint request from BIG ARTS and the Sanibel Historical Museum and Village to host 16 receptions, and to serve alcohol on city-owned property, was approved.✧

From page 1

## Stipend Discussion

by council to serve as mayor.”

According to the memorandum, Fort Myers Beach pays a stipend of \$16,800 annually to each council member while giving the mayor a stipend of \$19,200; Cape Coral council members receive a stipend of \$32,600 annually while the city's mayor receives \$36,600; Fort Myers council members get a stipend of \$32,630 annually and the mayor gets \$42,419.

The Village of Estero will begin paying its council members a stipend of \$16,946.88 annually and its mayor \$22,595.88 beginning in 2017.

“Some of the other municipalities in Lee County provide various other benefits to council members and their mayors (e.g. retirement, health insurance, etc.),” Cuyler added. “After council provides direction on the amount of the council stipend which the city council wishes to be placed in a ballot question for consideration by the Sanibel electorate, the appropriate documentation and ballot

question will be drafted and scheduled at a future city council meeting for consideration by council.”

During public comment on the subject, resident Karen Storjohann suggested that many island residents don't understand the complications of offering council members compensation. She asked that further information, including the definition on the parameters of stipends, be included with next month's agenda.

Fellow resident Steve Maxwell added that the city look at both the number of meetings council members attend, along

with the duration of those meetings, before arriving at a compensation schedule.

“You also understand that you have to look at the work we do outside of those meetings,” Denham noted.

Once approved by city council, the ballot question will be scheduled for consideration by Sanibel voters at the March 2017 city general election. The City of Sanibel has twice voted on compensating elected officials, which on both occasions was defeated in a public referendum.✧



Independently Owned And Operated  
COPYRIGHT 2016 Island Sun  
LORKEN Publications, Inc.



USPS 18: Bulk Rate permit paid for at Sanibel, FL, 33957.  
Postmaster: Send change of address to Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.  
Published every Friday for the people and visitors of Sanibel and Captiva Islands.  
Distribution: 8,000 - 10,000 per week (seasonal).  
Mailed free to Sanibel and Captiva residents every Friday.  
Subscription prices: Third Class U.S. \$60 one year, \$30 six months (Allow 2-3 weeks for delivery). First Class U.S. \$150 one year, six months \$75 (Allow 3-5 days for delivery).  
Prices include state sales tax. Send subscription requests to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.  
The Island Sun will correct factual errors or matters of emphasis and interpretation that appear in news stories. Readers with news, tips, comments or questions, call 239-395-1213, or write to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.  
FAX number: 239-395-2299.  
E-mail: [press@islandsunnews.com](mailto:press@islandsunnews.com)  
E-mail: [ads@islandsunnews.com](mailto:ads@islandsunnews.com)  
The Island Sun reserves the right to refuse, alter or edit any editorial or advertisement.

Read Us Online: [www.IslandSunNews.com](http://www.IslandSunNews.com)

**Publisher**  
Lorin Arundel

**Advertising**  
Bob Petcher  
George Beleslin

**Graphic Arts & Production**  
Ann Ziehl  
Amanda Hartman  
Justin Wilder  
Diane Wynocker

**Reporters**  
Anne Mitchell  
Jeff Lysiak

### Contributing Writers

Kimberley Berisford	Craig R. Hersch
Barbara Cacchione	Tanya Hochschild
Kay Casperson	Shirley Jewell
Constance Clancy, EdD	Audrey Krienen
Suzy Cohen	Dr. Jose H. Leal, PhD
Linda Coin	Capt. Matt Mitchell
Marcia Feeney	Gerri Reaves PhD
Ed Frank	Angela Larson Roehl
Jim George	Nikki Rood
Shelley Greggs	Di Saggau
Marion Hauser, MS, RD	Karen L. Semmelman
Ross Hauser, MD	Jeanie Tinch
Bryan Hayes	



# Ranked Sanibel's #1 Shopping Destination

by the Lee County Visitor and Convention Bureau



**REPUBLIC**  
Casual Clothing and Shoes

Telephone: 239.472.8444 • [www.peachrepublic.com](http://www.peachrepublic.com)

**Upscale Women's  
Casual Clothing,  
Sandals and Accessories**

We Carry Tribal • Foxcroft  
Nic & Zoe • Lisette Pants  
Budda • Andrea Lieu  
Naot & Onex Sandals  
We Also Carry  
Sanibel Perfume

We've  
Expanded  
Into Clothing  
For Your  
"little peaches"



**Now offering  
Newborn  
to Preteen  
Clothing and  
Accessories  
along with  
our Women's  
Upscale Casual  
Clothing**

Clothes  
As Cool As  
Your Kids &  
Grandkids



ROXY



QUIKSILVER



ten

earth nymph

## 10% Off Sealife by Congress Collection



For over 30 years, Congress Jewelers has been celebrating life's special moments while creating memories that last a lifetime.



SEALIFE • FASHION • DIAMONDS • ESTATE

Periwinkle Place Shops • Sanibel Island  
[CongressJewelers.com](http://CongressJewelers.com) • 239-472-4177

**Sanibel Day Spa**  
ESCAPE RELAX RESTORE

Massage  
Skincare  
Hair & Nails

PERIWINKLE PLACE SHOPPING CENTER  
239.395.2220 • 877.695.1588

[WWW.SANIBELDAYSPA.COM](http://WWW.SANIBELDAYSPA.COM)

MM# 2782



A must-stop  
Sanibel shop  
for 30 years!

Periwinkle Place  
(Next To Congress Jewelers)  
(239) 472-9194



Shop Mon - Sat 10am-7pm (select stores until 8pm) Sun 12pm-6pm  
Dine Mon - Sun 9am-9pm

**26 UNIQUE STORES IN A TROPICAL SETTING**

2075 Periwinkle Way • 2 Miles West of Causeway Rd. on Periwinkle Way • [PeriwinklePlace.com](http://PeriwinklePlace.com)



Find us on  
Facebook



# Teens Attend LIFE Conference



Candid group shot of the Sanibel Community Church H2O team  
 photos courtesy Sanibel Community Church

A group of high school students from H2O, the student ministry of Sanibel Community Church (SCC), traveled last month to Kansas City, Missouri for a week, attending a national youth conference called LIFE.

The LIFE national conference is staged by the Christian and Missionary Alliance, and is held every three years for students going into high school to just finishing high school. More than 5,500 teens – from around the nation and the world – gather for a week of amazing speakers, worship, seminars and fun. Francis Chan and Jefferson Bethke were among the speakers that week.

Students took part in a three-day service project called Renew in downtown Kansas City while they were there. Over 1,500 students also ran a 5K race, raising money for a new church plant in downtown Kansas City. Teens also gave more than \$55,000 to help with mission projects around the world.

The next LIFE conference will be held in 2019 in Orlando.



Running For LIFE 5K race participants



From left, Hunter Borman, Kevin Schafer and Sarah Siebrandt



Sanibel teens and leaders at the LIFE Conference

**TOWER GALLERY**

Artist Cooperative of Fine Art

24 Local Fine Artists

751 Tarpon Bay Rd.  
 Sanibel, FL 33957  
 (239) 472-4557  
[www.towergallery.net](http://www.towergallery.net)

Open 7 Days A Week  
 10 AM till 6 PM

H2O will begin meeting at Sanibel Community Church on Wednesday evenings, starting on August 10. Activities are for students who are sixth through 12th graders. On that evening, middle schoolers and high school students are invited to come to the church from 5:30 to 7:30 p.m. for a night of fun. There will be a cook out, dunk tank, obstacle course, jousting game and relay races for teens entering

sixth through 12th grades. All students are invited to bring their friends. The gathering will take place rain or shine.

Starting on August 17, middle schoolers will meet on Wednesday evenings in the youth room from 5 to 7 p.m., and high school students will meet from 6 to 8 p.m. All teens are welcome to attend. There are some exciting trips planned for the 2016-17 school year, including Rock The Universe, high ropes course and a winter retreat out of state.

For more information, contact SCC Youth Pastor Kevin Schafer at 472-2684.✪

*She Sells Sea Shells*

"An Ocean Boutique"

**TRY OUR SALTWATER TAFFY**

"Where Islanders Have Sent Their Friends & Family To Shop Since 1976"

Sanibel & Worldwide Shells • Corals & Exotic Sealife

Shell Gifts • Jewelry • Books • Candles • Lamps • Sanibel Perfumes • Craft Supplies

T-Shirts • Tanks • Muscles • Hoodies • Hats • Cover-Ups & Dresses

Handmade Shell Xmas Ornaments & Flowers

**Celebrating 40 Years On Sanibel!**

Voted "The Best" Shell Shop in SW Florida - News Press Readers Poll 2000 - 2016

Winner "Best Shell Shop" - Islander/Island Reporter Reader's Poll 2000 - 2015  
 2015 Best Craft Shop & Best Gift Shop

**Adult & Kids T's**  
 sizes XS-XL  
**3 for \$23**  
 XXL 3 for \$29

SHELL CANDLES  
**NOW 20% OFF**  
 BIG SELECTION

SHARK TEETH NECKLACES  
**NOW 1/3 OFF**  
 MANY STYLES & PRICES

**20% Off**  
 Any Single Item  
 (cash sales only)  
 Good with coupon  
 not valid on sale items

**TWO SANIBEL LOCATIONS**

1157 Periwinkle Way • 472-6991 • 2422 Periwinkle Way • 472-8080

Open 7 Days 9:30am til' 9:00 pm • [SheSellsSeaShellsSanibel.com](http://SheSellsSeaShellsSanibel.com)

**FREE GIFT!**

**WE SHIP!**

www.towergallery.net



## Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

**Trash & Treasures Sale** – returning in November. If you are doing some spring cleaning before heading back up north, the center welcomes your donations of clean, gently used items. All donations are tax deductible. Bring items to the center Monday through Friday between 8 a.m. and 3:30 p.m. The following items cannot be accepted: books, clothes, shoes, computers or old TVs.

**Page Turners with Ann Rodman** – If you are not on the Page Turners list, and wish to be, email [annrodman@aol.com](mailto:annrodman@aol.com) or contact the center.

The featured book for Wednesday, August 10 is *Fried Green Tomatoes* by Fannie Flagg. The film was nominated for two Oscars.

Bring your lunch and watch the movie at 12:30 p.m. At 2:30 p.m., there will be a discussion on the book and the movie.

**Friday Collage Classes with Bea Pappas** – August 5, 12, 19 and 26, 12:30 to 3:30 p.m.

Pappas will teach an easy approach to collage, both figurative and abstract. Collage can be worked from torn magazines, found papers like book pages or handmade papers. Bring a pint of fluid matte premium, scissors, papers, magazines and substrates (substrates can be watercolor paper, canvas, canvas board or mat board.) Cost is \$15 for members and \$20 for non-members. Call to sign up.

### Games

Cost for all games is \$2.50 for members and \$5 for non-members. Prizes are awarded.

**Bridge** – Monday and Wednesday, register by 12 p.m. Game begins at 12:30 p.m.

**Mahjongg** – Monday and Thursday at 12:30 p.m.

**Hand & Foot** – Thursday at 12:30 p.m.

## Top Ten Books On The Island

1. *Sanibel Captiva Handbook 2016 Edition* by The Reynolds Family
  2. *Classic Coloring: Jane Austen* by Anne Rundles
  3. *Off The Bookshelf Coloring Book* by S. Khaja
  4. *The Shark Whisperer* by Ellen Prager
  5. *Kitchens of the Great Midwest* by J. Ryan Stradal
  6. *Cuba Straits* by Randy Wayne White
  7. *Ten Days In Paradise* by Linda Abbott
  8. *Six Mornings On Sanibel* by Charles Sobczak
  9. *Where's Waldo* by Martin Handford
  10. *The Boys in the Boat* by Daniel James Brown
- Courtesy of MacIntosh Books and Paper✱

**Tuesday Kayaking** – August 16 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

### Fitness Classes

Members cost is \$4 per class, visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

**Happy Hour Fitness** – Monday, Wednesday and Friday at 8 a.m. Keep

your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises. Hand weights, stretch cords and body weight are used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

**Essential Total Fitness** – Monday, Wednesday and Friday at 9:30 a.m.

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

**Power Hour Fitness** – Tuesday and Thursday at 8 a.m. Hand weights,

stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Gentle Yoga** – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used for varying experience levels. Bring a towel. Kim Kouril is the instructor.

**Chair Yoga** – Tuesday and Thursday at 11 a.m. (extended through August 25). Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.✱

# SANIBEL SQUARE

## Shop, Dine & Enjoy all of us at Sanibel Square!



**Physical Therapy, Massage Therapy & Pilates**  
Phone # 239-395-5858



**Showroom Hours**  
Open Mon. - Fri. 10am - 4pm  
Phone: 239-395-1201



**Administrative Offices & Classrooms**  
Phone # 239-472-9700



**Hours: 9am-5pm Monday-Saturday**  
**11am-4pm Sunday** Phone # 239-472-6868



**Hours: 8am-5pm Monday-Friday**  
Phone # 239-472-1841



**9am-5pm 7 days a week**  
Phone #: 239-472-HOME



**Open Daily 7am**  
**(Summer hours vary)**  
**239-395-1919**



**Showroom Hours: 8am-5pm Monday-Friday**  
Phone # 239-472-1101



**Showroom Hours: 8am-5pm Monday-Friday**  
Phone # 239-472-1101

**Conveniently located on Periwinkle Way across from Sanibel Community Park**

**Sanibel Square is a division of West Gulf Co LLC**





## Learning Lifelong Skills In Preschool

**S**ummit Christian Preschool strives to encourage preschoolers to become confident in social skills, achieve in learning, and share and play with their preschool friends.

Tours and registration packets for 3-year-old and 4-year-old Voluntary Pre-kindergarten students are available by calling 482-7007.

"In classrooms where children are free to think outside the box and who have multiple experiences, with freedom to create, are children who thrive and gain confidence in themselves as a learner," said Leslie Celestin, director of Summit Christian Preschool, located at Sanibel Community Church, 1740 Periwinkle Way.✱



Teagan Clark and Sam St. Gene work together to create a fort, using problem solving skills photo courtesy Summit Christian Preschool

## Churches/Temples

### ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers  
Reverend Dr. Elias Bouboutsis. Orthros Service Sunday 9 a.m. Divine Liturgy Sunday 10 a.m. Fellowship Programs, Greek School, Sunday School, Bible Study. [www.orthodox-faith.com](http://www.orthodox-faith.com), 481-2099

### BAT YAM-TEMPLE OF THE ISLANDS

The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Myra Soifer. For information call President Alan Lessack at 579-0296.

### HISTORIC CAPTIVA CHAPEL BY THE SEA

The Rev. Dr. John N. Cedarleaf Services every Sunday 11:00AM November 13, 2016 thru April 30, 2017 11580 Chapin Lane, Captiva 472-4646  
**FIRST CHURCH OF CHRIST, SCIENTIST**

2950 West Gulf Dr., Sunday 10:30 a.m.; Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m.; Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 472-8684.

### SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 9 to 11 a.m. Call Pastor Mark Hutchinson 284-6709.

### SANIBEL COMMUNITY CHURCH

1740 Periwinkle Way, Sanibel, 472-2684  
Dr. Daryl Donovan, Senior Pastor  
Sunday Worship: 8 a.m. Traditional in historic Chapel, 9 a.m. Contemporary

and 11 a.m. Traditional in main Sanctuary, 10:15 a.m. Courtyard Fellowship, 9 and 11 a.m. Bible classes. Childcare available at all services.

### SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

2050 Periwinkle Way 472-0497  
The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 and 10 a.m. Chapel Service. Full Service with Sunday school and nursery care provided. Elevator access.

### ST. ISABEL CATHOLIC CHURCH

3559 San-Cap Road, 472-2763  
Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Communion Service Monday and Tuesday 8:30 a.m. Holy Days call.

### ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

5 p.m. Saturday Eucharist, 9:30 a.m. Sunday Eucharist, 9:30 a.m. Sunday School, 9 a.m. Tuesday Morning Prayer, 9 a.m. Wednesday Healing Eucharist, 6 p.m. First Wednesdays Prayer and Potluck. 472-2173, [www.saintmichaels-sanibel.org](http://www.saintmichaels-sanibel.org)

### UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church, 2050 Periwinkle Way at 5 p.m. A pot luck is held at a member's home on the third Sunday of each month. email [ryi39@aol.com](mailto:ryi39@aol.com) or 433-4901.✱

## Tune-up Special

# 15% off \*

## BILLY'S BIKE SHOP

SANIBEL ISLAND

1509 Periwinkle Way

For every coupon redeemed

# \$20

 will be donated to support


Free Pickup on Sanibel & Captiva

## Thats \$10 EXTRA Savings!

# 239-472-3620

Coupon Expires 9/30/16 \*Labor only



**TOM WALTERS**

30 years serving Sanibel, Captiva & Southwest Florida

**For all your pool cleaning needs**

*Periwinkle*  
Pools, Inc.

# 239-454-1527

[periwinklepoolsinc@gmail.com](mailto:periwinklepoolsinc@gmail.com)

# Why Knot Sale 50% OFF



**Clothes that feel as good as they look**

**Village Shops**

2340 Periwinkle Way, Sanibel

**Summer Hours**

Mon. thru Sat. 11-5pm

239-472-3003



## Resident Action For Water Quality Issue Sought

submitted by Kevin  
Ruane, Mayor of Sanibel

On July 19, the Sanibel City Council adopted Resolution 16-060, calling on the State of Florida and the U.S. Army Corps of Engineers to accelerate the planning and design process of a critical project, the Everglades Agricultural Area (EAA), that when completed will provide additional storage south of Lake Okeechobee and reduce the high-volume freshwater discharges that have been so devastating to our community. Currently,



Kevin Ruane

this high-impact project is not slated to begin until 2020. We are pleased to advise you that as of today (July 28), the U.S. Army Corps has announced they are willing to expedite the planning of this project.

We cannot wait five years to begin the planning phase for the EAA. Now we must convince the State of Florida to accelerate the planning and design process for the "EAA Storage & ASR/Decomp Ph2" project in the 2015 Integrated Delivery Schedule from 2020 to 2016-17. We are requesting you add your voice to this cause by sending emails to the Governor, the South Florida Water Management District Executive Director and Governing Board, Local Legislative Delegation, and the President of State Senate and House Speaker, urging our state officials and representatives accelerate

the EAA planning from 2020 to 2016-17 and to commence land acquisition and construction immediately upon completion of planning and design.

Let me assure you that protecting our coastal estuaries from high-volume freshwater discharges is our top priority at Sanibel City Hall. We truly appreciate your assistance in this endeavor.

On behalf of the citizens of Sanibel we also want to specifically thank Congressman Member Patrick E. Murphy, whose 18th District represents Martin, St. Lucie and northern Palm Beach counties, for his efforts to obtain this commitment from the U.S. Corps of Army. This accomplishment clearly illustrates how effective we can be when both coasts work towards a common goal in a bipartisan effort.\*



# Tahitian Gardens

1975 Periwinkle Way

So many options -  
just change the clasp!



Telephone: 239-472-2876  
Toll-free: 800-749-1987

THE CEDAR CHEST  
FINE JEWELRY  
A Sanibel Tradition Since 1975

www.cedarchestsanibel.com



**AIP Outfitters**  
MENS WOMENS GIFTS FLY FISHING

Tommy Bahama | Peter Millar | Robert Graham | Nat Nast  
ORVIS | Patagonia | ExOfficio | OluKai | True Flies | SWIMS  
Island Company | Helen Kaminski | Coola | GoPro & more!

**Adventures In Paradise Outfitters**  
2019 Periwinkle Way Sanibel, FL. 33957. 239-472-8236  
www.TheSanibelStore.com

**Sanibel Sole**

MERRELL  
BIRKENSTOCK  
KEEN  
TEVA  
SPERRY TOP-SIDER  
VIONIC  
taos FOOTWEAR

Tahitian Gardens  
1979 Periwinkle Way  
Sanibel • 239-395-0385

**Synergy**



Life  
is  
good.



Alex and Ani (+) ENERGY  
MADE IN AMERICA WITH LOVE  
Sanibel's only positively authorized dealer!  
Best Selection in Southwest Florida

Synergy Tahitian Gardens • 1981 Periwinkle Way, Sanibel  
239-395-5353 • www.SynergySportswear.com



**BIRTH ANNOUNCEMENT**

MaryAnne Banta with her grandson, Jack Lee Gant

Jack Lee Gant was born on June 13, 2016 to Trevor and Deena Gant. Jack weighed five pounds, 11 ounces and measured 18 inches long.✱

## Church Shine Programs To Begin August 17

A season full of weekly after-school fun- and faith-based programs for children begins at Sanibel Congregational United Church of Christ on Wednesday, August 17. All K-5th grade students have their choice of any or all three imaginative five-week Shine! units. And for preschoolers ages 2 to 4, there is a Junior Shine program. Both groups will learn how God's love shines on them and through them.

The Shine! units for K-5 kids will be presented by Pastor Deb Kunkel and experienced volunteers on Wednesdays from 3:30 to 5 p.m. (drop-off starts at 3 p.m.) Among the activities will be drama, crafts, games, science experiments, mission projects and sing-alongs.

The first unit is Surf Shack! Catch the Wave of God's Amazing Love from August 17 through September 14.

Next up is Expedition Norway, in which the children will look for God sightings in their own life as they learn about the life of Norwegian kids in their home country. That unit is from September 21 through October 19 and will also feature an All Hallows' Eve party on October 26.

The final unit of 2016 is Egypt: Joseph's Journey from Prison to Palace from November 2 through November 23 and December 7.

The cost for these Shine! programs is \$15 for each five-week unit or \$30 for all three.

Junior Shine for ages 2 to 4 meets from 3 to 5 p.m. every Wednesday beginning August 17. Each week, using faith lessons, arts and crafts, games and more, Ms. Betsy and church volunteers will lead the preschoolers through an afternoon of fun and sharing.

The cost for the Junior Shine program is \$60 for registration and materials for all the sessions from August through December, with a maximum of \$120 per family. Scholarships based on finances are available.

To make it easier on tight family schedules, the church offers an optional Pizza Club at 5 p.m. each week. Older and younger siblings as well as parents are welcome. The pizza is free, although donations are accepted to offset costs.

The church is located at 2050 Periwinkle Way, across from the Periwinkle Place shopping center. For more information, contact Pastor Deb Kunkel at 472-0497 or deb@sanibelucc.org. Links to the flyers and registration forms are on the homepage of the church's website: [www.sanibelucc.org](http://www.sanibelucc.org).✱✱

## Cracker Fest Set For November 4

The Sanibel Chapter of Solutions To Avoid Red Tide, Inc. (START) announced that the 8th annual Cracker Fest fundraiser will be held on Friday, November 4. The event raises money that is used locally to fund initiatives to help maintain our coastal waters and marine environments for a sustainable future for Southwest Florida.

"We are wholehearted dedicated to the protection and improvement of our natural marine resources. We are also interested in preserving our local history and heritage. We are proud of the Cracker Fest name and the simple way of life it represents," a START announcement for Cracker Fest reads, in part. "Although times had to be challenging for Sanibel's pioneers, they were tough and determined people who did not just live but flourished in a time before air conditioning, automobiles, grocery stores, restaurants, condominiums, mosquito repellent and screens."

Once again, the Cracker Fest gathering will be held at The Bait Box, located at 1041 Periwinkle Way on Sanibel. The event runs from 6 to 10 p.m. Admission is \$100 per person.

For additional information or to purchase tickets, send an email to Ben Biery at ben@sanibelseaschool.org.✱

Read us online at [IslandSunNews.com](http://IslandSunNews.com)

# THE GROG SHOP

Wine • Spirits • Liqueurs • Cigars • Gift Items

**This Week's Featured Items**

<b>Smirnoff Vodka</b> 1.75 ltr. <b>\$22.99</b>	<b>Kendall Jackson Chardonnay</b> 750 ml. <b>\$13.99</b>
--	--

*One of the Best Selections of Domestic and Imported Wines on the West Coast  
Best Liquor Selection on the Islands  
Special Orders and Case Discounts*

## Walk-in Humidor

Great Selection of Cigars & Accessories

**Where the Locals Shop!**  
**Bailey's Shopping Center** (next to Island Cinema)  
 Corner of Periwinkle and Tarpon Bay • 472-1682  
**Mon.-Sat. 9 a.m. - 9 p.m. Sun. noon - 7 p.m.**

## IL TESORO RISTORANTE

FINE ITALIAN CUISINE

*inspired by Island Fare in a bistro style*

VOTED "BEST CHEF"

BEST OF THE ISLANDS AWARD

TASTE OF THE ISLANDS  
IRON CHEF WINNER AJ BLACK

Extensive New Wine List  
Tasting Menu • Wine Tastings

"Fresh ingredients, simplicity, love...  
the recipe for a treasured dining experience"  
— Chef/Owner AJ Black

**Primavera Ristorante**  
Now Open In  
Cape Cod

---

**EARLY DINNER**  
**3-Course Special**  
**5-6 p.m.**  
**\$19.99-\$24.99**

No substitutions with early dinner menu \* all orders must be in the kitchen by 6:05 p.m. \* 18% gratuity will be added to final bill

751 Tarpon Bay Road  
Sanibel Island, FL  
Reservations Suggested  
[www.ilterosoro.net](http://www.ilterosoro.net) • 239-395-4022



# Girls Become Ocean Warriors At Sanibel Sea School Camp



Wahine Toa campers paddle from the Sanibel Causeway to Doc Ford's on Fort Myers Beach  
photo courtesy Sanibel Sea School

submitted by Leah Biery

Last week, Sanibel Sea School held its first-ever Wahine Toa Stand Up Paddleboarding and Survival Camp for girls. Wahine Toa means "fierce female ocean warrior" in the Hawaiian language, and participants definitely earned that title.

Led by an all-female staff, 10 girls ages 13 to 18 paddled many miles and learned useful survival skills throughout the week. Campers practiced technical paddling skills and water safety, learned to use a compass, and how to create float plans. They also earned CPR and first aid certification and were taught general automobile maintenance, including how to complete an oil change and fix a flat tire.

"We tried to focus on practical skills that will be useful long after the camp week is over," said Nicole Finnicum, a program leader.

The week culminated in a camp-out on Picnic Island, about two miles from the Sanibel Causeway. Participants paddled out to the island on Thursday afternoon with just a sheet, water and a military-style Meal Ready-to-Eat. They built a campfire, ate their rations and slept on top of their paddleboards under the stars.

On the final morning, the group paddled back to the causeway for coffee and donuts before paddling eight more miles to Doc Ford's on Fort Myers Beach for a celebratory lunch.

"Everyone completed the trip," said Finnicum. "We traveled about 20 miles on our boards during the week, and I was so proud to see the transformation that occurred between Monday and Friday. Most of the girls thought the first short paddle was difficult, but by Friday everyone was so confident and eager to overcome the challenge of one last long paddle. They really pushed themselves and were so supportive of each other."

Thank you to Eileen Fisher and Doc Ford's for their support of Wahine Toa Week.

Sanibel Sea School is a 501(c)3 nonprofit whose mission is to improve the ocean's future, one person at a time. To learn more, visit [www.sanibelseaschool.org](http://www.sanibelseaschool.org).

## If our seafood were any fresher, we would be serving it under water



BIG 10  
SEC Network  
NFL Package

### Four Great Locations!

**Lazy Flamingo, Inc.**  
6520-C Pine Avenue  
Sanibel, FL 33957  
239-472-5353

**Lazy Flamingo 2, Inc.**  
1036 Periwinkle Way  
Sanibel, FL 33957  
239-472-6939

**Lazy Flamingo 3, Inc.**  
16501 Stringfellow Rd  
Bokelia, FL 33922  
239-283-5959

**Lazy Flamingo 4, Inc.**  
12951 McGregor Blvd.  
Ft. Myers, FL 33919  
239-476-9000

[WWW.LAZYFLAMINGO.COM](http://WWW.LAZYFLAMINGO.COM)



BAILEY-MATTHEWS  
**NATIONAL  
SHELL  
MUSEUM**

## SUMMER PROGRAMS 11:30 EVERY DAY



Hands  
on  
Science



**SHELL GAMES**



## SHELL CRAFTING EVERY AFTERNOON



Open Daily - 10am to 5pm  
3075 Sanibel-Captiva Road, Sanibel, FL.  
(239) 395-2233 - [shellmuseum.org](http://shellmuseum.org)



**AUGUST  
MUSEUM  
SPONSOR**





## Plant Smart

## Black Torchwood

by Gerri Reaves

**B**lack torchwood (*Erithalis fruticosa*) is a multi-branched native evergreen shrub that is listed as threatened in the State of Florida due to its rapidly declining numbers.

Its native wild habitats include coastal hammocks, beaches and pine rocklands.

The term torchwood as well as another common name, candlewood, refer to the resinous wood, which can be used for torches in hunting land crabs.

This member of the coffee family has a moderate growth rate and reaches about eight feet tall.

The fruit and foliage provide food and cover for wildlife. The smooth brown bark is sometimes streaked.

The opposite oval leaves are one to two inches long, dullish medium green, and slightly pointed.

Clusters of showy star-like flowers bloom in the leaf axils most of the year and are a nectar source for butterflies.

The tiny round fruit ripens from red to shiny black and is a food source for birds.

Use black torchwood as an accent plant, buffer, privacy screen or hedge.



Black torchwood is listed as a threatened species in Florida

photos by Gerri Reaves

Plant it in full sun for the fullest foliage, or in partial shade.

It is drought- and salt-tolerant and works well in coastal landscapes.

It can be propagated with seeds.

The species has many traditional medicinal uses in the Caribbean

region. Teas made from the plant treat hemorrhoids and measles, and they are used as a diuretic too.

You'll likely find it only at native-plant nurseries.

Sources: *Florida Native Plants* by Robert G. Haehle and Joan Brookwell,



The spent flowers and developing fruit of black torchwood

*Florida Plants for Wildlife* by Craig N. Huegel, *Trees of Everglades National Park and the Florida Keys* by George B. Stevenson, *Waterwise* by SFWMD, [fnps.org](http://fnps.org), [levypreserve.org](http://levypreserve.org) and [regionalconservation.org](http://regionalconservation.org).

*Plant Smart explores the diverse flora of South Florida.*✱

## Il Cielo

1244 Periwinkle Way, Sanibel, FL 33957



### A dynamic culinary experience in an elegant setting.

We pride ourselves in presenting unparalleled service, a splendid environment, and unforgettable cuisine.

Enjoy a romantic dinner of fresh Local Seafood, great Steaks, American Lamb, and Fresh from Florida Produce!

Sample our carefully curated wine list or one of our specialty cocktails.

Don't forget about our made-in-house desserts like the Lava Cake or the Key Lime Pie with a tasty twist!

Open Tuesday through Saturday 4:30pm until 9:00pm

For reservations call 239-472-5555  
[www.ilcielosanibel.com](http://www.ilcielosanibel.com) or [www.opentable.com](http://www.opentable.com)

Follow us on Facebook and Twitter @ilcielosanibel

**Voted Best Fine Dining**  
2014 and 2015

**Happy Hour every day from 4:30 to 6pm.**

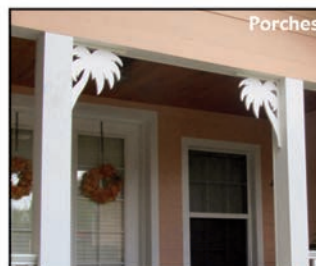
**Enjoy live Piano music by Scott McDonald on Wednesday, Thursday, Friday and Saturday nights beginning at 7pm**



[naturebrackets.com](http://naturebrackets.com)  
[info@naturebrackets.com](mailto:info@naturebrackets.com)

**New Designs Available at Forever Green Ace Hardware**  
2025 Periwinkle Way • Sanibel, FL

For a Full Mailbox call Dave at (239) 454-1001



### EXPERIENCE: HUNDREDS OF SUCCESSFUL LANDSCAPES



300 Center Road, Fort Myers FL 33907  
PHONE **239.939.9663** • FAX **239.939.8504**  
**[www.NoLawn.com](http://www.NoLawn.com) • [www.AllNative.biz](http://www.AllNative.biz)**  
OPEN DAILY: 9 to 5 Mon - Sat • 10 to 3 Sun



**OUR NURSERY FEATURES OVER 200 SPECIES OF NATIVE PLANTS ON SEVERAL ACRES**

- Butterfly Gardens ■
- Wildlife/Bird Sanctuaries ■

*We also offer landscape design, consultation, installation and maintenance.*



## CROW Case Of The Week:

## Roseate Spoonbill

by Bob Petcher



The roseate spoonbill (*Platalea ajaja*) is one of the more pleasant looking birds in Southwest Florida. It could also be called odd-looking due to its bill. That feature is mainly what sets it apart from the pink flamingo, which many Florida tourists confuse it by.

The large species of wading bird belongs to the ibis and spoonbill family. Like most wading birds, it has long, thin legs. What sets it apart is its color and spatula-shaped bill. It also has a featherless head.

Like the American flamingo, the roseate spoonbill generally has a bright pink plumage that is derived from its diet of shrimp and other pigment-related crustaceans. Its colors can range from pale pink to bright magenta, depending on age and location. They also feed on plants, aquatic insects, frogs and newts, but their primary food source – 85 percent of its diet – is small fish such as minnows. Feeding grounds include shallow fresh water or coastal waters. Feeding processes for the spoonbill involve a swinging of its bill from side to side as it steadily walks through the water. The curved bill allows it to sift easily through mud and to strain small food items out of the water.

Roseate Spoonbills have an average longer wingspan (47 to 52 inches) than its body length (28 to 34 inches). Unlike herons, they fly with their necks outstretched. Their wing beats alternate between shorter, shallow flutters and gliding flaps.

You can usually find spoonbills in groups or solo at the JN "Ding" Darling National Wildlife Refuge, a popular place on Sanibel to observe all types of birds. Otherwise, the spoonbill can be found around other spots on the Gulf Coast all the way down to the southern tip of South America.

The roseate spoonbill is one of six different spoonbills, but its particular species is the only one found on the Western Hemisphere. Locally, they are apt to nest in mangroves and lay an average of two to five eggs. Juvenile spoonbills have white, feathered heads, while their pink plumage is often paler.

On July 26, a roseate spoonbill was brought to CROW after it was found unable



The roseate spoonbill post-surgery with his repaired wing taped

photos by Kenny Howell

to fly on a Cape Coral golf course. Medical officials took x-rays, which showed a carpometacarpal (similar to wrist joint) fracture of the left wing, and orthopedic surgery was performed last Thursday to repair the fractures.

"Surgery went well with no major complications," said Dr. Heather Barron. "Pins were placed at the fracture sites. It will take approximately three to four weeks until the fracture is healed."

Other than the bad wing, the roseate spoonbill was reportedly healthy. Before examination, it weighed in at 3.3 pounds, which is the relatively average weight of an adult spoonbill (2.6 to 4 pounds).

continued on page 32

## "Top 5 Breakfast in Florida" - Southern Living

### BEST LUNCH & BEST FAMILY DINING



Now Serving **FULL LIQUOR**  
Tropical Cocktails

Happy Hour  
All Day Long

Outdoor  
Tropical Dining

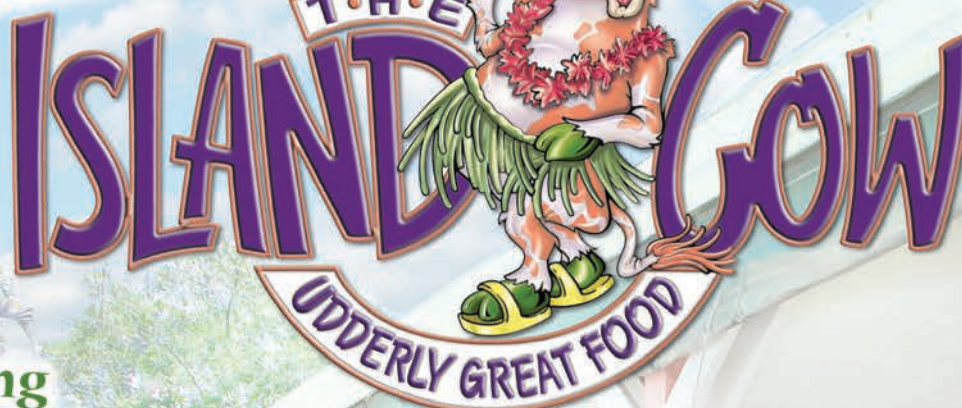
11 YEARS & COUNTING!

by Best of the Islands

Live Music &  
Outdoor Games

Fresh Seafood &  
Dinner Specials

Huge Kids  
Menu



**BREAKFAST, LUNCH & DINNER**  
239.472.0606 • SanibelIslandCow.com  
Open 7 am - 9 pm • Open "8 Days a Week"  
2163 Periwinkle Way • Sanibel Island





# Shiners Just Make Everything Better



by Capt. Matt Mitchell

**M**angrove snapper madness continues, with the bite being as good as it gets all year. These hard fighting, fun to catch fish are being caught all through the region

from the ledges, rock piles and wrecks just out from the beaches, in the passes, on hangs in the sound and all the way into the back country. Even while flats fishing for trout and Spanish mackerel, we have been catching mangrove snapper. All summer long, they are my go-to species when clients want to take home fillets. No matter what the tide, mangrove snapper are as close as it gets to guaranteed summer fishing action.

To locate mangrove snapper and get them swarming as they feed on the surface requires some chumming of live shiners. Watching them chase

down shiners is almost as entertaining as catching them as they will jump clear out of the water when fired up into a frenzy. Clean water shallow grass flats just inside the passes have been loaded with shiners. Once the sun is up, you can find these shiners by locating diving pelicans; some mornings they have been so thick, you didn't even need to chum. There are some threadfins and pinfish in the bait mix, but over the last few weeks, these shiners have become noticeably larger. I'm still throwing my small mesh 1/4-inch cast net to make clean up easy.

Redfish action was still very consistent this week, although it took a little more time and effort than snapper fishing. Morning high tides gave anglers a couple of hours' window to fish a near perfect redfish set-up. Regla Island and Maceiver Keys both held redfish during the high tide periods, although I'm sure most mangrove shorelines had them if you tried. No one spot was better than another from day-to-day, and if you sat for longer than 10 minutes without a bite, it was time to move down the shoreline. Concentrate your efforts on the wind-blown side of the mangrove islands while fishing the points and shorelines close to the cuts. You could often move down almost a entire shoreline before you



Elena Gonzalez from Atlanta, Georgia with a keeper redfish caught while fishing with Capt. Matt Mitchell this past week

found where the redfish were sitting, then catch two or three on as many casts. Tail-hooked small to medium free-lined pinfish fished as deep to the roots as you could cast did best.

Open water flats fishing continues to be great mixed bag action, with a non-stop variety of fish. Channel edges where the sand and grass mix close to the passes proved to be the better flats bite due to the clean water and better tide movement. Chumming live shiners just made everything better with trout, mackerel, ladyfish, jacks, sharks and

snapper all enjoying the buffet. I'm often returning to the same general areas where I've caught my bait first thing in the morning, and just fishing the deeper water. With so much bait around on these flats, it's no wonder there is so much other activity here.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).✴

## Send Us Your Fish Tales

**W**e would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification. Email to [press@islandsunnews.com](mailto:press@islandsunnews.com) or call 395-1213.

## CLEAR YOUR GEAR It Catches More Than Fish



Untangle tackle  
from vegetation and  
discard it responsibly



Jay Holcomb/International Bird Rescue

## FLORIDA'S #1 SELLING INSECT REPELLENT



- Locally owned and operated
- 100% natural ingredients
- Smells great
- Safe to use on kids
- Works on pets & horses
- Non-greasy or sticky formula
- Repels mosquitoes & most biting insects



Visit Our Website for Locations  
on Sanibel & Captiva Islands

[WWW.NONOSEEUUM.COM](http://WWW.NONOSEEUUM.COM)

## BOAT RENTALS

Fishing • Cabbage Key  
Dolphin Watching  
Captains Available

**472-5800**

**Jensen's Marina  
Captiva Island**

## ISLAND MARINE SERVICES, INC.

- NEW MOTOR SALES • REBUILT POWERHEADS •
- FACTORY TRAINED •

MERCURY – MARINER – JOHNSON – EVINRUDE  
SUZUKI – YAMAHA – OMC – I/O'S – MERCURUISER

Courteous Professional Marine Repair Service • Dockside Service  
Serving Sanibel & Captiva For Life

**472-3380 • 466-3344**

**Your Bottom  
Specialist  
Call on Paint Prices**



Dave Doane



## Fish Caught



Todd Rochleau and Capt. Noah Stewart with a seven-foot sailfish landed off Sanibel

Todd Rochleau from Missouri caught a seven-foot sailfish using a G. Loomis rod with 30-pound test and Threadfin bait with Capt. Noah Stewart. It took 30 minutes to reel in the sailfish, which was released shortly afterwards. Rochleau said it was "awesome" getting the fish to the boat. "Some of the most exciting fishing I've had," he said.

Capt. Noah called the catch "unusual" due to the relative size of the sailfish and its close proximity to shore. "I was as excited and happy as my client," he said.✱

## Shell Found



Jacob Stephen

photo by A. Ziehl

Jacob Stephen from Indianapolis, Indiana found an "awesome" horse conch on West Gulf Drive beachfront.✱

## Shell Found



Valerie Ramirez

Valerie "Baby Cakes" Ramirez from Dallas, Texas found a junonia on the north side of Blind Pass/Turner Beach. This is the Ramirez family's fifth summer on the island. Last year, her younger brother, Jonathan, found a junonia at Blind Pass.✱

Sanibel Marina

Gramma Dot's  
Ireland Yacht Sales  
"Dedicated to Yachting Excellence"

Gramma Dot's

SANIBEL THRILLER CRUISES



SEASIDE DINING

*Taste of the Islands "People's Choice Award"*  
*Winner Seven Continuous Years*

Lunch & Dinner

472-8138

SANIBEL MARINA

634 N. Yachtsman Drive • [www.sanibelmarina.com](http://www.sanibelmarina.com)

- Sanibel and Captiva Islands' Most Exciting Boat Tour
- Circumnavigating Sanibel & Captiva Islands with Dolphins

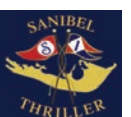
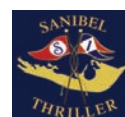


239.472.2328 • [www.sanibelthriller.com](http://www.sanibelthriller.com)

Reservations are required • Also Available for Private Charters

Departing from Sanibel Marina

634 N. Yachtsman Dr. • Sanibel Island





## CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at [rrainbolt@crowclinic.org](mailto:rrainbolt@crowclinic.org) or 472-3644 ext. 229 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

**Friday, August 5, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.

**Friday, August 5, 2 to 3:30 p.m.**, \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

This is a unique opportunity to look into wildlife rehabilitation and meet the staff responsible for their care. Wildlife walks are the best opportunity for visitors to get an in-depth look into the inner workings of the hospital and the treatment process. The program has two parts: an introductory presentation covering medical and rehabilitation

methods and then a guided tour through treatment areas of the hospital, concluding on rehabilitation grounds. Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Monday, August 8, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge – CROW Case of the Week, presented by a CROW student.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories.

**Tuesday, August 9, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. Live animal encounter following the presentation.

**Wednesday, August 10, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical

therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.

**Thursday, August 11, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge – Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a "keystone species." CROW's presenter explains why they are admitted and how the medical staff treats this species.

**Friday, August 12, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge – Why Animals Come to CROW.

Do you wonder how and why animals become patients at CROW? Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

**Friday, August 12, 2 to 3:30 p.m.**, 420 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

This is a unique opportunity to look into wildlife rehabilitation and meet the staff responsible for their care. Wildlife walks are the best opportunity for visitors to get an in-depth look into the inner workings of the hospital and the treatment process. The program has two parts: an introductory presentation covering medical and rehabilitation

methods and then a guided tour through treatment areas of the hospital, concluding on rehabilitation grounds. Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.✱

## The Serious, Scientific Side Of The Shell Museum

More than 60,000 visitors a year to the Bailey-Matthews National Shell Museum are attracted to shells, displays, beach walks, tank talks, shell crafts and other features. They're delighted by what they see, but what many never see is the groundbreaking scholarship and research that goes on at the museum, day after day, year after year, by the staff, volunteers and visiting scientists.

One example of the latter category is the R. Tucker Abbott Visiting Curatorship, which was established by the shell museum board in 1997 and is still robust today – 19 years later. The curatorship is named for the founding director, the late Tucker Abbott, who suggested that such a program be established. The museum's next visiting curator, Sérgio Mendonça de Almeida,

continued on page 36



**Fresh Maine Lobster Rolls**  
**Whole Belly Clams • Fresh Cod & Haddock**

**Monday-Sunday 11:30AM-9PM**  
**2407 Periwinkle Way • 472-6882**  
**(Inside Islander Center)**

## THE GREAT WHITE GRILL

**BIGGEST WINGS ON ISLAND**

Voted  
Best Beer  
Selection &  
Place To  
Watch  
The Game

**FREE PIZZA DELIVERY**

31 BEERS ON TAP!

**HOME OF THE STEEL CURTAIN PIZZA**

VOTED  
BEST LUNCH  
ON THE ISLAND

**MLB Ticket**

**2440 PALM RIDGE RD. SANIBEL**  
(239)472-0212 • (239)472-0323  
[greatwhitegrill.com](http://greatwhitegrill.com)

**PIZZA. BEACH. SLEEP. REPEAT...!**



**239-47BEACH**  
**(239-472-3224)**

**[www.beachpiez.com](http://www.beachpiez.com)**

**2441 Periwinkle Way**

**In Bailey's Shopping Center**

**Monday - Wednesday 11am - 9pm Thursday - Saturday 11am - 10pm Sunday 12pm - 9pm**

**Pizza & Wings**

*Fresh from the oven waiting for you*

**Subs**

*For when you need a sub*

**Drinks**

*Water and Coke products*

*Delivery to job sites, businesses AND beach access from open to close!*



## Shells Found



Riley Outten and Anna Lee

photo by A. Ziehl

Riley Outten and Anna Lee from Windermere, Florida found an alphabet cone, Florida cones, apple murex, and a lightning whelk on Blind Pass. The two best friends had a successful day of shelling while staying at South Seas Island Resort.✱

## Shells Found



Dave Cunningham

photo by A. Ziehl

Dave Cunningham from McKinney, Texas found a junonia and a Scotch bonnet at Blind Pass while staying with a friend. He said he was heading back to find another junonia.✱

## Shell Found



Lillian Milgram

photo by A. Ziehl

Lillian Milgram, 12, visiting from Cooper City, Florida found a junonia on the beach near the Sanibel Inn on July 22. A sheller for about four years, Milgram wants to become a marine biologist when she grows up because she "loves all things ocean."✱

**MATZALUNA**  
CRAFT BEER • PIZZA • PASTA

**Sanibel's home for Linguine di Mare & Wood Fired Pizza!**

Check out our rotating selection of Local Craft Draft Beers!

matzaluna.net

**HAPPY HOUR**  
4:30-6:30  
7 DAYS

**\$2.50 OFF**  
The purchase of each adult entree.  
Present this ad to your server.  
Must be seated prior to 5:30 p.m.  
Not valid on Pizza or with any other coupon or discount.  
Expires 8/10/16

1200 Periwinkle Way (239) 472-1998 Full Liquor  
Open 4:30-9:30 pm 7 days • Take Out Available • Gluten Free Pasta

*Chef Teh invites you to taste his*  
**Magic**  
Featuring  
the largest selection of oysters, fresh fish & sushi in SW Florida

Winner of Multiple *Taste of the Islands* awards and for Timbers-Best Seafood 2010-2015

**Sushi & Sashimi Thursday - Saturday!**  
\$1 oysters at The Oyster & Sushi Bar 4-6pm Thursday-Saturday

"We serve it fresh...." ...or we don't serve it at all!"

**Raw bar now open Thursday - Saturday**

**People's Choice Award Winner 2015**

**the TIMBERS RESTAURANT & FISH MARKET**  
38 Years of Fresh Fish on Sanibel Island!  
13 Dinners for \$15, 5:00-6:00pm 7 days

Serving Fresh Fish Since 1978

Grill Open 7 days 4:00pm - Midnight  
Fish Market Open at 11am - 9pm (2pm - 9pm Sunday)  
472-3128 • 703 Tarpon Bay Road • [www.prawnbroker.com](http://www.prawnbroker.com)  
**\*Winner Best Seafood 2010-2015**



Shell Of The Week

Amber Glassy Bubble



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

The amber glassy bubble, *Haminoea succinea* (Conrad, 1846) has a very thin, glass-like shell.

It belongs in the same glassy bubble genus, *Haminoea*, as the Antilles glassy bubble, a species covered in this column a couple of years ago. Live glassy bubbles can be seen, sometimes in large numbers, in the bays and protected seagrass flats of Southwest Florida, in particular during the Spring. Glassy bubbles completely envelop their shells with their bodies. The different species are all simultaneous hermaphrodites (both male and female reproductive systems in the same individual, both functional at the same time). Their egg masses are transparent, gelatinous, collar-shaped structures containing thousands of tiny, yellowish-green eggs.

Shell Museum Events

Daily programs are included with paid admission:  
Arts & Crafts – 1:30 to 2:30 pm



José H. Leal



The amber glassy bubble, *Haminoea succinea*, notice the transparent, “glassy” shell in the living snail (right)

photos by José H. Leal

Live Tank Talks – Presented by a marine biologist throughout the day  
Additional daily programs begin each day at 11:30 a.m.

Monday

Shell Games: Learn about shells while playing fun and educational games for the whole family.

Tuesday

Fossil Dig: Finding fossils can be an adventurous and exciting hobby. Each discovery is a window into the past, full of mystery and learning.

Wednesday

Hands-on Science: You will learn about the three common Southwest Florida gastropods; the Florida fighting conch, the lightning whelk and the Florida horse conch.

Thursday

Cool Shells: Get an insider’s look at some of our coolest shells that are not on display.

Friday and Saturday

Guided Museum Tour: Your guide will give you an inside look at some of our 32 exhibits located in our Great Hall. These exhibits include Sanibel-Captiva

Shells, Fossil layers, Money Cowries, Cephalopods, Calusa Native Americans, Sailors’ Valentines and World Record-Size Shells, among others.

Sunday

Shell Games: Learn about shells while playing fun and educational games for the whole family.

Please check our arrival board in the main lobby for updates to daily schedules.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit [www.shellmuseum.org](http://www.shellmuseum.org).✪

Serving Breakfast  
'til 3:00 everyday!



- Carry Out
- Kids Menu
- Beer & Wine

Dine inside or out.  
You'll love our pet-friendly outdoor patio!

Breakfast & Lunch  
7am - 3pm

Olde Sanibel Shoppes  
630 Tarpon Bay Road  
Sanibel, FL 33957  
239.472.2625  
fax 239.395-1458  
[OverEasyCafeSanibel.com](http://OverEasyCafeSanibel.com)

**FICTION:** Pet food is less expensive across the causeway.

**FACT:** Island Paws consistently beats big box store prices on premium pet foods.

Come check out some of the great brands we carry. If we don't have it, we can order it! You'll never have to leave the island for pet food again!!!

**Shop Local**



630 Tarpon Bay Rd.  
239-395-1464 • [Islandpaws.com](http://Islandpaws.com)





**Coastal Cuisine - Raw Bar**  
**Shopping - Jewelry**



Live Entertainment!  
Tuesdays - Thursdays

A favorite Island spot, since 1998

**TRADERS HOURS**  
Lunch 11:00 - 2:30 • Happy Hour 3:00 - 6:00 • Dinner 5:00 - 9:00  
Open Monday – Saturday

**239-472-7242**  
1551 Periwinkle Way, Sanibel Island

[TradersSanibel.com](http://TradersSanibel.com)



# Welcome to Jerry's of Sanibel



Hello Shoppers of Sanibel,

When you shop Jerry's of Sanibel you'll experience much more than just quality grocery shopping and dining at Jerry's Restaurant.

There are just enough shops at Jerry's to turn an ordinary day into an extraordinary day.

Before shopping at Jerry's Foods, you can enjoy the wonderful courtyard to relax with family and friends; it's a little piece of paradise teeming with colorful exotic birds!

Stop by and say hello!

Regards,  
Jerry's of Sanibel  
1700 Periwinkle Way,  
Sanibel Island, FL 33957

## ARTS & CRAFTS

**Sanibel's FINEST**

**BEST of the ISLANDS 2014**

Fax 239.472-1658      Hours: 9 a.m. to 9 p.m. 7 days

Toll Free 866.746.6574 • 239.472-6776

# perfect for grilling

..... Thur., 8.4.2016 - Wed., 8.10.2016



Key West  
**Pink Shrimp**  
10-150 Count

**20<sup>99</sup> lb.**

save  
3.00 lb.

Fresh  
**Cherry or Grape Tomatoes**  
1 Pint

**2/\$5**

save  
.98  
ON 2



Meninno  
Brothers  
**Quiche**  
11 oz.

**6<sup>19</sup>**

Lorraine, Broccoli  
or Spinach  
20 oz.  
**9.99**



Boar's Head  
**Creamy Havarti Cheese**

**10<sup>49</sup> lb.**

save  
.50 lb.



Boar's Head  
**Buffalo Chicken**

**9<sup>49</sup> lb.**

save  
1.00 lb.



Refreshing  
& Smooth  
Corona &  
Corona Light  
**Beer**  
12 Pack Cans or Bottles

**15<sup>99</sup>**

follow us on



(239) 472-9300

1700 Periwinkle Way  
Sanibel Island, FL  
Open 6AM - 10PM  
[jerrysfoods.com](http://jerrysfoods.com)

**JERRY'S**  
Foods

At Periwinkle & Casa Ybel



# ISLAND FARE

## Dine Your Way Around Sanibel And Captiva

For more information, check out our advertisers in this week's *Island Sun*

### AMONG THE FLOWERS CAFÉ

Among the Flowers is a locally rooted, organic café located on Sanibel Island that focuses on quality of ingredients and purposeful nutrition. Sandwiches, coffee and espresso drinks, steamed special-teas and herbal teas, raw cold-pressed juices, fruit smoothies, mylkshakes and raw desserts are crafted with love and attention. 100 percent vegetarian/vegan. Come vibe with us.

Open Tuesday through Sunday from 9 a.m. to 4 p.m.  
2003 Periwinkle Way, 312-4085

### BAILEY'S GENERAL STORE

Bailey's General Store has a full deli, bakery, daily lunch specials, take out and catering for cook-outs, picnics and parties. This is the oldest supermarket on the islands, established long before a causeway linked Sanibel to the mainland.

The bakery has freshly made donuts, scones and breads. The deli offers a variety of hot foods for breakfast, lunch and dinner, as well as catering services for special events. Services include shopping for your groceries and delivering them to your home or vacation destination. If you are on a gluten-free diet, pick up the extensive list of gluten-free products near the entrance to the supermarket.

The Coffee Bar at Bailey's serves espresso based drinks, hot chocolate, smoothies and specialty coffees.  
2477 Periwinkle Way, 472-1516

Bailey's has a second location at Sundial Beach Resort & Spa at 1451 Middle Gulf Drive.

### BEACH PIEZ

Beach Piez New York style pizza offers carry out and delivery on Sanibel and Captiva. Hours are Monday through Wednesday from 11 a.m. to 9 p.m., Thursday, Friday and Saturday from 11 a.m. to 10 p.m., and Sunday from noon to 9 p.m. With fresh ingredients, mouth-watering mozzarella, provolone cheese "secret recipe" dough, homemade pizza sauce and family recipe meatballs, Beach Piez will deliver the best pizza the island has to offer.

2441 Periwinkle Way, 472-3224

### CIP'S PLACE

Cip's Place is named for the late Jimmy Cipriani, a longtime islander and owner of the property on which the restaurant sits. Jimmy always made time for a good conversation, good company and great food. In Jimmy's memory, Cip's styles itself as a local watering hole. A mural that takes up an entire wall shows lots of islanders through the ages – including Cip – and if you don't recognize them all, ask to see the "key."

Food choices range from "comfort" to culinary with some Caribbean and island favorites as well. And do try the home-made potato chips, the fried buttermilk chicken with sage gravy and the snapper tacos.

Choose between the outdoor garden patio and front porch. Indoor seating and full bar are also available. Hours are 11 a.m. to 9:30 p.m. daily, with happy hour from 4 to 6 p.m.

2055 Periwinkle Way, 472-0223

### CLAM SHACK

The Clam Shack offers New England seafood at its finest. From clam chowder to whole belly steamers to the ever-popular lobster rolls to fresh cod and had-dock to traditional lobsters, your taste buds will enjoy the delightful diversion from the conventional Florida seafood elsewhere on the island. Want the full experience? Try the Clam Bake, which will provide you with a bit of almost everything.

The Clam Shack is family owned and operated and a sister restaurant of The Clam Bake, a well-established eatery in Fort Myers.

Summer hours are Sunday through Thursday from 11:30 a.m. to 8 p.m.; Friday and Saturday from 11:30 a.m. to 9 p.m.

2407 Periwinkle Way, 472-6882



From left, Mitch Zamunio and Lea O'Brien of Gramma Dot's

photo by Bob Petcher

### DOC FORD'S RUM BAR & GRILLE

Doc Ford's is a well-known local's restaurant famous for its great food and service. They have something for everyone from the foodie to the sports enthusiast! Plenty of indoor and outdoor seating boasting "Award winning flavors from the Caribbean Rim." The restaurant is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels. With locations on Sanibel & Captiva Islands and Fort Myers Beach, all locations offer island favorites like Yucatan shrimp and fish tacos along with raw bar selections and always fresh local seafood dishes. Premium rums and tropical drinks such as the Island Mojito are a specialty of the house. The combined menu offers both lunch and dinner daily from 11 a.m. to 10 p.m.

Doc Ford's Sanibel, 975 Rabbit Road, 472-8311; Doc Ford's Captiva, 5400 South Seas Plantation Road, 312-4275, Doc Ford's Fort Myers Beach, 708 Fishermans Wharf, 765-9660

### GRAMMA DOT'S

Gramma Dot's, the only dockside dining on Sanibel, offers a lunch and dinner menu seven days a week from "Sanibel's only seaside saloon" where you can leisurely dine at the Sanibel Marina in view of luxury yachts and modest fishing boats and watch the comings and goings of seagoing folk and fishermen. The menu features a full line of "only fresh" seafood, salads, sandwiches and more. Appropriate dress is required.

If you're arriving by boat, check in with dockmaster for a lunch slip, monitor VHF 16. You can tie up for a night or two at the available dockage if you wish. Gramma Dot's is open daily at 11:30 a.m. For dinner, arrive before 8 p.m.

634 North Yachtsman Drive, 472-8138

### GREAT WHITE GRILL

The Great White Grill is a sports bar featuring 31 beers on tap and a good wine list. It's home of The Steel Curtain Pizza. There's free pizza delivery, too. The Great White carries the MLB, NFL and NHL packages for sports enthusiasts and has arcade games for kids of all ages.

The regular menu includes hand-tossed fresh dough pizza, jumbo wings, Pittsburgh sandwiches, Philly cheesesteaks, Chicago beef sandwiches, salads, gyros, sandwiches and burgers. Check out the Pittsburgh Salad, which consists of grilled chicken, French fries, cheddar cheese, cucumbers, tomatoes and onions on a bed of lettuce.

2440 Palm Ridge Road, 472-0212

### IL CIELO

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce, there is a thoughtfully prepared dish on the menu for everyone.

Il Cielo is open Tuesday through Saturday from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and half-priced house wines, domestic beers and well drinks. Enjoy live piano music by Scott McDonald on Wednesday, Thursday, Friday and Saturday nights beginning at 7 p.m.

1244 Periwinkle Way, 472-5555

### IL TESORO

Il Tesoro serves authentic Italian food "with the taste and feel of a Tuscan holiday" according to owner Chef AJ Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients to bring his dishes to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines.

Il Tesoro (The Treasure) serves dinner six nights a week, excluding Monday during summer months, from 5 to 10 p.m.

751 Tarpon Bay Road, 395-4022

### ISLAND COW

The Island Cow is a family favorite with its colorful indoor and outdoor seating and live entertainment. "Come as our guests... leave as our friends!" is the motto. The Cow serves breakfast, lunch and dinner featuring fresh local seafood and meats and has an extensive children's menu. Starbucks coffee is also on the menu. Now serving full liquor island cocktails!

Breakfast is served between 7 and 11 a.m. Hours are 7 a.m. to 10 p.m.

2163 Periwinkle Way, 472-0606

### JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week. Bands include Renata, Wildfire, and Cruzan Vibes' reggae on the weekends.

The patio lounge menu includes a selection of "happy apps" starting at \$5.95 and half price drinks during happy hour from 5 to 7 p.m.

Dinner reservations are suggested  
1223 Periwinkle Way, 472-1771

### JERRY'S RESTAURANT AND DELI

Jerry's Restaurant and Deli in Jerry's Market is the next best thing to dining in a tropical garden. This family-style restaurant has large windows to view the lush garden with caged tropical birds that are favorites with visitors and residents. Daily specials are offered in the spacious restaurant and you can order a sandwich or hot food from the deli or help yourself at the well-stocked salad bar to take out.

The restaurant is open for breakfast, lunch and dinner from 7 a.m. to 8:30 p.m.

1700 Periwinkle Way, 472-9300

### LAZY FLAMINGO

The Lazy Flamingo is a famed island hang-out with two Sanibel locations. "If our seafood were any fresher, we would be serving it under water!" is the Flamingo's motto. And that includes, shrimp, grouper, oysters, conch fritters and chowder as well as chicken.

The Flamingo Bread and the caesar salad are signature items. Pull up a stool to the rustic bar or take a high or low table. The interior feels like the inside of an old pirate ship with its portholes and hewn wood surfaces. The atmosphere is definitely casual and beer is available by the bottle, on draft or by the pitcher.

1036 Periwinkle Way, 472-6939  
6520 Pine Avenue, 472-5353

### MATZALUNA ITALIAN KITCHEN

Are you in the mood for pizza? Matzaluna Italian Kitchen has a wood-fired oven to bake authentic pizzas, including gluten-free ones. That's in addition to a big menu, involving over 20 combinations of pasta dinners from \$11.95 (including soup or salad and fresh baked bread), affordable veal, tender chicken, choice steaks and seafood (Italian style) in a casual market-like setting. Gluten-free pizza is also available.

Matzaluna has craft beers on tap. On Wine Wednesdays, every bottle priced \$25 and over will be discounted by \$8 all evening. Hours are 4:30 to 9:30 p.m. daily and happy hour is from 4:30 to 6:30 p.m.

1200 Periwinkle Way, 472-1998

To advertise in the  
*Island Sun*  
Call 395-1213



## OVER EASY CAFÉ

Over Easy Café is a pet-friendly place with indoor and outdoor dining for breakfast and lunch. The covered patio is a popular spot. Choose from 22 different eggs benedict, scramblers and omelettes, 11 pancakes and French toast choices, 15 egg specialties and wraps, eight salads and 26 sandwiches and burgers, plus baked goods. Beer and wine is available. Breakfast is served all day. Hours are 7 a.m. to 3 p.m.

630 Tarpon Bay Road, 472-2625

## PECKING ORDER

The Pecking Order features tender, juicy, fried chicken and all the fixins. The chicken is marinated and seasoned, and the high-pressure deep-frying system produces a crispy coating that seals in the juices without allowing the fat to penetrate.

Homemade sides include slow-cooked collard greens, sweet and spicy baked beans, cheesy shell mac, rice and beans, cole slaw, mashed red potatoes and gravy, Harlem special, cheesy grits and veggie chili. Try the Black Betty, a warm, dark chocolate torte filled with liquid dark chocolate, sprinkled with sea salt flakes and confectioners' sugar.

Take out, delivery and outdoor dining available.  
2496 Palm Ridge Road, 472-2534

## ROSIE'S CAFÉ & GRILL

Rosie's repertoire includes crab cakes, grouper and shrimp entrees and steaks with all the trimmings, Southwestern dishes such as burritos and fajitas, soup and sandwich combos and salads. Among the most popular items is Rosie's Famous Cheese Steak made from shaved rib eye, grilled mushrooms, onions and green peppers, Ultimate Cuban and Classic Reuben, home-made muffins and cinnamon rolls and Key lime pie, root beer floats and banana splits. A children's menu is also available. Carry out, indoor or outdoor seating.

Check out our all new menu items for breakfast, served from 8 to 11 a.m. Monday through Saturday and 8 a.m. to 2 p.m. Sunday. Happy hour is from 3 to 6 p.m. seven days a week with two-for-one draft beer and wine. The ice cream bar has 20-plus flavors of locally made Royal Scoop Ice Cream.

2330 Palm Ridge Road, 579-0807

## SANIBEL BEAN

The Sanibel Bean coffee shop is java central on Sanibel Island. With its indoor and outdoor seating and free Wi-Fi, it's a popular venue for laptop-toting coffee lovers to relax and check their inboxes, have breakfast or lunch or recharge the batteries in the afternoon.

Besides a big selection of coffee from around the globe and a variety of coffee drinks, The Bean has tea and other beverages and a variety of hearty sandwiches, pastries and muffins, plus other light fare.

2240 Periwinkle Way, 395-1919

## SANIBEL DELI & COFFEE FACTORY

Sanibel Deli & Coffee Factory offers a gluten free menu in addition to homemade regular choices, along with award-winning New York style pizza and wings, Boar's Head meats, frozen yogurt, New York style bagels and ice cream. There is indoor seating as well as outdoor tables shaded with umbrellas. Free Wi-Fi. Eat in or take out as well.

2330 Palm Ridge Road, 472-2555

## SANIBEL GRILL

The Sanibel Grill has 19 big screen TVs with satellite TV tuned to every televised sporting event. The Grill shares a kitchen with The Timbers, serving the same fresh seafood, along with burgers, sandwiches, pizzas and salads. Crunchy Grouper and Crunchy Shrimp are signature dishes. Open seven days from 4 p.m. to midnight with happy hour from 4 to 6 p.m. and 10 p.m. to midnight.

703 Tarpon Bay Road, 472-3128

## SANIBEL SPROUT

The Sanibel Sprout is the island's only vegan cafe and organic juice bar. There is comfortable seating for friends to socialize and taste Chef Nikki's extended menu of plant-based gourmet cuisine. The soups – lentil, Vietnamese Pho, etc. – are popular year-round, as are vegan lasagna, Mexican taco salad, kale salad with avocado chipotle dressing and numerous desserts. The extended menu is posted on the Sprout's Facebook page.

The organic juice bar is popular with locals and visitors of all ages. Kids love the Strawberry Kiss or the Chocolate Bliss Smoothie, whereas adults favor the Coffee Sproutaccino or the green Emerald Mermaid Smoothie. Those are just a few of the juice bar favorites from an extensive menu.

The Sprout is open for breakfast, lunch and dinner from 8:30 a.m. to 7 p.m. Monday through Saturday.  
2463 Periwinkle Way, 472-4499

## TIMBERS RESTAURANT & FISH MARKET

The Timbers Restaurant & Fish Market and the adjoining Sanibel Grill are mainstays of the island dining scene, boasting 35 years of fresh fish on Sanibel Island. The restaurant offers 13 dinners for \$15 daily before 5:30 p.m. plus a large selection of local seafood, such as grilled shrimp, fried grouper, oysters, clams and crab cakes.

Besides specializing in fresh local seafood, the restaurant has a seafood market that opens at 11 a.m. (except Sunday, when it's open at 2 p.m.) Restaurant is open seven days from 5 to 9 p.m.

703 Tarpon Bay Road, 472-3128

Read us online at  
[IslandSunNews.com](http://IslandSunNews.com)

## TRADERS GULF COAST GRILL & GIFTS

Traders Gulf Coast Grill and Gifts is unique in that it combines a bustling restaurant with a large shopping emporium selling casual clothing, jewelry, accessories, home decorating and gift items, books and lamps.

The restaurant serves bistro cuisine with island flair, featuring such offerings as black beans and rice, blackened fish and fresh salads from an open kitchen. There's no fryer in this place!

The tables are freshly wrapped in white paper for each party, and there's a pot of colored crayons for doodling, whether you're an adult or a child. Traders has been around long enough to have become a favored local hangout. Lunch is served from 11 a.m. to 2 p.m., happy hour from 3 to 6 p.m. and dinner 5 to 9 p.m. There's live music from 7 to 10 p.m. Tuesdays and Thursdays with Danny Morgan and Wednesdays with Chris Workman.

1551 Periwinkle Way, 472-7242

## TRADITIONS ON THE BEACH

Traditions on the Beach is one of the few Sanibel restaurants with beachfront dining. Located in the historic Island Inn, the recently updated restaurant sits on 10 acres with gulf views, perfect for watching the sunset over the water while you dine. The menu features Italian and Mediterranean cuisine prepared by Chef Aziz and his team. Traditions' dishes are made with fresh ingredients, from seafood and meats, to produce from local vendors. On the menu you will find the classics and specialties including Moroccan lamb, roast duck, lobster and veal. Pasta, grilled items and a raw bar are also available. In addition to the regular menu, specials are offered daily. There's an attractive bar and lounge area that also serves food and an extensive wine and cocktail list. Dining begins at 5 p.m. and continues until late. Reservations are suggested.

3111 West Gulf Drive, 472-4559



Island Restaurant

*Enjoy Indoor & Outdoor Dining  
in a casual and friendly atmosphere.*

**Lunch & Dinner**

11 a.m. to 9:30 p.m.

**Happy Hour Daily**

4 to 6 p.m.

Reservations Accepted

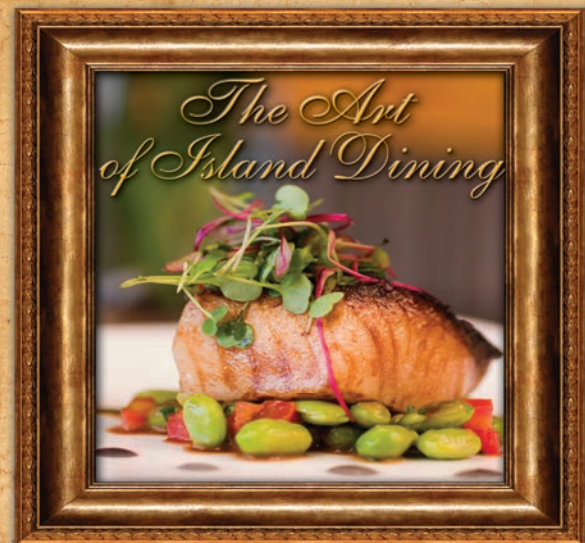
**239-472-0223**

2055 Periwinkle Way

Sanibel, FL 33957

Located in the Forever Green  
Shopping Center next to Eileen Fisher

[www.CipsPlace.com](http://www.CipsPlace.com)



**The JACARANDA**

Seafood • Steaks • Spirits

**HAPPY  
HOUR  
DAILY 5 TO 7  
1/2 Price Drinks  
& Happy Apps**



**CHILDREN'S  
MENU  
AVAILABLE**

Cocktail Lounge • Live Music

1223 Periwinkle Way • Sanibel Island • 239-472-1771

[www.JacarandaOnSanibel.com](http://www.JacarandaOnSanibel.com)



Book Review

# A Man Called Ove

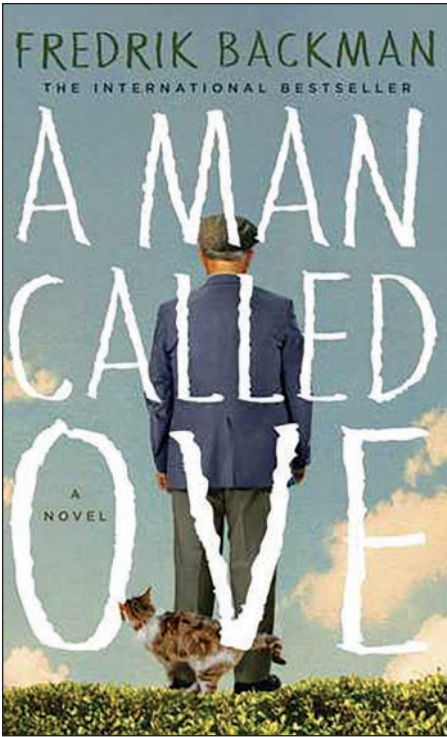


by Di Saggau

Ove, which rhymes with move, is a 59-year-old curmudgeon, and you are going to love him. *A Man Called Ove* by Fredrik Backman is a debut novel, and some readers loved it so much they rationed how much to read in order to prolong their time with the book. Not me. I read it in one day and savored every moment. Ove drives a Saab and thinks everyone should. He points at people he doesn't like the look of, has staunch principles, strict routines and a short fuse. People call him "the bitter neighbor from hell." Behind the cranky exterior, there is a story and a sadness.

Ove has lost Sonja, the love of his life. As his wife, she balanced his pessimism with optimism and warmth. Ove was a man of black and white, and she was color, all the color he had. When she giggled, she sounded the way Ove imagined champagne bubbles would have sounded if they were capable of laughter. Now Ove is fed up, so fed up that he intends to end it all. Thankfully his efforts to exit life never come to fruition. Much to his annoyance, he is a man who people come to rely on, even though he makes it clear he is not the least bit interested in making friends.

Ove's life begins to change one November morning when a chatty young couple with two chatty young daughters move in next door and accidentally flatten Ove's mailbox. It is the lead-in to a comical and heartwarming tale of unkempt cats,



unexpected friendship and the ancient art of backing up a U-Haul. All of which will change one cranky old man and a local residents' association to their very foundation.

The author titles each short chapter in a manner that gives the reader a hint as to what they will discover about Ove. Some examples are: *A Man Called Ove And a Bicycle That Should Have Been Left Where Bicycles Are Left*, *A Man Who Was Ove and a Woman On a Train*, *A Man Called Ove and Countries Where They Play Foreign Music in Restaurants* and *A Man Called Ove and a Cat Annoyance in a Snowdrift*. It goes throughout the book serving up laughs along with a thoughtful reflection on loss and love.

As Ove's story unfolds, we realize that beneath the cranky exterior is a man whose kindness and sense of doing the right thing needs to be reawakened. He saves the life of a man

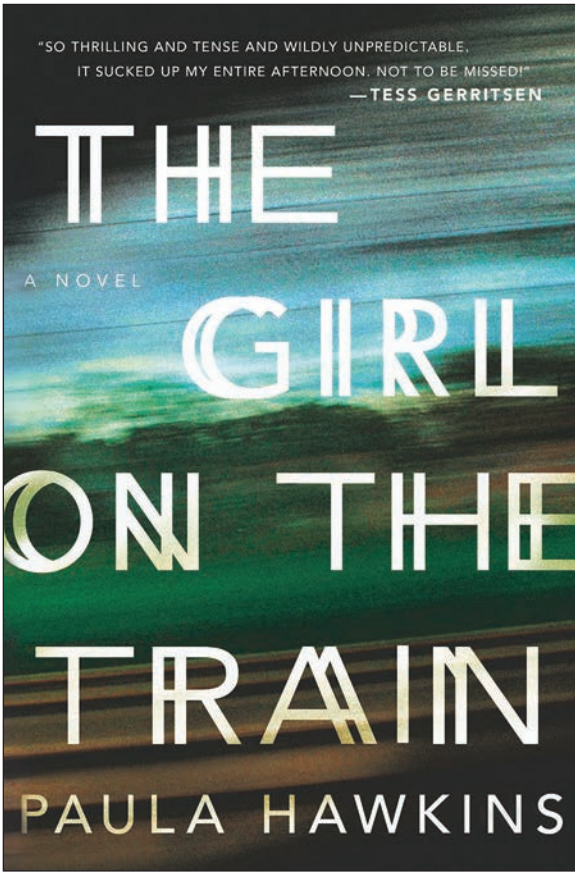
who falls onto a railtrack; he lets a young gay man stay at his home when his homophobic father throws him out; and he rescues an old friend from going into a home. Backman's novel about the angry old man next door is a charming

exploration of the profound impact one life has on countless others. *A Man Called Ove* has been a hit across Europe and is now doing the same here. Read it and you'll understand why.✧

## Library Book Discussion Group

Readers are invited to come in to the Sanibel Public Library to talk about *The Girl on the Train* by Paula Hawkins, the focus of the Wednesday, August 24 book discussion. The meeting is free and open to the public. The discussion begins promptly at 2 p.m. in the library's Meeting Room 4, located on the ground floor.

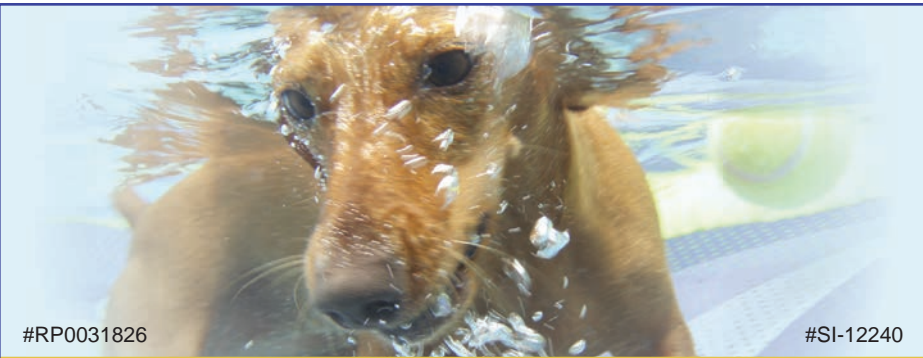
*The Girl on the Train*, a #1 *New York Times* Bestseller and *USA Today* Book of the Year, is a also major motion picture which will be in theaters in October. The novel is about a lonely divorcee who gets caught up in the disappearance of a woman whom she had been surreptitiously watching. A reviewer in *The Boston Globe* wrote, "Like its train, the story blasts through the stagnation of these lives in suburban London and the reader cannot help but turn pages ... The welcome echoes of *Rear Window* throughout the story and its propulsive narrative make *The Girl on the Train* an absorbing read."



Copies of book discussion books are located in the library near the Circulation Desk, in a variety of formats. *The Girl on the Train* is an eBook that can be downloaded from the library via OverDrive. It is also in the library's collection as a large print book and CD audiobook.

On September 28, the group will discuss *Sweet Thunder* by Ivan Doig. The book for October's meeting is *The Children Act* by Ian McEwan.

If you have questions about the meetings or the library, call 472-2483, or go to [www.sanlib.org](http://www.sanlib.org).✧



**Island Condo Maintenance**

Complete Pool service on Sanibel and Captiva Islands

<b>COMPLETE LINE OF</b> Chemicals, Pumps, Motors, Filters, Pool Supplies & Parts	<b>SPECIALIST IN</b> Residential & Commercial Pool Service & Repairs	<b>INSTALLATION OF</b> Pool Heaters, Blankets & Roller Systems & Salt Systems
--	--	---

**Veteran Owned & Operated**  
Mon-Fri • 7am - 4pm  
Saturdays • 8am - Noon

**239-472-4505**  
IslandCondo@comcast.net  
website: [www.icmpools.com](http://www.icmpools.com)

**40 Years in Business**  
1205 Periwinkle Way  
Sanibel FL, 33957

**Choosing the Right Insurance Agent  
Makes all the Difference**

**Angela Larson Roehl**  
[alarson@rosierinsurance.com](mailto:alarson@rosierinsurance.com)

**Call me anytime for your  
business and personal  
insurance needs  
on Sanibel and Captiva**

**239-472-1152**  
[www.rosierinsurance.com](http://www.rosierinsurance.com)

**Rosier  
INSURANCE**

**Rosier: The name that has been serving Southwest Florida for over 60 years**  
1200 Periwinkle Way, Suite 2, Matzaluna Plaza • Sanibel Island



WE MAKE  
IT EASY.  
YOU MAKE  
IT HOME.™

#### GULF TO BAY ESTATE ON CAPTIVA



- Incredible Estate w/Uncompromised Luxury
- Expansive Lanai Space, Superior Quality
- Boat Dock, Beautiful Pool/Spa Area
- **\$8,500,000** MLS 215051957
- McMurray & Nette 239.850.7888

#### PENTHOUSE DIRECT BEACHFRONT



#### NEW LISTING

- Panoramic Southwest Sunset, Beach, Water Views
- 3 BR, 2.5 BA, Hugh Beachfront Lanai
- Low-Density, Large Pool, Tennis Court, Manicured Grounds
- **\$1,951,000** MLS 216047202
- Jason Lomano 239.470.8628

#### WATERSHADOWS



- One of Sanibel's Largest Boat Docks
- Sailboat/Powerboat, Seawall, Great Water View
- 3 BR, 2 BA, Living/Dining Room, Family Room
- **\$1,195,000** MLS 216016688
- John Nicholson 239.849.3250

#### CATALPA COVE – BOATER'S DREAM



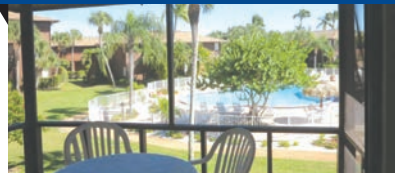
- 4 BR, 3.5 BA, Lakefront, 2 Boat Docks
- Very Private Location on 2 Lots
- Den, Living Room, Family Room, Pool
- **\$879,999** MLS 215022506
- John Nicholson 239.849.3250

#### LOGGERHEAD CAY



- 2 BR, 2 BA Condominium
- Updated Open Kitchen w/Granite Countertops
- Weekly Rentals, Pet Friendly, Laundry in Unit
- **\$595,000** MLS 216017969
- Burns Family Team 239.464.2984

#### SPACIOUS BLIND PASS CONDO



- Large 2 BR, 2 BA Near Beach Condo
- Turnkey Furnished
- Clubhouse, Pool & Tennis
- **\$539,000** MLS 215020917
- John & Denise Beggs 239.357.5500

#### GULF SHORES



- 3 BR, 3 BA, Gulf Front Home
- Designed by Award Winning Island Architect
- Epitome of Elegance & Simple Luxury
- **\$4,650,000** MLS 216023496
- Cindy Sitton 239.810.4772

#### VILLA ELENA



- 4 BR, 3 BA, Mediterranean Inspired Home
- Beach Access, Dock Available, Pool
- Updated Interior, Excellent Rental Income
- **\$1,795,000** MLS 216042323
- Burns Family Team 239.464.2984

#### SURFSIDE 12 UNIT B3



- Stunning 3 BR, 2 BA Penthouse Condo
- Spectacular Views of the Gulf of Mexico
- Meticulously Remodeled
- **\$1,124,000** MLS 215066717
- Cindy Sitton 239.810.4772

#### SANCTUARY HERON CONDO



- 3 BR, 2.5 BA on Premier Sanibel Golf Course
- Timeless Design w/10 Ft. Ceiling Throughout
- <http://royalshell.me/5681baltusrolct>
- **\$619,000** MLS 216007762
- The Radigan Team 239.691.6240

#### SUNSET BEACH VILLA 2318



- Direct Sunset View from Screened Lanai
- 2 BR, 2 BA, Granite Counters, Tile Floors
- Corner Location w/2 Extra Windows
- **\$595,000** MLS 216015302
- Fred Newman & Vicki Panico 239.826.2704

#### SUNDIAL OF SANIBEL



- Gorgeous 1 BR, 1 BA
- Largest One Bedroom Floor Plan
- Located at Sanibel's Finest Resort
- **\$399,000** MLS 216030411
- Brian Murty 239.565.1272

#### SPECTACULAR "CUSTOM" WATERFRONT HOME



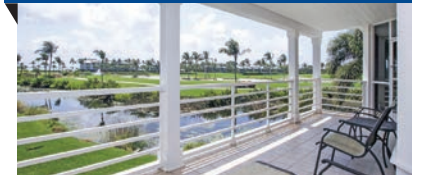
- Coffered Ceilings, Custom Millwork, Full Amenities
- 6,168 S.F. Under Air w/4 BR & 4.5 BA
- Gourmet Kitchen & Wine Cellar, Pool & Spa
- **\$2,995,000** MLS 215073495
- McMurray & Nette 239.850.7888

#### POINTE SANTO



- 2 BR, 2 BA – Direct Gulf Front
- Ground Level, Expansive Gulf Views
- Excellent Rental Income, Weekly Rentals
- **\$1,250,000** MLS 216028702
- Burns Family Team 239.464.2984

#### 2 BEDROOM LANDS END VILLA



- Views of Golf Course, Pine Island Sound & Gulf
- Large Floor Plan w/Open & Screened Lanai
- Premier Community at the Northern Tip of Captiva
- **\$1,095,000** MLS 216031921
- Fred Newman & Vicki Panico 239.826.2704

#### NEAR BEACH HUGE LAKEFRONT HOME



- Elevated 3 BR, 2 BA Home, Screened Lanai
- 2 Open Sun decks, Dining Room, Wood Floors
- Vaulted Ceilings, Bookshelves, Great Storage
- **\$599,900** MLS 216029660
- John Nicholson 239.849.3250

#### SANIBEL ESTATES



- Duplex on Canal
- 2 BR, 1 BA West Unit
- 1 BR, 1 BA East Unit
- **\$569,000** MLS 215003900
- Burns Family Team 239.464.2984

#### SANCTUARY LAND



- Gorgeous SW Exposure w/Views of 14th Fairway
- Beautiful Lake & Golf Course Setting
- Sanibel's Only Private Golf Community
- **\$289,000** MLS 215063744
- McMurray & Nette 239.281.4435



**ROYAL SHELL**  
Real Estate

**RoyalShellSales.com**  
**239.472.0078**

**For Rentals Call**  
**239.472.9111**

**Florida:** Bonita Springs/Estero,  
Cape Coral, Captiva Island, Fort Myers,  
Naples/Marco Island, Ocala and Sanibel Island

**North Carolina:** Cashiers/Lake Glenville,  
Highlands, Sapphire Valley/Lake Toxaway



#### SANIBEL ARMS WEST



#### NEW LISTING

- Newly Updated 2 BR, 2 BA on the Beach
- Terrific Rental Income
- New Cabinetry & Quartz Counters Throughout
- **\$547,500** MLS 216046705
- Sally Davies 239.691.3319



BeautifulLife:

Feel Beautiful



by Kay Casperson

What makes you feel beautiful? Is it a must-have lipstick, a go-to hairstyle or that perfect little black dress? Or is it something less tangible, like a positive state of

mind, an uplifting emotion or a great mood? If you're like me, it's probably a delicate balance of many different things, but after three decades of experience in the beauty industry, one thing that's always certain to make me feel beautiful is exploring new ways to appreciate beauty – within myself, in the people around me and in the world.

Here are three affirmations that have always helped inspire me to feel beautiful – mind, body and soul:

- I discover more of my natural beauty every day
- Explore the ideas and activities that enhance what makes you naturally beautiful, inside and out. Whether it's taking good care of your skin, exercising and eating healthful foods, focusing on positive affirmations, or trying new looks and trends, find your favorite ways to feel balanced and beautiful and make them a part of your life every single day.
- I think beautiful thoughts and radiate beautiful energy
- No matter what you look like or what you're wearing, no matter where you are or who you're with, no matter the environment or circumstances you're in, always try to keep your thoughts and feelings focused within a beautiful, positive mindset. It can be challenging, especially in a sometimes seemingly ugly world, but when you think beautifully and feel beautiful, it will inspire beautiful

thoughts and feelings in those around you.

- I choose to see beauty first
- Always look for the beauty in everything you see and experience, and stop paying so much attention to what you perceive as imperfections. When you look at your reflection in the mirror, focus on your uniquely beautiful features instead of wasting energy fretting about flaws. The same goes for your life – find the beauty in your everyday life and stop

worrying about how your unique journey compares to the lives of other people.

Beauty and lifestyle expert Kay Casperson lives on Sanibel with her husband, two daughters and dogs. She produces her own inspirational collections of skincare, cosmetics, wellness, apparel and accessories, and operates four Lifestyle Spa & Boutique locations in Southwest Florida and Orlando. Learn more at [kaycasperson.com](http://kaycasperson.com).

Sanibel-Captiva Art League  
Members Show  
Paintings At  
Sanibel Library



Carol Good  
photos courtesy San-Cap Art League

Local tropical and nautical scenes are always a favorite with visitors to the Sanibel-Captiva Art League's annual Summer Art Exhibit, currently on view through September at Sanibel Public Library.

Many nature studies are included in the exhibit along with still life, architecture, portraits and abstract paintings in a variety of media and sizes. The beautiful changing color of the waters of the Gulf of Mexico along with the lush vegetation and delicate flowers provide wonderful subject matter during the league's weekly paint-outs.

The Sanibel Public Library is located at 770 Dunlop Road, next to Sanibel City Hall. For hours or more information, call 472-2483 or log on



Marcy Calkins



Jaye Boswell  
to [www.sanlib.org](http://www.sanlib.org). For San-Cap Art League information, write to P.O. Box 1192, Sanibel, FL 33957 or log on to [www.sancapart.com](http://www.sancapart.com).

Dreaming Of A New Look?  
Whether You Are Thinking Of An Entirely New Design Scheme or Just Want To Freshen Up Some Spaces In Your Home, It's A Great Time To Start Planning! Let Us Inspire You And Help You Create An Interior Designed Just For You!



**SANIBEL HOME FURNISHINGS**  
1618 Periwinkle Way "Heart of the Island" Shops Sanibel 472-5552  
Summer Hours (August) Tuesday thru Saturday 10 until 5  
Monday By Chance... or by Appointment [www.sanibelhomefurnishings.com](http://www.sanibelhomefurnishings.com)  
Furniture • Lighting • Paintings • Prints • Mirrors • Pillows • Bedding • Accessories  
Island Inspired Interior Design • Colorful By Nature



**One Builder Serving Sanibel & Captiva for over 35 years**

- Custom Residential Construction
- Remodeling Projects
- Design Team with Construction Drawings
- Plans Through Completion of Project

**Phone: (239)489.0442**  
Email: [gregwegz@earthlink.net](mailto:gregwegz@earthlink.net) • [www.gregweglarz.com](http://www.gregweglarz.com)  
State Certified General Contractor License # CGC A05420



## Golf Lessons Sinking In For Rec Campers



Participants from the Sanibel Recreation Center's summer day camp visited The Sanctuary Golf Club last week for the sixth week of instruction at the facility's driving range  
photos by Jeff Lysiak



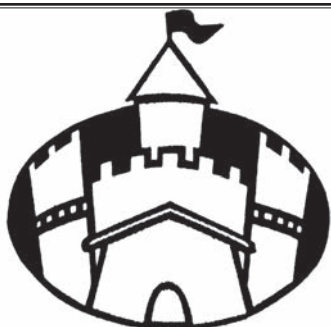
Ana Lees practicing her chipping skills

by Jeff Lysiak

From the perspective of participants enrolled in the Sanibel Recreation Center's summer day camp, the summer break has passed pretty quickly. However, many members of the group are glad that they gained a few new skills since camp began.

Last Wednesday morning, campers took part in the sixth week of a seven-session course at The Sanctuary Golf Club, where they learned the fundamentals of the sport.

continued on page 35



### Cottages To Castles Unique Vacation Rentals

2427 Periwinkle Way  
Sanibel, FL 33957

Local: (239) 472-6385  
Toll Free: (800) 472-5385  
Fax: (239) 472-5858

[www.cottages-to-castles.com](http://www.cottages-to-castles.com)



## Do You Know What's in Your Investment Portfolio?

IF YOU HAD CONCIERGE WEALTHCARE,  
THE ANSWER WOULD BE YES.

Concierge Wealthcare means your portfolio is designed specifically for you and individually managed right here, in house, by a team of experts dedicated to your unique needs and goals. It means you always know what you own—and why.

As the largest INDEPENDENT Trust Company in Southwest Florida, we invite you to experience the true meaning of Private Wealth Management.

*Call us today to schedule your  
complimentary portfolio review.*

\*Available for investable assets of \$2 million and above.

TRUST & ESTATE SERVICES | INVESTMENT MANAGEMENT

THE  
**SANIBEL CAPTIVA**  
**TRUST COMPANY**  
PRIVATE WEALTH MANAGEMENT

2460 Palm Ridge Road | Sanibel, FL 33957  
239.472.8300 | [sancaptrustco.com](http://sancaptrustco.com)

NOT FDIC INSURED | NOT GUARANTEED | MAY LOSE VALUE



# Young Professionals Hold Gathering



From left, Brian Holaway, Tami Treuheit and Rebecca Chick  
photos courtesy Young Professionals Association

On July 20, more than 30 young professionals met at Bleu Rendez-Vous French Bistro for the July Networking Event with the Young Professionals Association of Sanibel & Captiva (YPASC). Chef Christian and Mari Vivet of Bleu Rendez-Vous French Bistro provided food and wine specials while also inviting guests to return for dinner, from their prix fixe menu, or return for one of their special events coming up in August. Guests were asked to contribute a donation of canned goods or \$5 cash to benefit FISH of SanCap; by the end of the evening, more than \$85 – along with multiple bags and boxes of canned food - had been collected. Several door prize drawings were held and Amanda Randall, business development officer at Current Payment Solutions, was selected the member of the month. The YPASC's next event will take place on Wednesday, August 10 from 5:30 to 7:30 p.m. at the Bailey-Matthews National Shell Museum. Suggested donations for



From left, Lauren Huff, Lacy McClary, Amanda Randall and Jessica DeGraw



Mari Vivet and Shelby Peters



Laura Richardson and Kasey Albright with donations for FISH

Only Cleaner  
On The Island  
With  
Full-Time  
Tailoring

**La France**  
Dry Cleaning & Alterations

Free  
Pick-up  
&  
Delivery  
Service

**5-Star Linen Service  
We Press Sheets!!!!**

**ALTERATIONS  
&  
DRY CLEANING**

2496 Palm Ridge Road #C Sanibel, FL 33957 239.579.0251	8750 Gladiolus Drive Fort Myers, FL 239.481.1954	2809 Cleveland Ave Fort Myers, FL 239.334.6406
--	--	--

*Thomas R. Louwers, M.S.T.*

**TAX-CONSULTING & ACCOUNTING SERVICES**  
Serving the islands since 1978 • Professional and Confidential  
Income Tax Preparation • Individuals • Corporations • Estates & Trust  
Tax Consulting - Tax Deferred Exchange  
International Taxation • State Tax Forms  
(239) 472-5152  
1619 Periwinkle Way, Suite 102, Sanibel Island, FL 33957

Helping Build A Bridge To Financial Freedom

**Zurbriggen Financial**  
Investment Management • Asset Protection  
Wealth Transfer • Perpetual Income Strategies

Wouldn't it be more convenient to have a local financial advisor?  
Call us to arrange a 2nd opinion on your current plan.  
[www.zurbriggenfinancial.net](http://www.zurbriggenfinancial.net)

**RICK ZURBRIGGEN**  
Private Wealth Manager

Securities offered through Securities America, Inc., Member FINRA/SIPC. Rick Zurbriggen, Registered Representative. Advisory services offered through Securities America Advisors, Inc., Rick Zurbriggen, Investment Advisor Representative. Zurbriggen Financial and the Securities America companies are not affiliated.

**695 Tarpon Bay Rd., Suite 4 • Sanibel, FL • 239-395-3520**





Rachel Rainbolt and Bill Robinson

admission is \$10 and will include all food, two drink tickets and entry into drawings of chance for a one-year membership to the shell museum as well as other prizes. Proceeds from the evening will benefit the museum. A live Tank Talk will be held at 6:15 p.m. and members will receive 20 percent off items purchased at the museum gift store. Remember to bring your co-workers and your business cards.

If you are interested in becoming a part of the Young Professionals Association of Sanibel & Captiva or hosting an upcoming event, contact Laura Richardson at lrichardson@bigarts.org and find YPASC on Facebook at [www.facebook.com/ypasc](http://www.facebook.com/ypasc).

*The Young Professionals Association of Sanibel & Captiva is a new and diverse organization of talented friends and future leaders that aims to provide leadership development, networking opportunities, and philanthropic support to the islands of Sanibel & Captiva.✱*

Superior Interiors (a two-part series)

## Highlights Of High Point Market 2016



by Linda Coin

The place that decorators from around the world go to see the latest in home furnishings trends is High Point Furniture Market in High Point, North Carolina. The market, open only to the trade, consists of approximately 180 buildings, 11.5 million square feet of show space and home to almost 3,000 exhibitors who show there twice a year. Here you can see the latest trends in color, furniture, lighting, floor covering, fabrics and accessories.

### Light And Bright

The refreshing look of lighter woods seen on cabinetry and tables range from white lacquered pieces to a white wash to weathered tops of driftwood, teak or mahogany. This theme also blends over to the wood on upholstered chairs where we see legs and arms in light colored or mid-range finishes to provide a contrast to perhaps a deeper colored fabric. Make sure to add a pop of color on the piece of furniture itself or in the room somewhere to prevent the "washed out" affect that can happen in a light colored room scheme.

### Metals

The use of metals on furniture and accessories is not something new. To the extent and how metals are features as stunning design elements is what is new. We are seeing a lot of variety and flexibility in metals, from polished nickel to brushed brass to rustic and distressed – there's a metal for every taste and style. Metals have always been the jewelry piece to any room design, but today they are the piece that sparkles and makes the entire ensemble shine.

### Natural Design

Nature inspired designs in furniture, fabrics and accessories continue to have staying power with the consumer. Reclaimed, rustic woods with rough, open grained finishes that are full of character keep things casual and are found in relaxed traditional to contemporary design styles. Wood planking with forced splits and natural edge finishes give the illusion that the wood came straight from the tree. The natural design elements also include petrified woods, stone, lava rock and various shells.

### Retro

The desire to flashback to styles of the mid-century is still going strong. Many of the designs go back to the day and others take creative liberty with the mid-century design, but with a youthful energy with bright colors and geometric prints. Classic Barcelona chairs never go out of style, but they are especially popular now, paired with a shag rug, lucite table and geometric prints.

Linda Coin is an interior designer on Sanibel/Captiva Islands and can be reached at [linda@coindecaden.com](mailto:linda@coindecaden.com).✱



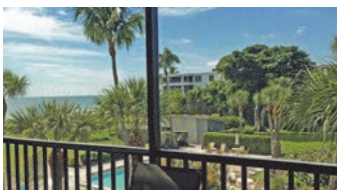
**Lake-Front 5 Bedroom**  
Unique large private mid-island pool home with elevator, fireplace, spa, & southern view. \$899,000



**Pool Home in The Dunes**  
Olde-Florida-style split plan on lake. Central great room with wood floors & high ceilings. Gourmet kitchen too. \$849,000



**Cottontail Cottage**  
Vacation-ready near-beach 3-bedroom pool home with \$38K+ in upcoming rental bookings. \$548,000



**Sand Pointe**  
2nd-floor updated 2 bedroom with this balcony view. Rare weekly rental on West Gulf Dr, excellent income. \$749,000



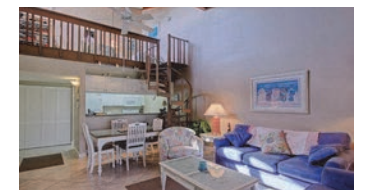
**Sanibel Surfside**  
So close to gulf, you hear the gentle surf. Weekly rental 2 bedroom in tropical décor, bright white kitchen. \$874,000



**Sundial Resort**  
Remodeled top-floor corner 2 bedroom with gulf view. Fully equipped including washer/dryer. Income too. \$799,000



**Sanibel Moorings**  
Gulf-side investment at east-end mini-resort with on-site rentals. 2nd floor 2 bedroom in botanical garden. \$449,000



**Coquina Beach**  
Need more room than a typical 2-bedroom condo? This one also has an upper loft. Rental income too. \$499,000



**Lighthouse Point**  
Easy access ground-floor 3 bedroom with view of San Carlos Bay & steps to beach. Cozy courtyard too. \$699,000



**Sandpebble**  
Roomy 2nd floor 2 bedroom on river, across street from beach. Could be investment rental or residence. \$424,900



**Nutmeg Village**  
Top-floor gulf-view 2 bedroom in residential complex with beachside amenities & covered parking. \$799,000



**Loggerhead Cay**  
Top-floor 2 bedroom with gulf peek, new kitchen, & increasing income expected to reach \$60K in 2016. \$598,300



**Cottage Colony West**  
Top-floor beach-facing condo with high ceilings. On-site Casa Ybel rental program guarantees income. \$649,000

472-HOME (4663)  
888-603-0603

2242 Periwinkle Way  
Sanibel Square #3  
[SanibelSusan.com](http://SanibelSusan.com)

**Sanibel Susan**  
REALTY ASSOCIATES

**More info & real estate  
blog at SanibelSusan.com**





Chamber members that are part of a committee addressing water issues: standing from left, John Naumann; Rae Ann Wessel, SCCF; Sonja Smith Suitor, CASI; Richard Bailey, Bailey's General Store, John Lai, The Inns of Sanibel and president of the Lee County Hotel Association.; Mark Anderson, Benchmark General Contractors and immediate past chamber board chair; seated, Calli Bailey, Bailey's General Store; Evelyn Stewart, Adventures in Paradise; and Chris Davison, Island Inn  
photo courtesy Sanibel & Captiva Islands Chamber of Commerce

## Chamber Urges Members To Take Action On Water Issues

The Sanibel & Captiva Islands Chamber of Commerce is urging its members to take immediate action and be heard on the serious water issues facing South Florida.

"We are fully behind the Caloosahatchee White Paper put together by the City of Sanibel," said Mark Anderson, past chamber board chair who is part of a special water committee. "The message is clear; Clean water should be sent south, freshwater discharges to the rivers and estuaries should be reduced and the storage capacity/treatment of water should be accelerated."

Using the City of Sanibel's 41-page Caloosahatchee Watershed Regional Water Management Issues White Paper, the special committee has pinpointed three action items – email the governor, sign the Now or Neverglades Declaration and challenge representatives to take the first two actions.

"Due to the large geographic scale of the project, encompassing more than 18,000 square miles and including 16 counties in central and southern Florida, (the Everglades) is the largest wetland restoration in the world," states the white paper, which extensively lays out what is being done and what can be done in the short and long terms.

"This is our home, and we should make this an urgent issue," said Anderson.

Take action by visiting [gladesdeclaration.org](http://gladesdeclaration.org) or [scf.org](http://scf.org) today. Read the full Caloosahatchee White Paper at [mysanibel.com](http://mysanibel.com).

Email your editorial copy to:  
[press@islandsunnews.com](mailto:press@islandsunnews.com)

## Restaurateur Joins Chamber

Florida native Mark Blust, who oversees three Sanibel restaurants in the Prawnbroker Restaurant Group portfolio as vice president of marketing and operations, was recently named to the Sanibel & Captiva Islands Chamber of Commerce board of directors.

"Mark brings valuable skills honed over the course of his extensive career in the restaurant business," said Chamber President Ric Base. "We are delighted to have him on the chamber's board."

Prawnbroker's three Sanibel establishments include The Timbers Restaurant and Fish Market, Sanibel Grill and Matzaluna.

Blust has spent 15 of his 30-year career on the island and has come to rely on his decade-long business relationship with the Sanibel & Captiva Chamber. Blust said serving as a board member is



Mark Blust  
"a great opportunity to contribute to the business community and pay it forward."  
For more information, visit [sanibel-captiva.org](http://sanibel-captiva.org).

From page 17

## CROW Case

Dr. Barron stated the complete rehabilitation will take six to eight weeks, if everything goes as planned. The process will include removal of the pins once the fracture heals and relocation to an outdoor enclosure "to allow more space to encourage wing movement and reduce stress."

Once fully recovered, CROW officials and volunteers will release the roseate spoonbill in a safer area from where it was rescued.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).



X-ray of roseate spoonbill

## Youth Basketball League Signups

Come and join the 5th season of the Youth Fall Basketball League at the Sanibel Recreation Center.

The league is for both boys and girls from kindergarten through eighth grade, with an additional Tiny Tots division for 3- and 4-year-olds. This league gives children the opportunity to learn the fundamentals while enjoying the game.

The season runs for eight weeks starting Friday, August 12. Games for the kindergarten through eighth grade will be held on Fridays between 5:30 and 8:30 p.m. and Tiny Tot Hoopla will be held on Saturdays at 9:30 a.m. Grades 4 through 8 will practice on Tuesdays and grades kindergarten through 3 will practice on Thursdays at 5:30 p.m.

The fee is \$38 per child for Sanibel Recreation Center members or \$50 per child for non-members. Registration is now open. Volunteers needed for coaching, team parents, scorekeepers and referees. Contact the Sanibel Rec Center at 472-0345 to sign up or visit [www.mysanibel.com](http://www.mysanibel.com) for more information.

# Elegant Outdoor LIVING

The Finest in Outdoor Furnishings



Tommy Bahama, Brown Jordan, Winston, Patio Renaissance, Tropitone, Telescope, Castelle, and many more.

<b>Bonita Springs</b> 239-495-0900 28811 S. Tamiami Tr. (½ mile south of Bonita Beach Rd.)	<b>Naples</b> 239-262-0085 3666 N. Tamiami Tr. (next to Best of Everything)	<b>South Ft. Myers</b> 239-481-6100 15121 S. Tamiami Tr. (½ mile south of Gladiolus at Jamaica Bay & 41)
---	--	---

Designer Program~Worldwide Shipping  
Outdoor Furniture and Design Specialist Since 1987

Mon.-Sat. 10am-6pm | Sunday 12-5pm | [www.ElegantOutdoors.com](http://www.ElegantOutdoors.com)

## Voted #1 Outdoor Furniture Store. Come See Why!



**SHOP OUR FORT MYERS LOCATION AND TAKE AN EXTRA 10% OFF**

\*No clearance or prior purchases. Minimum order \$1999



Elegant Outdoor Living  
Industry Partner of ASID



## Will Power

# Do All Revocable Trusts Avoid Probate?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

**W**hen you have a revocable trust, does that always mean that your estate will avoid the probate process when you die? You may be surprised to learn that the answer is “No.”

Why is that? First, let's review what the probate process is. Many people think that “probate” means “taxes.” Probate is not a tax. Probate is actually a court process where your last will is admitted to court (authenticating that there are no other wills that supplant it), your personal representative is appointed to handle all estate matters (in some states this person is called

your ‘executor’), your creditors are cleared, taxes are paid, accountings are filed, and eventually the beneficiaries receive their inheritance.

While revocable living trusts are designed to avoid the probate process, you actually have to transfer your assets into the trust to make that so. Unfortunately, many people believe that they transferred their assets into their trust when they really haven't. I've found that a common misconception is that if you create a list of your assets and attach that list to your trust, then you have accomplished a transfer. That won't work.

The correct way to transfer your assets into your trust requires a change on the title to those same assets. Suppose that Ted Turner owns thousands of acres of ranch land in Montana that he wants to put into his revocable trust. He needs to sign a deed that transfers his Montana ranch to the trustee of the trust. Most of the time, the person who creates the trust acts as his or her own trustee. So the deed in this example would likely be to: Ted Turner, Trustee for the Ted Turner Revocable Trust dated July 1, 2010 (assuming that is the day that Ted signed his revocable trust).

The same holds true with Ted's certificate of deposits, bank accounts and brokerage accounts. Ted needs to complete forms with his financial institutions that change the name on the account to Ted Turner, Trustee for the Ted Turner Trust. If he or his lawyer does not go through this exercise, then Ted hasn't transferred his assets into his trust, and those same assets will therefore have to go through the probate process on Ted's death.

Your wealth needn't rise to the level of Ted Turner's by the way, to benefit from a revocable trust. If your net worth exceeds \$250,000, then you should take the time to

consider whether a revocable trust is right for you. This depends largely not only on the value of your net worth, but on the types of assets that you own, and the facts of your individual and family situation.

Many people worry that once they transfer their assets into their revocable living trust, then they'll lose control over those assets. This simply isn't true. Since by definition the grantor of a revocable living trust can amend or revoke the trust at any time, he or she controls the trust and the trust assets as long as they are alive and competent. Generally speaking, the grantor of a revocable living trust can consume, sell and transfer any asset at any time without restriction.

It is not uncommon for people who have revocable living trusts to die with assets outside of the trust requiring a probate. This isn't the end of the world. When you have a revocable living trust, your will becomes something known as a “pour over will.” If you read the provisions of your pour over will carefully, you'll see that your will doesn't really say who is to get what from your estate.

Instead, you'll find that the will directs distribution of those probate assets into your revocable living trust. Your will acts as a “safety net” – catching the assets that should have been transferred into your revocable living trust during your lifetime – transferring them at your passing into your trust.

This highlights another benefit to revocable trusts. Note that the pour over will doesn't say who gets what from your estate – and how they get it. It simply says to transfer any probate assets into your trust for distribution in accordance with its terms. All wills are public documents, since they have been filed with probate court. Anyone can go down to the courthouse and see your will after your death. In contrast, trusts are private documents. They are not filed publicly. So even if you have assets subject to probate at your death, if you have a trust the general public will not be able to easily see who your beneficiaries are, and what they are receiving. In today's world filled with scam artists, this is a rather important benefit to trusts.

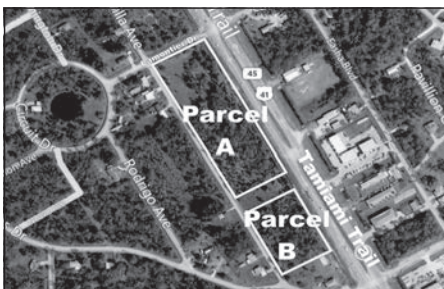
There are certain assets that should not be transferred into your revocable living trust during your lifetime. If you were to try to transfer your IRA account into your trust, for example, you would likely have to recognize all of the taxable income inherent within the IRA. Since IRAs name a beneficiary they do not go through the probate process at your death and therefore do not – and in fact should not – be transferred into your revocable living trust. Generally speaking, annuities also are not funded into revocable trusts for much the same reason.

If you are wondering whether the right assets have been properly transferred to your trust, you should visit with your estate planning attorney to review your current situation. Bring with you copies of your current deeds, brokerage, bank, financial statements and copies of any annuity, life insurance and IRA accounts along with their beneficiary designations.

©2016 Craig R. Hersch. Learn more at [www.sbshlaw.com](http://www.sbshlaw.com).✱

## Buying, Selling or just want to chat... Talk to Chuck!

### Commercial Lots - Tami Trail



Two parcels, A & B zoned Commercial General. Parcel A is approx. 4.5 acres. Parcel B is approx. 2.0 acres. Survey available.  
**(A) \$999,500 (B) \$400,000**

### 3850 Coquina Drive



Walk to the beach 3 BR/3 BA in West Rocks on two buildable lots with a caged, salt water pool. Enjoy wonderful lake views!  
**\$899,000**

### 3099 Cussell Dr. (Pine Island)



Build on this large corner, canal front lot with sea wall. Direct gulf access in minutes. Room to build 40 ft. dock.  
**\$235,000**

### Pointe Santo C36



2 BR, 2 BA with great GULF views...! Silestone counters, new tile, upgraded kitchen/baths. On site Mgmt. AMENITIES! Excellent rental income.  
**\$875,000**

### Sandalfort 4C3



**GULF VIEWS! Steps to beach. Furnished 2 BR, 2 BA top floor unit. Pool, tennis, on site Mgmt.**  
**\$669,000**

### 4155 Dingman Drive



**SHORT SALE OPPORTUNITY! 3 BR/3 BA on approx. 1 acre on private cul-de-sac. In need of imagination/renovation. Walk to beach!**  
**\$1,099,000**

### 3965 Coquina Drive



**Build your Island retreat on this beautiful property located in West Rocks... only steps to the beach.**  
**\$399,000**



**CHUCK BERGSTROM**  
Island Resident • Award Winning Realtor®

[CHUCK@CHUCKBERGSTROM.COM](mailto:CHUCK@CHUCKBERGSTROM.COM)  
[WWW.BUYSELLCHATSANIBEL.COM](http://WWW.BUYSELLCHATSANIBEL.COM)

**RE/MAX**  
of the Islands

2400 Palm Ridge Road  
Sanibel, FL 33957  
11508 Andy Rosse Lane  
Captiva, FL 33924

Direct:  
**239-209-6500**

Office:  
**239-472-2311**

Toll Free:  
**800-388-2311**

## Great Service! Great Dedication! Great Results!



# Problems Galore As 2016 Olympic Games Open



by Ed Frank

The 2016 Olympic Games officially open today, Friday, amid a myriad of problems – the Zika threat being the No. 1 concern – raising legitimate questions whether the quadrennial showcase of athletes should have been moved from trouble-plagued Rio. During the next two weeks, the Olympic Games hopefully will overshadow the toxic political climate in this country, despite the toxic environment where the games are being played.

For months leading up to the start of the Olympics, there have been concerns over pollution, traffic, security and lagging completion of housing for the athletes and the venues where the competition will be held.

Overshadowing all these issues is the Zika virus, which has prompted many top athletes to opt out of the games as protection for themselves and their families. Local health officials in Rio have said they have the virus under control as there have been few, if any, cases in the last two weeks. But even a moderate outbreak during the games could have a global threat with athletes and visitors exposed to the disease from all corners of the world. Just this week, 14 cases were confirmed in an area north of downtown Miami with health officials warning pregnant women to avoid that section of the city. So a logical question arose: If a modern city such as Miami cannot control the spread of Zika, what makes you believe a sprawling, impoverished city in Brazil can control the virus?

It's not only the Zika virus that troubles the games. Some of the water sports are being held in polluted waters, early arriving athletes have complained about the unfinished and substandard housing and completion of a \$3.1 billion subway system to ease traffic in Rio still wasn't completed less than a week before the games began.

All of these problems and concerns have had a negative effect on travel to Rio for the games. An analyst for Adobe Digital Insights, a company that records travel, reported this week that about 80,000 airline bookings have been made from the United States to Rio, considerably less than the 2014 World Cup that also was held in Rio.

Despite all the negative publicity that has emanated out of Rio, we hope the 2016 Olympic Games are a success. There have been problems before nearly every Summer and Winter Olympic Games, and nearly all have resulted in success. Yes, there are many, many political, environmental and safety problems in Rio, but the Brazilians showcased the 2014 World Cup. And it's likely they will do the same for the 2016 Olympic Games.

**Twins Max Kepler Joins Elite Company With Three-Homer Game**  
Three weeks ago, we wrote about the rookie success of the Minnesota Twins Max Kepler who attended South Fort Myers High School after emigrating from his native Germany. Monday night against the Cleveland Indians, Kepler hit three home runs and drove in six runs in the Twins' 12-5 romp over the Indians.

It marked the fifth three-homer game in Twins history, and the first since Justin Morneau hit three against the Chicago White Sox on July 6, 2007. The other Twins to record three home runs in a single game were Bob Allison (1963), Harmon Killebrew (1963) and Tony Oliva (1973.)

**Miracle Start Week Two Games Out Of First-Place**  
The Fort Myers Miracle baseball team began the week trailing first-place St. Lucie by two games in the Florida State League South Division. Beginning Monday, the Miracle will have the opportunity to close the gap on St. Lucie when they begin a seven-game home stand at Hammond Stadium. They play each other Monday, Tuesday and Wednesday at 7:05 p.m. Fort Myers began the week with a second-half season record of 20-18.✪

From page 1

## Sea Turtles

continuing into August this year has shattered the all-time record of 622 nests for the two islands combined.

While records are being broken on Sanibel and Captiva, the statewide numbers won't be tallied until the end of the season in October.

At least for the SCCF Sea Turtle Program, these numbers show that decades of coordinated conservation efforts are starting to pay off, including nest protection, reducing fisheries interactions and limiting artificial lighting in coastal communities.

**Nesting Activity as of August 1:**

Sanibel East	164 Loggerhead Nests	332 Loggerhead False Crawls
Sanibel West	422 Loggerhead Nests	803 Loggerhead False Crawls
Captiva	183 Loggerhead Nests	283 Loggerhead False Crawls
Total	769 Loggerhead Nests	1,418 Loggerhead False Crawls

\*false crawl – a failed nesting attempt

If you have questions, or would like to know more about nesting stats on Sanibel, contact [seaturtle@sccf.org](mailto:seaturtle@sccf.org) or call SCCF at 472-2329.✪

## SPORTS QUIZ

1. Cincinnati pitcher Aroldis Chapman set a major-league record in 2015 for fastest to reach 500 career strikeouts (292 innings). Who had held the mark?
2. The 1954 World Series featured the batting-average champions for each league. Name them.
3. Florida State set a record in 2015 for most NFL draft picks in a three-year period (29). What two schools had held the record of 28?
4. Name the last NBA rookie before Orlando's Elfrid Payton in 2015 to have back-to-back triple-doubles.
5. When was the last time before 2016 that the University of North Dakota won the Division I Men's Ice Hockey Championship?
6. Name the last person other than Lionel Messi or Cristiano Ronaldo to win the FIFA Ballon d'Or (top male soccer player in the world).
7. When was the last Kentucky Derby in which every horse entered had won a race as a 2-year-old?

## ANSWERS

1. San Diego's Craig Kimbrel (305 innings). 2. The New York Giants' Willie Mays (.345) and Cleveland's Bobby Avila (.341). 3. Miami, Fla. (2002-04) and Southern Cal (2008-10). 4. Boston's Antoine Walker, in 1997. 5. It was 2000. 6. Brazil's Kaka, in 2007. 7. It was 1993.



Daily Rates as of May 16th

18-holes - \$49 including cart

9-holes - \$39 including cart

Junior Rates available with a paid adult

Visit our Golf Shop for unique gift items and golf apparel

Annual Memberships, Temporary Memberships,  
Weekly passes, Ten round packages, and Rental Clubs available

1100 Par View Drive – Sanibel Island – (239) 472.2626



HOLTZ • MAHSHIE • DeCOSTA  
ATTORNEYS AT LAW



JASON HOLTZ



ELIAS MAHSHIE



CHRIS DeCOSTA

Real Estate • Business Law • Commercial Litigation

Offices in Sanibel, Fort Myers & Punta Gorda  
Phone: (239) 931-7566 • Fax: (239) 931- 7560  
Email: [info@hmdlegal.com](mailto:info@hmdlegal.com) • [www.hmdlegal.com](http://www.hmdlegal.com)





Camper Nana Edwards receiving instruction on hitting off the tee from The Sanctuary's Jamie Pierson

From page 29

## Golf Lessons

"They've learned a lot since week one," camp counselor Katherine Strange said on July 27. "The difference is amazing."

Stationed at The Sanctuary's driving range off Wulfert Road, campers took part in a series of developmental drills as well as some friendly skill competitions. During the



The Sanctuary's JT Tierney offers advice to camper Elaina Suslick on how to improve her swing

75-minute session, campers practiced their chipping, learned how to hit the bottom portion of a ball from their tees and engaged in distance and accuracy drills.

"Kids pick up the game pretty easy," said Jamie Pierson, one of The Sanctuary's golf instructors. "Once they learn some of the fundamentals – such as having a good stance, good posture and an easy stroke – they seem to have a lot of fun."

Pierson and fellow instructor JT Tierney encouraged the youngsters – a group of fifth through eighth grade girls – to try their hand at driving a ball on the range a variety of distances. Cones were placed at intervals 10 feet apart, up to 40 feet, allowing the novice golfers the chance to learn how to hit the ball for distance and with accuracy.

"Everybody wants to hit the ball far," Tierney told the group. "But in golf, it's all about controlling your distance."

After the girls took part in distance drills, they honed other golf skills learned throughout their previous visits to the course, including executing their swings – focusing on grip and the position of the club throughout – driving and putting.✱

## YOU'VE WORKED HARD TO EARN AND SAVE IT

*Why not take the time to protect  
it for your loved ones?*



**Craig R. Hersch**  
Attorney, CPA  
"Will Power" Columnist,  
*The Island Sun*



**Michael B. Hill**  
Attorney

- ▶ Estate Planning
- ▶ Wills
- ▶ Revocable Trusts
- ▶ Durable Powers of Attorney
- ▶ Probate & Trust Administrations
- ▶ Irrevocable Trusts – including modifying "problem trusts"

Florida Bar Board Certified Wills, Trusts & Estate Specialists

Call 239-334-1141 for a **FREE Florida Estate Planning Guide**

SHEPPARD, BRETT, STEWART,  
HERSCH, KINSEY & HILL P.A.  
Attorneys at Law

9100 College Pointe Ct.  
Fort Myers, Florida 33919  
239.334.1141  
[www.sbslaw.com](http://www.sbslaw.com)



## Sanibel Plumbing

**24/7 Service  
Remodel  
New Construction**

# 239.472.1101

2244 Periwinkle Way Suite 13  
Sanibel, FL 33957

Lic. #CFC1429575

**[www.SanibelPlumbingCompany.com](http://www.SanibelPlumbingCompany.com)**



## SanCap Electrical

**Service • Remodel  
New Construction**

# 239.472.1841

2244 Periwinkle Way Suite 13  
Sanibel, FL 33957

Lic. #EC13006430

**[www.SanCapElectricalCompany.com](http://www.SanCapElectricalCompany.com)**



# School Smart



by Shelley M. Greggs, NCSP

**D**ear Shelley, We have been very laid back this summer and haven't had much structure. Now with school beginning soon, I would like to get my kids into

some helpful routines. They are in first and third grades. Do you have any suggestions?

Jennifer B., Cape Coral

**Jennifer,**

You are very wise to implement routines for your children. Consistent daily routines provide security for children. When they know what to expect, anxiety and stress are reduced.

There are many areas where routines are important to develop but here are some that relate to school success: healthy eating, exercise, sleep, TV/computer screen time usage and homework.

**Healthy Eating**

- Provide well-balanced meals and limit caffeine and junk foods.

- Always make time for your child to have a good breakfast so he or she will be alert and able to pay attention and learn.

**Exercise**

- Involve your child in physical activity

for 30 minutes every day (i.e. walking, bicycling, playing sports, etc.).

**Sleep**

- Maintain consistent bedtime and morning routines, including weekends.
- Young children need approximately 8-10 hours of sleep per night.

**Television and computer/Internet usage**

- Limit the amount of time your child watches television and uses the computer each day.

- Monitor the types of programs that your child watches and the websites he or she visits.

- Turn off scary or violent television (for example, programs with vicious animals, monsters, natural disasters, stories involving death of a parent, etc.) Young children have a difficult time telling what is fantasy and what is real.

**Homework**

- Setup a specific time and location in the house where you children will complete their homework daily. Even if they don't have homework, this could be their reading time. Make sure this location has the tools necessary to complete their work so they don't waste time hunting for paper, pencils, scissors, etc., every day. Allot a specific amount of time for them to do their work or reading. Schools typically suggest how much time, by grade level, they think is appropriate for homework. You will want to be close by to the homework area in case they need some help and encouragement, but don't do their homework for them.

With these simple routines implemented regularly your children will

be prepared to learn and ready to enjoy school every day.

(This column is an update of one that ran originally in August 2013.)

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a

nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.\*

From page 20

## Scientific Shell Museum

will arrive in August. According to science director and curator Dr. José H. Leal, the program's purpose "is to enhance the quality of the information we have associated with the collection material, to update the classification and, most basically, to help identify difficult species we have in our holdings."

Leal said, "There are around 70,000 named species of mollusks. Since no single researcher knows all of them, we try to bring in specialists in difficult families or in large groups that need work done. In return, they collect data for their own research. It's a win-win situation."

Sérgio Mendonça de Almeida is an assistant professor in biological sciences at the Catholic University of Pernambuco in Brazil and a PhD student in the graduate program in systematics, animal taxonomy and biodiversity at the Zoology Museum at the University of São Paulo. In his application, he explained that to effectively develop his thesis project, "morphology and comparative anatomy of the representatives of Pitarinae subfamily (Bivalvia: Veneridae) of the western Atlantic Ocean," it's important for him to visit scientific collections so he can more accurately verify the distribution of species of direct interest to the research.

During their time at the museum, Tucker Abbott Fellows are expected to assist with the curation of portions of the collection, which consists of marine, freshwater and terrestrial specimens. They are also asked to provide one talk for the general public. The curatorship is accompanied by a stipend of \$1,500.

Dr. Leal, who oversees the program, is involved in identifying areas in need of refinement, selecting appropriate candidates, showing them the physical arrangement of the collection, facilitating communication with staff and volunteers and, he adds, "obviously learning from their work results."

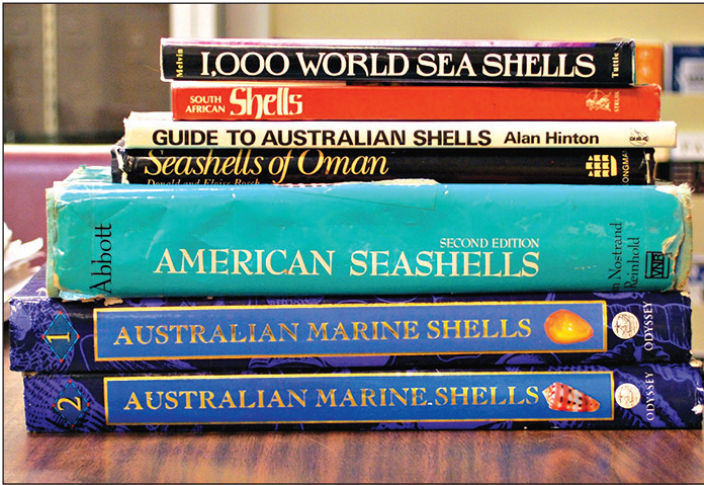
While the museum grants one Tucker Curatorship annually, in any given year as many as 20 scientists/researchers visit the collection on their own. Most recently, Mauricio Fernandes, who has a BS in biology and MS in zoology from the Federal University of Rio de Janeiro in Brazil, spent five days in late June doing research at the museum. He helped identify specimens in the family Triphoridae, took photos and made notes for his own research. He also offered a "shell of the day" presentation to the staff.

In addition to hosting individual scholars, the shell museum organizes gatherings of scientists. For the premier Mollusks in Peril Forum in May, for example, Leal invited a dozen scientists involved in far-reaching research and education, representing a spectrum of studies. During the three-day forum, they combined forces to explore the threats to mollusks and propose possible solutions. They focused on different-but-related topics during individual presentations and then came together to participate in lively panel discussions.

The concept for the forum originated with Smoky and Stephanie Payson, who said, "We worry that many species of mollusks are at risk in the not-too-distant future, even in the next 50 years. We wanted to bring together researchers and malacologists to get a better handle on the nature and severity of that risk."

"This important gathering was an investment by the shell museum into learning what the scientific issues are and finding ways to communicate them to the public," said executive director Dorrie Hipschman. "The knowledge we've gained will be incorporated into our 2016-2017 program."

The shell museum is located at 3075 Sanibel-Captiva Road on Sanibel. Hours are 10 a.m. to 5 p.m. daily. For more information, call 395-2233 or visit [www.shellmuseum.org](http://www.shellmuseum.org).\*



Visiting scientists, as well as staff members and volunteers, benefit from the vast collection and other resources available at the shell museum



ISLAND LAW OFFICE OF  
**JANET M. STRICKLAND**  
P.A.

**Wills, Trusts & Estate Planning  
Probates & Estates  
Business & Corporate Law**

Member of The Real Property,  
Probate & Trust Law Section of The Florida Bar  
Lee County Bar Association.  
AV Rated by Martindale-Hubbell  
BBB Accredited Business Rated A+  
**27 Years Experience**  
**(239).472.3322**  
Behind The Village Shops  
2340 Periwinkle Way, Suite J-1, Sanibel FL 33957  
[www.jmslawyer.com](http://www.jmslawyer.com)

**UNDER NEW OWNERSHIP**



**ISLAND INSURANCE SERVICE**



Mark O'Brien  
Owner/Agent

Susan Barnes  
Personal Lines

Trish Barbone  
Agent

Call our office today  
for a new Auto  
quote.

We are **HERE**  
for all your insurance needs

Have an insurance question?

703 Tarpon Bay Rd, Sanibel, FL (239) 472-3022



## Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** I hear so much now about the brain and its complexity. Can the brain rewire itself for greater happiness?

**A:** We are making so many strides in better

understanding the brain and all of its complex functions. We know now that we can actually rewire the brain and increase for more happiness. The brain has a lot to do with how happy you are. Neuroplasticity, changes in neuro pathways occur when the brain forms new neuro connections throughout one's entire life.

According to Dr. Rick Hanson, author of *Hardwiring Happiness: The New Science of Contentment, Calm and Confidence*, "The brain has evolved like building a house from the bottom up, in three stages: the brain stem, the subcortical region, and the cortex. The brain stem is the most ancient part of the brain. It manages our ongoing survival/maintenance of the body. Its core functions include heartbeat, breathing and other vital organs. Nodes in the brain stem produce major neurotransmitter systems such as dopamine, the pleasure center.

Serotonin is another neurotransmitter that helps us stay calm and even keeled. Other nodes generate norepinephrine, which alerts us and orients us to important things. Other networks inside the brain stem help wake us up and maintain our alertness which is an important region for consciousness itself."

Sitting on top of the brain stem is the subcortical region which some refer to as the limbic system, that

part of the brain having to do with emotions. This area also includes the hypothalamus, thalamus the basil ganglia, hippocampus and the amygdala. The hypothalamus regulates the core drives such as thirst or feeling cold and needing additional clothing to warm us. The thalamus is involved with sensory processing, is like a big switchboard, the basil ganglia, which regulates emotion and activity, is also very involved in reward and motivation for good or for bad. The hippocampus puts things in perspective and helps form new memories, and the alarm bell of the brain, the amygdala, is oriented around the fear center. The cortex is our seat of judgment and helps us regulate our attention, feelings and desires.

The more that you bring experiences into your body, the more neural structure they will build. For instance, the the longer you stay with the experience, the more it will sink in, the greater the duration. The more intense you have the experience, the more formation of neural structure there will be. The more that you bring experiences down into your body and have them be emotionally rich, the more neural structure they will build.

Because of the nature of the brain and so much new information, I would encourage you to research Dr. Rick Hanson's work, and Dr. Deepak Chopra and Rudi Tanzi's book *Super Brain* for much more detailed research on the brain.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at [constanceclancyfisher@gmail.com](mailto:constanceclancyfisher@gmail.com).✱



Barrier Island  
Title Services, Inc.

(239) 472-3688

"You'll Appreciate the Difference"

## Eden Energy Medicine

### Safeguarding Breast Health: Chakra Clearing



by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

**D**uring the last three columns, techniques were learned to enhance breast self-care by pressing/buzzing neurolymphatic

reflex points and by flushing meridians. Remember that flushing a meridian means using your electromagnetic hand – with palm against the body – to pull energy along the defined meridian pathway, thereby promoting movement and health. We want to flush the meridian to unclog the trapped stale energy that so easily forms.

Today, learn to "chakra-clear" the breasts to pull stale energies from them. At the conclusion of today's column, you will have four tools in your tool chest to maintain healthy breasts and or to improve their health.

Donna Eden sees chakras over each breast. Chakras are swirling balls of energy that bathe the area of the body with which they associated with healing energy. By using your hands, which are

vortexes themselves, to clear the energy from the breasts, energy blockages are shattered, energy is encouraged to spin in the same flow and direction leaving you feeling more centered and grounded.

The technique is simple:

Step 1. Use your left hand to make counterclockwise circles over your left breast, with a hand about six inches from the body. Move slowly in circles that are about 12 inches in diameter. Clear for about three minutes. Shake hands off. This motion removes stale energy like a rotor-router.

Step 2. Use the right hand to make clockwise circles over the left breast with distances as referenced above. The right hand stabilizes the energy removed from the body. Circle for half the time used in Step 1. Shake hands off.

Step 3. Repeat Steps 1 and 2 with the right breast.

Feel better? Now go do a little jig and know you made your lovely breasts happy for the day.

Have fun with your energy! Next week's topic is Reduce Temper Tantrums: Calm Stressed Body.

If you have a question, email Karen at [SemmEnergyCenter@gmail.com](mailto:SemmEnergyCenter@gmail.com) or visit [www.semmelmanenergy.com](http://www.semmelmanenergy.com). EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.✱

TWO OF THE WORLD'S  
MOST EXPERIENCED  
REGENERATIVE PAIN  
MEDICINE EXPERTS  
AT YOUR SERVICE

239.303.4069

CaringMedical.com

Caring Medical Regenerative Medicine Clinics  
9738 Commerce Center Ct. Fort Myers, FL 33908



ROSS A. HAUSER, MD

TIMOTHY L. SPECIALE, DO

Stem Cell Therapy • Prolotherapy • Platelet Rich Plasma  
Call us today to see if you are a candidate

**PHYSICAL THERAPY – MASSAGE – PILATES**

Island Therapy Center

Feel well on Sanibel!™

One-on-One Expert Treatment for Joint/Muscle  
Injuries, Pain, Surgical Rehabilitation,  
Balance/Strength, Dizziness and More.

239-395-5858

2242 Periwinkle Way, Suite 2  
(in the Sanibel Square)

MA# 27832 PT# 13489

**MASSAGE SUMMER SPECIALS ARE BACK!**  
**DETAILS AT [WWW.ISLANDTHERAPYCENTER.COM](http://WWW.ISLANDTHERAPYCENTER.COM)**



dearRPharmacist

# The Drug That Causes Gambling



by Suzy Cohen, RPh

**D**ear Readers: I was in Las Vegas recently and spent four nights there. I stayed at The Palazzo and checked out hotels like Paris, The Venetian, MGM Grand, Aria, Caesars Palace and probably

two others that I walked by. With that many hotels, guess how much I spent on gambling?

Five dollars.

No kidding. It just doesn't interest me. I look at big green trash cans and think, "Those were the original slot machines, before casinos figured out they could get more money out of us if they put fancy noises and lights on them!"

All kidding aside, gambling is no joke, it's a hobby for some and an illness for others. And interestingly, we know that some drugs can enhance that gambling state of mind. A few months ago, the U.S. Food and Drug Administration warned physicians about Abilify (aripiprazole) and how it could cause impulsive behavior. If you are one of my fans, I told you this the very year Abilify

was released in 2006, and also how it could cause rapid weight gain.

Abilify is one of the worlds #1 prescribed drugs. It raked in \$6.4 billion in 2013. It's classified as an antipsychotic medication but unfortunately physicians dispense it like it's some kind of Tic Tac... for every emotional and mental disorder you walk in with. The gambling problems have led to divorces. A quick google search will reveal anxious lawyers who want to represent you because they feel like the drug companies knew and kept it hush.

One patient reportedly played the slots occasionally but never lost more than \$50, then he started Abilify. "After I ploughed through my bank account, I obtained cash advances on my credit cards and soon maxed them out," said the patient whose wife now wants a divorce.

It's not just gambling, if you take this drug you may feel unnatural cravings to binge eat, have sex or go shopping. If you get these urges (and I mean in an unnatural, unhealthy way), then your dopamine is off. It leads to fighting, infidelities, obesity, bankruptcy and divorce. Funny, I never noticed anything alarming in the TV commercials, everyone looked happy.

In 2015, American doctors wrote 1.5 million prescriptions to treat not only schizophrenia, but also depression, bipolar disorder autism-induced mood problems. We don't really need studies to prove what Abilify and other drugs do because those drugs work on dopamine. When you raise dopamine excessively, and mess with your brain chemicals, you pull the string on the puppet. Three studies concluded that discontinuation of Abilify could help you get control of the pathological gambling. These can

be easily found in *The British Medical Journal 2011, JAMA 2014* and *Addictive Behaviors 2014*.

If you feel like you've been shopping excessively, binging on food or anything, or experiencing unhealthy urges and you take Abilify, I recommend you speak to your doctor to either reduce your dosage, wean off altogether or try something natural so you can address brain chemistry and get it healthy again. Healing dopamine receptors takes time and while this side effect is unusual, I want you to know it can happen, because the FDA decided they only needed to warn doctors.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*✱

Doctor and Dietician

## Treating Arthritis Of The Wrist



by Ross Hauser, MD  
and Marion Hauser, MS, RD

**A**rthritis of the wrist is a common, painful and disabling condition. Typically in the early stages of wrist arthritis, the problems are mainly caused by carpal instability from ligament injury. These weakened

ligaments make an individual more susceptible to further injury. The instability caused by ligament weakness allows the wrist bones to shift positions. Over time, wrist joint instability leads to deterioration of the joint and osteoarthritis.

The diagnosis of wrist instability or wrist ligament injury is best done by direct palpation. Wrist bones are very superficial, allowing for easy palpation of the weakened ligament(s) to elicit a positive "jump sign." Rest, activity modification, and support braces are frequently recommended, but it is important to note that rest and immobility of a joint can cause more problems in the long run. Forms of treatment which allow the preservation of movement are now preferred.

Many of the common therapies for wrist arthritis result in short term relief alone and often leave folks with unresolved pain. Furthermore, various wrist replacement and fusion techniques are still not sufficiently robust to meet the demands of many patients, nor do

they restore the normal movements of the wrist. One explanation for the lack of response of chronic wrist pain sufferers to traditional conservative therapies is that their underlying problem, ligament injury and joint instability, is not being addressed.

To halt the arthritic process, stabilize the carpal joints, and reduce wrist pain, Prolotherapy is among regenerative options that can be used effectively. Regenerative medicine treatments are those that address the genesis of the problem, the ligament injury. By stimulating tissue repair in degenerated tissues such as ligaments and tendons, pain can be alleviated and natural motion restored.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).*✱

### THE DOCTOR WILL SEE YOU NOW

Scott Dunavant, M.D. is proud to welcome you to an exciting new health care alternative for residents and visitors alike - Dunavant Medical Group.

Dunavant Medical Group will draw on the extensive experience and expertise of Dr. Scott Dunavant that includes emergency care, family practice, and professional sports medicine. He will be joined by Diane St. Pierre, A.R.N.P., plus a team of dedicated caregivers.

Dunavant Medical Group will offer traditional health care for family health, wellness, urgent care (for all ages), sports medicine and walk-in clinical care -all with a highly personal and highest quality approach.

To become a patient or to make an appointment, call 239.312.4544 or visit [DunavantMedicalGroup.com](http://DunavantMedicalGroup.com)

**DUNAVANT**  
**MEDICAL GROUP**

695 Tarpon Bay Road Suite 2 Sanibel

**239.312.4544**

[DunavantMedicalGroup.com](http://DunavantMedicalGroup.com)

## Mom And Me



by Lizzie and Pryce

**L**izzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

**Dear Mom & Me,**

My mother-in-law hated me from

the first day she met me. She thought I wasn't good enough for her daughter. I guess I wasn't then, but as luck would have it, I have been extremely successful.

She hated our son, but adored our daughter. After my wife mentioned it to her, she disliked them both.

Years have passed and when my mother-in-law's health started to go, I asked her to come and live in our home. She lived with us for six years and not a day passed that she didn't tell me how she still hated me.

Please tell me why would a person be so hurtful to us when we have been so good to her?

*Erick*

**Dear Erick,**

Treating others well regardless of how you are treated by them... well done! I wish many would watch and learn from your example. It is a difficult road and at times, I am sure, seems impossible, but it screams a lot about your character. Your mother-in-law sounds like a self-centered individual, interested only in her own feelings. I am sure she can justify everything she says, feels and does.

I do not know why she acts the way she does. One thing is for sure: she is not going to change. She is getting her needs met by being mean.

If and when her presence in the home affects your family's health and happiness, making a change is OK and not throwing in the towel. In some families due to personalities, past history, etc., strong and wide boundaries are needed. You can still care, but care from a distance.

*Pryce*

**Dear Erick,**

Congratulations on your success.

Some people would never ever admit that they could do anything wrong. Their opinions are right regardless of the facts.

You were kind and generous people to give her a home. Her mental impairment in later life just compounded the problem.

Some people seem to be nasty individuals, regardless of the kindness of others. Nasty when they were young, and even worse when they are older.

*Pryce*

*Lizzie and Pryce's email address is [momandmeaging@hotmail.com](mailto:momandmeaging@hotmail.com).*✱





### Shrimp and Avocado Remoulade Salad

2 pounds medium shrimp, cooked and peeled  
 1½ cups light mayonnaise  
 ½ cup catsup  
 4 tablespoons Dijon mustard  
 2 shallots, minced  
 1 clove garlic, minced  
 ¼ cup prepared horseradish  
 ¼ cup rice wine vinegar  
 ½ teaspoon celery salt  
 1 teaspoon paprika  
 3 tablespoons seafood seasoning spices  
 2 teaspoons lemon juice  
 1 teaspoon hot pepper sauce  
 ½ teaspoon salt  
 3 medium avocados, peeled and halved

Chill the cooked shrimp in a large covered bowl in refrigerator for 1 hour. Make a remoulade sauce by combining all but avocados in a food processor; blend until smooth. Pour mixture over shrimp, stirring to coat. Marinate shrimp in sauce for an hour or more before serving. Spoon the shrimp mixture into center of avocado halves to serve.

Yield 6 servings.✱✱



Shrimp and Avocado Remoulade Salad

photo courtesy Fresh From Florida

## BEST TAKE-OUT ON THE ISLANDS

### The Sanibel Sprout

#### Vegan Cafe and Juice Bar

Open 8:30 am to 7 pm  
 Monday through Saturday

239-472-4499

www.sanibelsprout.com Follow Us On facebook: The Sanibel Sprout

2463 Periwinkle Way  
 in the Bailey's Center

Gourmet vegan cuisine  
 100% organic and non-GMO  
 Catering and special orders welcome  
 Sanibel's original fresh juice and smoothie bar  
 Open for breakfast, lunch and dinner



ORGANIC JUICES, FRESH SMOOTHIES,  
 COFFEE HOUSE, HEALTHY EATS AND GIFTS.

P: 239.312.4085

2003 PERIWINKLE WAY  
 SANIBEL ISLAND, FL

LOCATED IN TAHITIAN GARDENS PLAZA  
 www.loveamongtheflowers.com  
 Daily Hours Tues.-Sun. 9am-4pm



### Gramma Dot's

The Only Dockside Dining on Sanibel

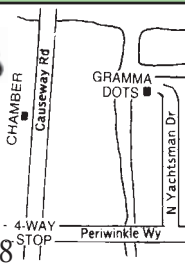
Located at the Sanibel Marina

Specializing in Local Seafood

We also feature Petite & 10 oz. Filet Mignons

Dining Awards: 6 years running

472-8138



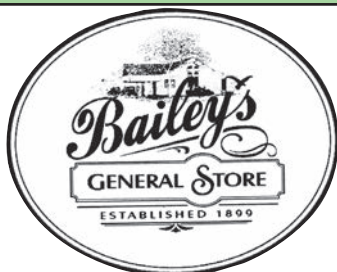
### Restaurant & Deli

Daily Lunch Specials • Salad Bar • Take-Out  
 or Eat In • Breakfast • Lunch • Dinner

Open Daily 6 a.m. - 10 p.m.



CALL FOR  
 DAILY SPECIALS  
 472-9300



### FULL DELI, BAKERY DAILY LUNCH SPECIALS COLD BEVERAGES

Call us for your cookout, picnic  
 and party needs. We'll take care of you!  
 Corner of Periwinkle Way & Tarpon Bay Road

472-1516

Monday - Wednesday  
 11am - 9pm  
 Thursday - Saturday  
 11am - 10pm  
 Sunday  
 12pm - 9pm

239-47BEACH  
 (239-472-3224)

www.beachpiez.com



Pizza  
 Subs  
 Drinks

2441 Periwinkle  
 Way

In Bailey's Shopping Center

### Sanibel Deli & Coffee FACTORY

PIZZA & WINGS

CALL AHEAD 472-2555

Across from  
 CVS in  
 Palm Ridge Place

BOARS HEAD MEAT!  
 FROZEN YOGURT &  
 ICE CREAM

~ OPEN ~ Mon. 7am-3pm  
 Tues. Wed. & Thurs. 7am-8pm  
 Fri & Sat. 7am-9pm  
 Sun. - Seasonal

### Old-Fashioned Fried Chicken



Take-Out or Delivery

239.472.2534

2496 Palm Ridge Rd. Sanibel Island



Open Daily  
 11am to 9pm





CALLING CARD 239-395-1213

Emergency .....	911
Sanibel Police .....	472-3111
Lee County Sheriff's Office .....	477-1200
On Call Captiva Deputy .....	477-1000
Fire Department - Sanibel .....	472-5525
Fire Department - Captiva .....	472-9494
Florida Marine Patrol .....	332-6966
Florida Highway Patrol .....	278-7100
Poison Control .....	1-800-282-3171
Chamber of Commerce .....	472-1080
City of Sanibel .....	472-4135
Administrative Office .....	472-3700
Building Department .....	472-4555
Planning Department .....	472-4136
Library - Sanibel .....	472-2483
Library - Captiva .....	239-533-4890
Post Office - Sanibel .....	472-1573
Post Office - Sanibel (toll free) .....	800-275-8777
Post Office - Captiva .....	472-1674
Sanibel Community Association .....	472-2155
Center 4 Life - Senior Center .....	472-5743
ARTS	
Arcade Theater .....	332-4488
Art League Of Fort Myers .....	275-3970
BIG ARTS - Barrier Island Group for the Arts .....	395-0900
Broadway Palm Dinner Theatre .....	278-4422
Fort Myers Symphonic Mastersingers .....	288-2535
Gulf Coast Symphony .....	472-6197
Lee County Alliance for the Arts .....	939-2787
Naples Philharmonic .....	597-1111
The Herb Strauss Schoolhouse Theater .....	472-6862
Sanibel Music Festival .....	336-7999
Sanibel-Captiva Art League .....	sancapart.com
SW Florida Symphony .....	418-0996
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc. ....	565-7872 or 433-7798
American Legion Post 123 .....	472-9979
Angel Flight SE .....	1-877-4AN-ANGEL
Audubon Society .....	472-3744
CHR Community Housing & Resources .....	472-1189
Community Foundation of Sanibel-Captiva .....	274-5900
CROW - Clinic For The Rehabilitation of Wildlife .....	472-3644
FISH OF SANCAP Neighbors Helping Neighbors .....	472-4775
FISH. OF SANCAP 24-hr service .....	472-0404
Sanibel Island Fishing Club .....	472-8994
Horticultural Society of the Islands .....	472-6940
Horticulture and Tea Society of Sanibel and Captiva .....	472-8334
Kiwanis Club .....	677-7299
League of Women Voters .....	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald .....	302-521-1158
Master Gardeners of the Islands .....	472-6940
MOAA - Military Officers Assoc. of America, Alex MacKenzie ....	395-9232
Newcomers .....	472-9332
Notre Dame Club of Southwest Florida .....	768-0417
Optimist Club .....	472-0836
PAWS .....	472-4823
Rotary Club .....	472-7257 or 472-0141
Sanibel Bike Club .....	sanibelbicycleclub.org
Sanibel Beautification Inc. ....	470-2866
Sanibel-Captiva Orchid Society .....	472-6940
Sanibel-Captiva Power Squadron .....	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus .....	395-1202
Sanibel-Captiva Shell Club. ....	facebook.com/sancapshellclub 267-7291
Sanibel Youth Soccer .....	www.sanibelsoccer.org 395-2040
United Way of Lee County .....	433-2000
United Way 211 Helpline 24 hour .....	211 or 433-3900
Zonta Club .....	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum .....	395-2233
JN "Ding" Darling National Wildlife Refuge .....	472-1100
Sanibel Historical Museum & Village .....	472-4648
SCCF Sanibel-Captiva Conservation Foundation .....	472-2329

To be listed in calling card email your information to:  
press@islandsunnews.com

PETS OF THE WEEK



Monica ID# 416806



Izzy ID# 665420

Monica is an 8-year-old spayed female boxer. Despite her age, she is full of youthful energy and is very playful and sociable with the other dogs at the shelter. She is very well behaved, can sit, walk nicely on leash and is the sweetest, most loving dog you could ever wish to own. Adopting a senior can be the best gift you can ever give, not just to them but to yourself.

Her adoption fee is \$15 (regularly \$25) during Animal Services' Olympic Pet Adoption Deals promotion.

Izzy is a 4-month-old domestic short hair spayed female who has spent nearly half her life in the shelter. She has an adorable black-and-white tuxedo coat. Her very playful and loving personality is sure to bring a ton of enjoyment to your life.

Her adoption fee is \$30 (regularly \$75) during Animal Services' Olympic Pet Adoption Deals promotion.

For information about this week's pets, call

533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com). When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if 3 months or older, flea treatment, worming, heartworm test for dogs 6 months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.✱



## PUZZLES

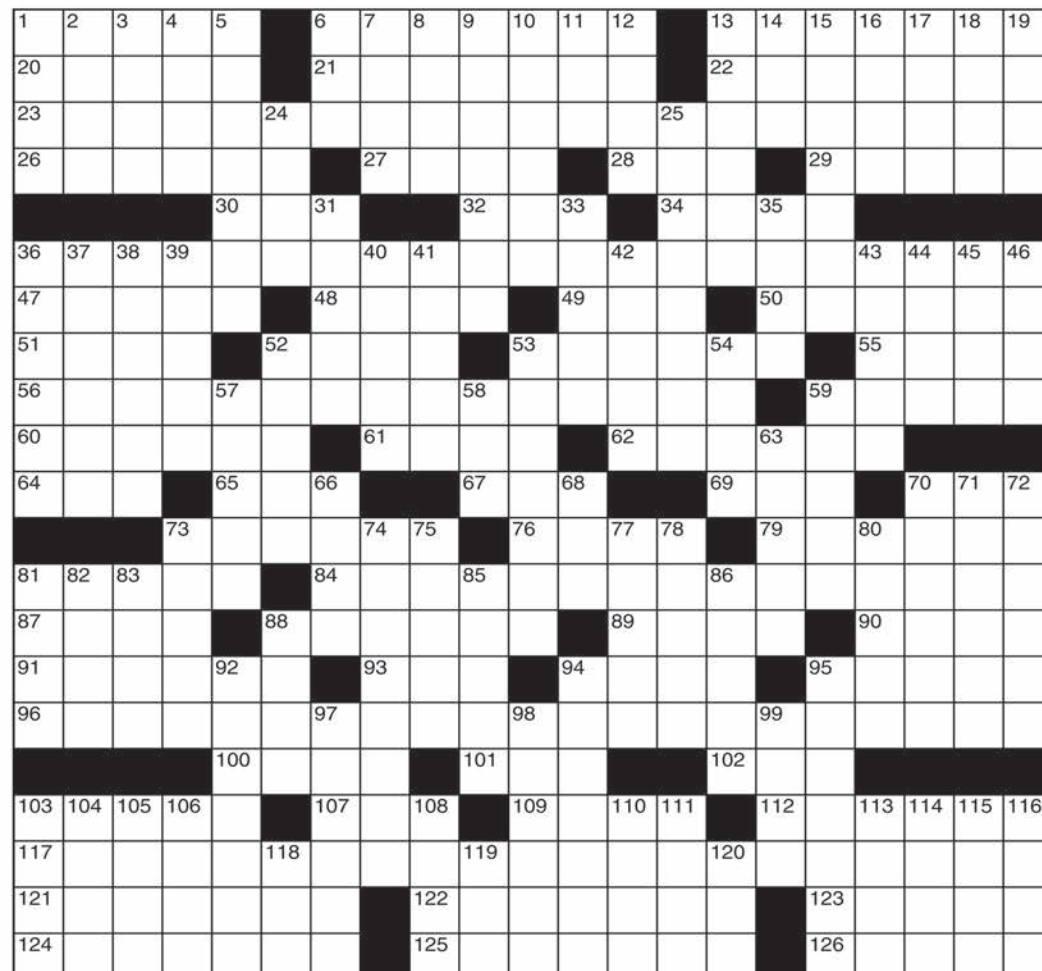
Answers on page 45

## Super Crossword

PROPELLING  
ANSWER

## ACROSS

- 1 Syria's president since 2000  
6 Devalue  
13 Most optimistic  
20 Fry lightly  
21 Pilot in "Star Wars"  
22 Everywhere  
23 Start of a riddle  
26 Bull-themed tequila brand  
27 Bewildered  
28 Fore and —  
29 Baseballer Stengel  
30 "— pro nobis" ("pray for us")  
32 Top-secret govt. group  
34 Be a stinker  
36 Riddle, part 2  
47 Thwart  
48 Big name in elevator safety  
49 — Lankan  
50 Farmer, e.g.  
51 Grain tower  
52 P.O. part  
53 Like forests  
55 Singer  
56 Riddle, part 3
- 59 Morale restorer  
60 General Electric co-founder  
61 Ending for switch  
62 Venom  
64 Curtain fixture  
65 Cheer at a  
67 "Miami Ink" channel  
69 Not talking  
70 Chinese philosophy  
73 Neighbor of Mozambique  
76 Fit of petty annoyance  
79 Defiant sorts  
81 "Fer — out loud!"  
84 Riddle, part 4  
87 Biker's bike, informally  
88 Voting sheet  
89 Seeing things  
90 Best Picture of 2012  
91 Illusion artist M.C. —  
93 Fritz's "the"  
94 Pop singer Lisa  
95 Swimming star Janet
- 96 End of the riddle  
100 Put frosting on  
101 President pro —  
102 Greek letter after pi  
103 Turn to hit  
107 "Give — kiss!"  
109 Having skill  
112 Vigorless state  
117 Riddle's answer  
121 Dermal art  
122 3-D model of a scene  
123 Sasha's sis  
124 Patroness of Québec: Abbr.  
125 Pen user's stain  
126 Lute of India
- 8 Slaughter in baseball  
9 Climbs  
10 Fertilizer compound  
11 "Xanadu" band, briefly  
12 Director  
13 One giving a tirade  
14 On in years  
15 Smooth raincoat  
16 Fort Dodge's state  
17 Days before holidays  
18 Dried and withered  
19 Deuce topper  
24 Rhino part  
25 "Yes, alas"  
31 In on — thing  
33 Big name in old fables  
35 Jumpy  
36 Dryer go-with  
37 Spanish city or province  
38 Installed anew, as floor tiles  
39 Kris — ('90s rap duo)  
40 Common answer at the door  
41 Saltpeter
- 42 Organization  
43 Film director Christopher  
44 Many a missing GI  
45 "Little" Dickens girl  
46 Strong cart without sides  
52 Prescribing punishment  
53 Tam-o'-shanter, e.g.  
54 Wedge filling a gap  
57 Mosque holy book  
58 Kiddie  
59 Foe of Paris  
63 Is an Internet explorer  
66 "Funny joke!"  
68 Mongrel mutt  
70 Largest city in Iran  
71 Makes flush  
72 Absorb gradually  
73 Power  
74 Crazy notion  
75 Archipelago makeup  
77 Fluid in refrigeration  
78 Lobby  
80 "Huzzah!"  
81 Gnaw on  
82 Itchy eruption
- 83 Service org. for females  
85 Kazakh journalist of film  
86 Giant in grills  
88 — -a-brac  
92 Book version  
94 Loosens (up)  
95 People who lend their names to things  
97 Downfall  
98 "Sure, whatever"  
99 Persian ruler  
103 Rented residences: Abbr.  
104 "— does it!"  
105 Eight-bit unit  
106 Dog in "The Thin Man"  
108 "... — can't get up!"  
110 Clear hurdles  
111 Red monster of kids' TV  
113 Morales of "Freejack"  
114 Thaw  
115 Large pelvic bones  
116 Way yonder  
118 Hoodwink  
119 Victory  
120 Tit for —



## King Crossword

## ACROSS

- 1 Let the cat out of the bag  
5 Culture medium  
9 Seek damages  
12 Frost  
13 Contemptible  
14 Moreover  
15 Saharan  
16 Sculpted head  
17 18-wheeler  
18 Pedestal part  
19 "The Greatest"  
20 Fisherman's hope  
21 TV watchdog org.  
23 Away from NNW  
25 In a just manner  
28 Certainly  
32 Nome dome home  
33 Heart line?  
34 Aromatic resin  
36 Brawl  
37 Supplement, with "out"  
38 Scoot  
39 Alger's "before"  
42 Twitch  
44 Lends a hand  
48 Coloration  
49 Pruritus  
50 Thought
- 51 Freddy's street  
52 -- gin fizz  
53 Lounge about  
54 Billboards  
55 Repair  
56 Narrow opening
- 6 France, once  
7 Francis' home  
8 On Soc. Sec., maybe  
9 Hindu garment  
10 One  
11 Advantage  
20 Sideshow performer's cot?  
22 Cape  
24 Glitch  
25 White lie  
26 Khan title  
27 Not up to par  
29 Blunder  
30 Greek vowel  
31 Rotation
- 35 Stamina  
36 Like some eyebrows  
39 Comical Caroline  
40 "— Lang Syne"  
41 Pirate treasure, in part  
43 Pedestal occupant  
45 "American --"  
46 Sandwich shop  
47 Sodium chloride  
49 Doctrine

## DOWN

- 1 Actor Pitt  
2 Old Italian money  
3 In the thick of  
4 State of great comfort  
5 Monastery office


STATES WITH A  
MAGIC MAZE ● PLACE NAMED  
COLUMBUS

N I F A D A X V A N A I D N I  
T N Q (M I N N E S O T A) O L M  
J I I H F G D E C A H N L Y W  
U A R S Y R R A W P N I L J H  
F D K U N K B O K Y N L O Z X  
V T R S O O C Q E O O O O M K  
K A N S A S C U I G T R I H F  
D B Z Y A R S S T W V A K T R  
Q O N X L K B I I N I C H F D  
C A E O C I X E M W E N Z X W  
V T U S A N A T N O M K R Q O

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Georgia	Kentucky	N. Carolina	New York
Illinois	Minnesota	N. Dakota	Texas
Indiana	Missouri	Nebraska	Wisconsin
Kansas	Montana	New Mexico	





"I had only enough candles for your \_\_\_\_\_ age!"

answer on page 44

### SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Port  
**BORRAH**        

Arise  
**METS**        

Covert  
**TALENT**          

Convey  
**KAPES**        

TODAY'S WORD

		6	8				4	
	3				2	8		
7				1				5
8			9			5		4
	7			8			6	
		9			6			3
9		4		7				8
5			1				3	
	8				5	7		

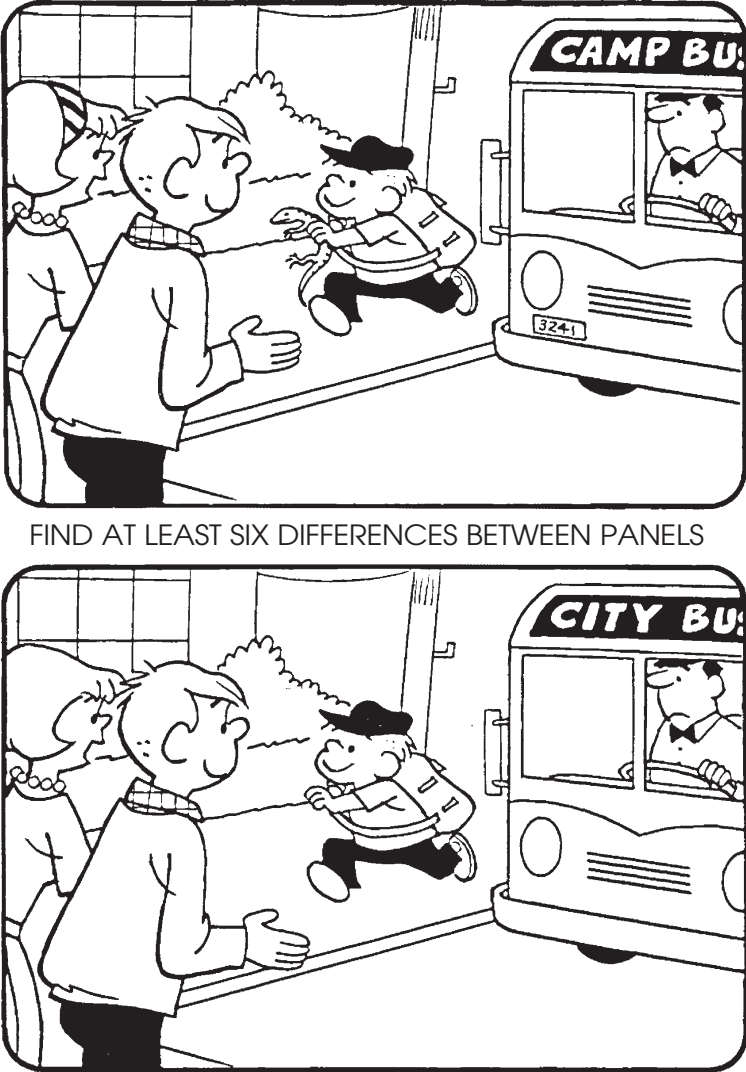
### SUDOKU

**To play Sudoku:** Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 45

### HOCUS-FOCUS

BY HENRY BOLTINOFF




FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS

Differences: 1. Headband is missing. 2. Arm is missing. 3. Lizard is missing. 4. Bus name is different. 5. Bus mirror is smaller. 6. License is missing.

## PROFESSIONAL DIRECTORY

### CONSTRUCTION



#### Ulrich Building Company

Kitchens, bathrooms, windows and doors everything between the ceilings and floors.

**Patrick & JoAnne Ulrich**  
**239-896-7116**


ulrichbuilding@gmail.com

- Remodeling
- Additions
- New Construction

LIC#: RR282811780

### PAINTING

#### Residential & Commercial Painting



**Barefoot Charley's**

COLOR SCHEMES on request from Sanibel Home Furnishings


- Power Washing
- Wallpaper Hanging
- Faux Finishing
- Free Estimates
- Interior & Exterior
- Dependable
- Reliable
- Licensed & Insured

Lic #S3-11944

**395-3928 Cell: 841-4302**  
barefootcharley@aol.com

With your contract a donation to your favorite charity will be made.

### CLEANING




#### ISLAND VIEW WINDOW CLEANING

10831 Sunset Plaza Cir #107  
Fort Myers, FL 33908  
service@islandviewclean.com

Office: 239-313-7930  
Cell: 239-322-4465  
Fax: 239-267-7855

### GLASS

Insured



Licensed # S2-11975

#### Stevens & Sons Glass


Replacement Impact Windows & Sliding Doors, Mirrors, Tub & Shower Enclosures, Store Fronts, Porch Enclosures, French Doors, Plate Glass

Specialists in impact condo complex replacement

2416 Palm Ridge Road  
Sanibel Island, FL 33957

Phone: (239) 472-0032  
Fax: (239) 472-0680

### NEW HOMES, REMODELING & ADDITIONS



#### KIRCHNER CONTRACTING INC.

- New Homes
- Consulting
- Remodeling
- Contracting

**MATT KIRCHNER**  
CG-C059097  
Mobile: 239-410-6932

P.O. Box 143  
Sanibel Island, FL

Phone: 239-472-2601  
Fax: 239-472-6506



## LIVE ON THE ISLANDS

**The Jacaranda** has live entertainment Friday, Saturday and Monday with Renata, playing funk, jazz and contemporary. On Wednesday, it's The O'Tooles, playing classic rock, R&B and dance. Sir Mitch plays classic rock, R&B and dance on Thursday.

**The Mucky Duck** on Andy Rosse Lane, Captiva features live music by Peter Redpath on Thursday and Sunday. Gary Earle plays Friday. Gene Federico performs on Saturday and Wednesday. Mark Dupuy plays on Monday. On Tuesday, it's Perry English.

**Sea Breeze Café at Sundial Beach Resort & Spa** has live island style entertainment on Mondays.

**Traditions on the Beach at Island Inn** has live entertainment Friday and Saturday with Dusk. Woody Brubaker plays on Thursday.

**Il Cielo** has live entertainment with Scott McDonald on Wednesday, Thursday, Friday and Saturday.

**The Island Cow** on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

**RC Otter's** on Andy Rosse Lane, Captiva, has live music daily with dining inside and out.

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to [press@islandsunnews.com](mailto:press@islandsunnews.com) or 395-2299.\**

## My Stars ★★★★★

FOR WEEK OF AUGUST 8, 2016

**ARIES** (March 21 to April 19) A more harmonious aspect favors all relationships. Family ties with mates and children are strengthened. Libra is Cupid's choice to win the amorous Aries' heart.

**TAURUS** (April 20 to May 20) The bold Bull is ready to take on fresh challenges. Expect some opposition as you plow new ground -- but supporters will outnumber detractors.

**GEMINI** (May 21 to June 20) An upcoming job change could mean uprooting your family to a far-distant location. Weigh all considerations carefully before making a decision one way or the other.

**CANCER** (June 21 to July 22) A long-standing problem is resolved by a mutually agreed upon compromise. You can now focus on getting the facts you'll need for a decision you'll soon be asked to make.

**LEO** (July 23 to August 22) The Big Cat needs to be wary of what appears to be a golden investment opportunity. That "sure thing" could turn out to be nothing more than a sack of Kitty Glitter.

**VIRGO** (August 23 to September 22) You give of yourself generously to help others, but right now you must allow people to help you. Confide your problems to family and trusted friends.

**LIBRA** (September 23 to October 22) Relationships benefit from a strong harmonious aspect. Things go more smoothly at work. Someone you thought you'd never see again asks for a reconciliation.

**SCORPIO** (October 23 to November

21) A minor distraction interferes with travel plans, but the delay is temporary. Meanwhile, expect to play peacemaker once again for feuding family members.

**SAGITTARIUS** (November 22 to December 21) Keep that positive momentum going on the home front. Arrange your schedule to spend more time with your family. You'll soon have news about that job change.

**CAPRICORN** (December 22 to January 19) Control that possessive tendency that sometimes goads you into an unnecessary display of jealousy. You could be creating problems where none currently exist.

**AQUARIUS** (January 20 to February 18) A new project holds some challenges you hadn't expected. But don't be discouraged; you'll find you're more prepared to deal with them than you realized.

**PISCES** (February 19 to March 20) Yours is the sign of the celestial Chemist, so don't be surprised if you experience a pleasant "chemistry" betwixt yourself and that new Leo in your life.

**BORN THIS WEEK:** You enjoy being fussed over, as befits your "royal" Leonine nature. You also have a strong loyalty to family and friends.

### THIS WEEK IN HISTORY

• On Aug. 14, 1784, a Russian fur trader founds Three Saints Bay, the first permanent Russian settlement in Alaska. In 1867, Secretary of State William H. Seward signed a treaty with Russia for the purchase of Alaska for \$7.2 million, a bargain at 2 cents an acre.

• On Aug. 10, 1846, President James Polk signs the Smithsonian Institution Act into law. In 1829, James Smithson died, leaving behind a will giving money

to the United States for the creation of the "Smithsonian Institution" and a fortune worth well over \$500,000.

• On Aug. 13, 1899, Alfred Hitchcock, the macabre master of moviemaking, is born in London. His innovative directing techniques made "The Master of Suspense" one of the most influential filmmakers of the 20th century.

• On Aug. 11, 1965, in the Watts neighborhood of Los Angeles, two white policemen scuffle with a black motorist suspected of drunken driving, sparking a riot. Five days of violence left 34 people dead, 1,032 injured and nearly 4,000 arrested.

• On Aug. 8, 1974, with impeachment proceedings underway, President Richard Nixon announces he will resign as president of the United States.

• On Aug. 9, 1985, Arthur Walker, a retired U.S. Navy officer, is found guilty of espionage for passing top-secret documents to his brother John, who then passed them to Soviet agents. John Walker, also a Navy veteran, had been involved in spying for the Soviets since 1968.

• On Aug. 12, 1990, fossil hunter Susan Hendrickson finds three huge bones jutting out of a cliff near Faith, South Dakota, part of the largest and most complete Tyrannosaurus rex skeleton ever discovered. Nicknamed "Sue," the skeleton is 42 feet long, and its massive 2,000-pound skull has 58 teeth. It can be seen today at the Field Museum of Natural History in Chicago.

### STRANGE BUT TRUE

• It was notorious American self-described "gonzo journalist" Hunter S.

## PROFESSIONAL DIRECTORY

### CONSTRUCTION



**MILLS BROTHERS BUILDING CONTRACTORS**  
QUALITY, RELIABILITY, SATISFACTION

- Custom Home Building | Remodels
- Design Service Available • Sanibel Owned & Operated

Office Phone & Fax  
239-472-6711

Joseph Mills Lic. #CBC058789  
William Mills Lic. #CBC058788

### INTERIOR DESIGN



Pam Ruth  
V.P. Interior Design

#### Design CENTER

Verticals • Mini Blinds • Draperies • Wallpaper • Furniture  
Ceramic • Wood • Appliances • Interior Painting • Custom Cabinets  
Upholstery • Kitchen & Bath Remodeling

2330 Palm Ridge Road • Sanibel, FL 33957  
(239) 395-2525 • Fax (239) 395-2373  
• [www.beachfloordecor.com](http://www.beachfloordecor.com)

### CONTRACTOR



**Surfside**  
**Home Improvements**  
**Aluminum & Remodeling**



- Bathrooms • Kitchens
- Lanai Enclosures
- Windows • Screen Rooms • Decks
- Railings • Safety Tubs • Doors
- Add a Room or Garage
- Outdoor Kitchens • Storm Shutters
- and Much More

**\$500. OFF WITH Ad**  
cbc1261010

**239-936-0836**

Family owned, 40 Years Local

### DESIGN AND REMODELING

ARTISTIC INTERIORS INC.



"WE DON'T JUST DO REMODELING, WE CREATE ARTWORK"

CALL CHRIS BORING @  
239-989-6122

BORINGDESIGNSO6  
@EMBARQMAIL.COM

Lic#RG291 103860, SI 16371

DESIGNING AND REMODELING-  
FROM CONCEPT TO COMPLETION

QUALITY REMODELING AND  
SERVICE

### CONSTRUCTION/REMODELING



Custom Homes & Remodeling Specialists  
We can design, build and manage any endeavor  
you can dream up.

**239.454.5699**

[cooperconstruction@embarqmail.com](mailto:cooperconstruction@embarqmail.com)

Kerry Cooper • An Island Business Since 1982 • License # CBC1255742



Thompson who made the following sage observation: "Life should not be a journey to the grave with the intention of arriving safely in a pretty and well-preserved body, but rather to skid in broadside in a cloud of smoke, thoroughly used up, totally worn out, and loudly proclaiming 'Wow! What a ride!'"

- Spread out your fingers as far as you can, then measure the distance between the end of your thumb and the opposite side of your palm. That distance is known as your shaftment.

- Roto-Rooter, the plumbing and drain service company, conducts an annual survey of its technicians to find out what sorts of things are being found in customers' pipes. Among the more interesting items over the years have been Barbies, false teeth, TV remotes, alligators and six-packs of beer.

- Over the past 100 years, the life expectancy of the average American has risen from 47 to 78.

- Those who study such things say that, on a per-capita basis, Canadians consume more macaroni and cheese than citizens of any other country in the world.

- Railroads in Japan have a persistent problem: turtles. It seems the reptiles have a habit of wandering onto the tracks, and many of them get stuck between the switching rails. This prevents the switches from closing properly, causing train accidents. To address the problem, the West Japan Railway Company consulted with the Suma Aqualife Park in Kobe; together, they created tunnels under the tracks to allow the turtles to pass freely without endangering railway passengers -- or themselves.

THOUGHT FOR THE DAY

"English usage is sometimes more than mere taste, judgment, and education -- sometimes it's sheer luck, like getting across the street." -- E.B. White

NOW HERE'S A TIP

- Ease the weekday morning time crunch by planning your wardrobe on the weekends. Use a single hanger to gather everything you need for a smart, pulled-together look. Attach a plastic

sandwich bag with accessories to the hanger with a clothespin, and you'll be dressed in minutes.

- "When my child stopped napping during the day, I had much less time to take care of household chores. So I started recording books on tape for him to listen to while I took care of a few tasks around the house. It's still quiet time, even if he doesn't actually go to sleep." -- R.L. in Minnesota

- "I purchase extra school supplies when back-to-school time brings the sales. Inevitably, we need extras as the school year wears on, and these items can be pricier later." -- Y.C. in Alabama

- "I use an over-the-door shoe organizer on the back of the door in our den for homework supplies. It has large and small pockets, so I can include pens, pencils, paper, stapler, tape and other small supplies, as well as different kinds of paper and folders. We have three kids who all take homework time together, so they have all they need right at their fingertips!" -- M.D. in Nevada

- "Convenience grocery items are so wonderful, but they can be pricey. If you find something you really like, try

buying the ingredients, making several and storing them in plastic containers. My kids have a ball making their own 'Lunchables' to take to school for the week." -- O.P. in Missouri

- Print out a copy of your children's school lunch calendar, and post it in the kitchen. Your kids can double-check the lunch for the next day to make sure it's something they will eat. You also can reference it when meal-planning, so you don't repeat a meal at home that the kids have had at school.

SCRAMBLERS

*solution*

1. Harbor; 2. Stem;  
3. Latent; 4. Speak

*Today's Word*  
**MENTAL**

PROFESSIONAL DIRECTORY

UPHOLSTERY

A Friendly Personalized Service From  
Owner-Operator Steven Cservenyak  
**PARAMOUNT DECORATOR  
& UPHOLSTERY**  
*since 1974*

Complete line of quality upholstery work by European Craftsman  
*We work with the finest imported silk, satin, damask, brocades, velvets,  
hand-loomed crewel, embroidered tapestries from Italy, Belgium & India.*

**Antique Furniture Restoration**  
We also do boat cushions & down feather cushions  
**239-948-9911 • 11791 Bradley Court, Bonita Springs**

CUSTOM HOME BUILDER

Ph (239) 472-8446 Ron DeCorte  
DeCorteFour.com #CBC058483

*DeCorte Four*  
**DeCorte Four**  
Custom Home Builders, Inc.

We do it all from repairing a door to adding a 2nd Floor  
New Construction Too  
P. O. Box 922 • Sanibel, FL 33957 • Fax (239) 472-8449

TREE & LAWN CARE

**EnviroMow**  
**239-896-6789**  
Complete Landscaping Services

- Tree Service and Pepper Clearing
- Lawn Care • Landscape Trimming & Pruning
- Fertilization • Weed Maintenance • Mulch Applications
- Property Clean up

Sanibel Family Owned & Operated  
Licensed & Insured / [www.enviromow.com](http://www.enviromow.com)

POOL SERVICE & REPAIR

**Deep-End  
Pool Service**

25 years experience  
License # CPC1457386

**239-699-6279**

- Islands Premier Pool Service
- Professional Weekly Service
- Fast Expert Equipment Repair and Replacement
- Specializing in Rental Properties

also Complete Pool and Deck remodeling,  
Repair and Installation of all brands of  
Pool Heaters including  
Gulfstream, Aquacal and Aquatherm.

24/7 emergency repair service.  
Free estimates for weekly service and repairs!

FILM SOCIETY

**Film Society of Southwest Florida**

For movie lovers who appreciate all aspects of film.

**Meeting Location**  
Community Room - Robb & Stucky

4:30 to 5:30 p.m. President, Di Saggau  
Second Monday of each month 239-466-4707

**After 9, it's Turtle Time!**

After 9pm, please:  
Turn off all lights visible from the beach  
Only use amber (red) lights at night  
Fill in any holes on the beach  
Remove all beach furniture

**Cycling Safety Notes**

Ride to the right

Warn to pass

Wear a helmet

Use lights at night

Always be courteous

**SANIBEL BICYCLE CLUB**



# PUZZLE ANSWERS

## SUPER CROSSWORD

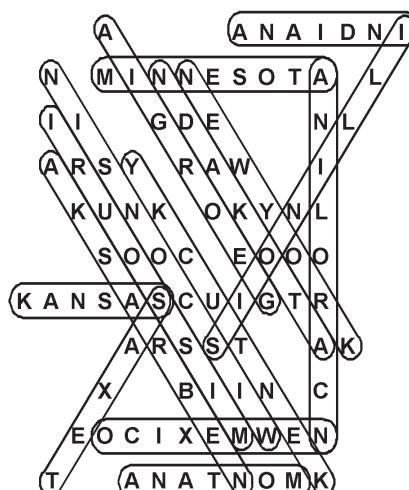
A	S	S	A	D	C	H	E	A	P	E	N	R	O	S	I	E	S	T		
S	A	U	T	E	H	A	N	S	O	L	O	A	L	L	O	V	E	R		
W	H	E	N	T	H	E	D	O	C	T	O	R	A	N	D	I	W	E	R	E
E	L	T	O	R	O	A	S	E	A	A	F	T	C	A	S	E	Y			
				O	R	A		N	S	A	R	E	E	K						
W	O	R	K	I	N	G	I	N	T	H	E	G	A	R	D	E	N	A	N	D
A	V	E	R	T	O	T	I	S	S	R	I	G	R	O	W	E	R			
S	I	L	O	P	O	S	T	W	O	O	D	S	Y	L	O	L	A			
H	E	A	S	K	E	D	M	E	T	O	P	U	S	H	R	A	L	L	Y	
E	D	I	S	O	N	E	R	O	O	P	O	I	S	O	N					
R	O	D	R	A	H	T	L	C	M	U	M	T	A	O						
				M	A	L	A	W	I	H	U	F	F	R	E	B	E	L	S	
C	R	Y	I	N	H	I	S	B	A	R	R	O	W	F	O	R	H	I	M	
H	A	W	G	B	A	L	L	O	T	E	Y	E	S	A	R	G	O			
E	S	C	H	E	R	D	E	R	L	O	E	B	E	V	A	N	S			
W	H	A	T	D	I	D	I	S	A	Y	I	N	R	E	S	P	O	N	S	
A	T	B	A	T	M	E	A		A	B	L	E	A	N	E	M	I	A		
P	H	Y	S	I	C	I	A	N	W	H	E	E	L	T	H	Y	S	E	L	
T	A	T	T	O	O	S	D	I	O	R	A	M	A	M	A	L	I	A		
S	T	E	A	N	N	E	I	N	K	S	P	O	T	S	I	T	A	R		

## KING CROSSWORD

B	L	A	B		A	G	A	R		S	U	E
R	I	M	E		B	A	S	E		A	N	D
A	R	I	D		B	U	S	T		R	I	G
D	A	D	O		A	L	I		B	I	T	E
			F	C	C		S	S	E			
F	A	I	R	L	Y		I	N	D	E	E	D
I	G	L	O	O			A	O	R	T	A	
B	A	L	S	A	M		A	F	F	R	A	Y
			E	K	E		R	U	N			
R	A	G	S		T	I	C		A	I	D	S
H	U	E			I	T	C	H		I	D	E
E	L	M			S	L	O	E		L	O	L
A	D	S			M	E	N	D		S	L	I

## MAGIC MAZE

### STATES WITH A PLACE NAMED COLUMBUS



## SUDOKU

2	9	6	8	5	7	3	4	1
1	3	5	4	6	2	8	9	7
7	4	8	3	1	9	6	2	5
8	6	2	9	3	1	5	7	4
3	7	1	5	8	4	9	6	2
4	5	9	7	2	6	1	8	3
9	1	4	6	7	3	2	5	8
5	2	7	1	9	8	4	3	6
6	8	3	2	4	5	7	1	9

# PROFESSIONAL DIRECTORY

## BRICK PAVERS



Lee County Lic. # IP06-00664  
Sanibel Lic. # S3-14729

239-560-1199  
timsmithbrickpavers@gmail.com

## TRAVEL

**DREAM TRAVEL**  
...on land and sea...  
**DANA PARISH**  
travel consultant  
dana@h2ovista.com  
239-472-8835  
...dream your travel, travel your dream...  
member Sanibel-Captiva Chamber of Commerce  
affiliate Avoya Travel / American Express Travel / Sanibel resident since 1987

## IMPACT WINDOWS & DOORS/GLASS



# Windows Plus

"SWFL Window and Door Specialist"

Phone: 239-267-5858 Fax: 239-267-7855  
www.windowsplusllc.com  
10831 Sunset Plaza Circle, Unit 107 Fort Myers, FL 33908  
E-mail: office@windowsplusllc.com

## GENERAL CONTRACTOR

**D. BROWN**  
GENERAL CONTRACTORS LLC  
CGC1517615  
**BBB**  
A BBB Accredited Business with an A+ Rating  
**NEW CONSTRUCTION & REMODELS**  
239-593-1998 | www.dbrowngc.com

## POOL SERVICE/POOL REPAIR

**Island Condo Maintenance**  
RP0031826 Since 1974 SI-12240  
**COMPLETE POOL SERVICE**  
**SANIBEL AND CAPTIVA ISLANDS**  
**Specialists In:**  
• Residential-Commercial Pool Service & Repairs  
• Salt Systems  
**Complete Line Of:**  
• Chemicals-Pumps-Motors-Filters  
• Pool Supplies & Parts  
**Installation Of:**  
• Pool Heaters, Blankets & Roller Systems  
7:00 AM - 4:00 PM MON-FRI  
8:00 AM - NOON SATURDAYS  
**472-4505**  
1205 PERIWINKLE WAY, SANIBEL FL 33957  
EMAIL: IslandCondo@comcast.net

## LANDSCAPE

**Bonny's Blooming Gardens**  
**239 822-1939**  
For all your landscaping needs  
Landscape Design and Installation  
Beautiful Palms and Tropicals  
Landscape and Lawn Maintenance  
Tree Trimming Services  
Mulch Application  
Property Clean up & more!

## FISHING CHARTER

Light Tackle Sport Fishing  
Tarpon • Snook • Redfish & More  
**CAPT. MATT MITCHELL**  
  
USCG Licensed & Insured  
C: (239) 340-8651  
www.captmattmitchell.com  
email: captmattmitchell@aol.com

Would you like your business card in every home and business on Sanibel & Captiva every week?

**239-395-1213**



# ★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★

## COMMERCIAL RENTAL

### WONDERFUL RENTAL IN POPULAR LOCATION ON SANIBEL



2 Rooms, Bathroom,  
Approx. 1,000 sq. feet.  
This was Molnar Electric's old office.  
Call Judy at 239-851-4073.  
\*RS 8/5 CC TFN

### OFFICE SPACE FOR RENT

Great office space for rent.  
Great location,  
700 square feet on Periwinkle.  
Call Joe Gil 516-972-2883  
or 800-592-0009.  
\*NS 4/24 CC TFN

## REAL ESTATE

### GARCIA REAL ESTATE AND CONSULTING



**RICHARD J. GARCIA, GRI, BROKER**  
**239-472-5147**  
**garciaonsanibel.com**  
Offering Personal, Private, and  
Professional Real Estate Services on  
Sanibel and Captiva Islands.  
30 Year Resident of Sanibel.  
Licensed in Florida, New York,  
Pennsylvania and New Jersey.  
\*RS 4/29 CC TFN

## ANNUAL RENTAL

### ANNUAL RENTALS SANIBEL

**GULF BEACH or BAY BEACH**  
This rental offering is on the  
EAST END of Sanibel  
This 3 bedroom/2 bath UF, ground  
Level home, recent paint, new carpet,  
all appliances, large screen porch,  
double carport, and just minutes to  
walk to Bay or Gulf Beach.  
\$1,950/Mo.

Please call for details  
**472-6747**  
**Gulf Beach Properties, Inc.**  
Helping People Become Islanders for over 35 years!  
The Island Experience!  
\*RS 7/29 BM TFN

### HOMES FOR RENT

Lovely 3/2 house in the Dunes  
available 9/1/16  
Big yard/new AC/great location/huge two  
car garage and storage area downstairs.  
Call Dan at 239-470-1342 for showings.  
\*NS 8/5 CC 8/5

### HOUSE FOR RENT

West Gulf Dr., long term, 2,000 sq.ft.  
3Br,2B, loft, 2 car garage. 2 enclosed  
lanais off MB & LR. Private Deeded Beach.  
\$2,500, first, last, security. 239-910-6430  
or email Luvavantis@aol.com  
\*RS 6/24 CC TFN

### QUIET NEIGHBORHOOD

2BD/2BA in quiet neighborhood now  
available. 1/2 of duplex. Enclosed lanai  
with a/c. Center of the island. w/d hook-up.  
Pets okay. \$1,800/month. Year lease.  
Text only: 239.728.1920  
\*NS 7/29 BM 8/5

## LOAN NEEDED

### LOAN NEEDED

Looking for private investor loan to  
consolidate personal debt. I live on Sanibel  
and can offer second mortgage on my  
home. Amount needed is \$150,000. This  
will payoff existing debt.  
Please respond to  
sanibelforme@hotmail.com  
\*NS 7/22 CC TFN

## SEASONAL RENTAL

### RE/MAX OF THE ISLANDS

Putting owners and  
tenants together  
Call Ryan Block  
www.remax-oftheislands.com  
239-472-2311  
\*RS 1/23 BM TFN

## VACATION RENTAL

### LIGHTHOUSE REALTY

Paul J. Morris, Broker  
VACATION RENTALS  
PROPERTY MANAGEMENT & SALES  
359 Periwinkle Way, Sanibel Island  
**239-579-0511**  
\*RS 1/4 CC TFN

### Island Vacations

Of Sanibel & Captiva  
*Million \$ Views Await You!*  
• Cottages • Condos • Homes •  
Miles of Beaches & Bike Paths  
**239-472-7277**  
**1-888-451-7277**  
\*RS 1/4 BM TFN

## SERVICES OFFERED

### HOLISTIC HOME CLEANING

Optimize Your Health  
Cleanse Your Home  
Utilizing a non-toxic residue free  
cleaning system  
Sonya @ 239-246-7007  
\*NS 7/22 CC TFN

### SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming  
Weeding, Installation of Plants, Trees and  
Mulch (one month free service available)  
Joe Scarnato (239) 849-6163  
scarnatolawn@aol.com  
\*RS 1/25 BM TFN

### CAREGIVER

FL CNA, 20 years experience, Sanibel  
references. Med. mgt., wound care, CPR,  
housekeeping, meal prep., pet care, home  
watch, exercise monitoring, errands, etc.  
Call Sheila 239-437-9437/850-7082.  
\*RS 5/13 CC TFN

## SERVICES OFFERED

### ROGER NODRUFF ELECTRIC

Lic# EC12002788.  
Call Roger 239-707-7203.  
Aqualink - Motor Controls.  
Office & Store Maint.  
\*RS 6/7 CC TFN

### ANIMAL/HOUSE CAREGIVER

Responsible College Student  
Experienced in animal care  
Lives on Sanibel  
Call Taylor (239) 472-2296  
\*NS 7/22 CC 8/5

### POOL & SPA SERVICES

Aqua Smart Pool & Spa Services, Inc.  
772-1955  
Servicing Residential & Commercial Pools!  
\* Weekly Maintenance Service  
License & Insured  
\*NS 5/20 CC TFN

### HELLE'S CLEANING SERVICES

Residential Cleaning to Satisfaction  
Sanibel & Captiva • 239-565-0471  
Sanibel Lic. #11412 Lee Co. Lic. #051047  
\*NS 1/4 PC TFN

### SANIBEL HOME WATCH

Retired Police Captain  
Lives on Sanibel  
Will Check Your Home Weekly  
Very Reasonable Rates  
(239) 728-1971  
\*RS 1/4 BM TFN

## BOATS - CANOES - KAYAKS

### DOCKAGE

Hourly, Daily, Weekly  
and Monthly.  
Captiva Island 472-5800  
\*RS 1/4 NC TFN

## HELP WANTED

### REAL ESTATE ADMINISTRATOR

Royal Shell Real Estate is seeking a  
dependable, well-qualified individual  
for an extremely busy office.  
Part-time weekend position & possibly  
other days as needed. Email resume to:  
danielle@royalshellsales.com  
\*NS 8/5 CC TFN

### FRONT DESK / MEDICAL ASSISTANT

Medical Office - Full Time no weekends.  
Front Desk /Medical Assistant  
Electronic Medical records a plus.  
Reply to PO Box 53, Sanibel, FL 33957.  
\*RS 7/15 PC 8/5

### JERRY'S FOODS WAITRESSES OR WAITERS

Part Time Evening And Weekend Front  
End Associates Needed. Looking for  
energetic, personable, and fun  
individuals, with open availability  
Monday through Sunday.  
If interested call and ask for  
John, Tami, or Norm 472-9300.  
\*NS 5/6 BM TFN

### BECOME A SENIOR COMPANION VOLUNTEER

Volunteers provide companionship and  
friendship to frail elderly individuals who  
are homebound and generally living  
alone. Seniors Receive: Tax-free Stipend  
of \$2.65/hr., Mileage reimbursement of  
\$.40/mile, Paid Holiday, Vacation, & Sick  
leave. Volunteers, age 55 and older, able  
to volunteer at least 15 hours per week are  
urged to call today.  
Dr Piper Center for Social Services, Inc.,  
Tel: (239) 332-5346 or (800) 332-5346  
\*NS 7/1 NC TFN

## LOST AND FOUND

### ENGAGEMENT RING LOST

Engagement ring lost at the Lighthouse  
Beach by the big driftwood tree on 4/28/16  
in the water. If anyone finds, please contact  
the Sanibel Police or call 864-704-5135.  
\*NS 5/13 NC TFN

Share your community news with us.  
Call 395-1213, Fax: 395-2299 or email [press@islandsunnews.com](mailto:press@islandsunnews.com)



# Turtle Nesting Season Guidelines

With the official start of sea turtle nesting season now upon us, the City of Sanibel, in partnership with the Sanibel-Captiva Conservation Foundation (SCCF), is asking all residents and visitors to do their part in protecting these threatened and endangered species.

On Sanibel, nesting and hatchling emergence typically occur between May 1 and October 31. The nesting ritual of the loggerhead sea turtle is one of the most remarkable natural phenomena occurring on Sanibel's gulf beaches. This natural process has happened on Sanibel for centuries and our 11 miles of gulf shoreline have more nesting activity than any other beach in Lee County. Sought by predators and susceptible to dehydration, sea turtle hatchlings have only a one in one thousand chance of survival. Human activities can further reduce that chance.

- By following these simple guidelines, you can do your part to ensure the survival of these magnificent creatures:
- Turn off or shield lights near the beaches. Artificial beach lighting can inhibit female sea turtles from nesting and disorient hatchlings. Most beachfront lighting issues can be addressed by turning off all unnecessary lights, repositioning or modifying light fixtures or closing blinds and drapes.
  - Remove furniture and other items from the beach and dune area when not in use, between the hours of 9 p.m. and 7 a.m. Items left on the beach, including beach furniture, toys and trash, may be barriers to nesting or result in entanglement and predation of hatchlings.
  - Level all sandcastles and fill any holes dug during play. These are fine during the day but may pose additional hazards at night. Please leave the beach as you found it, so that sea turtles and hatchlings are not hindered on their way to nest or to the water.
  - Pick up all trash. Sea turtles mistakenly eat debris, especially plastic, which results in death.
  - Honor the leash law. All dogs on the beach must be on a leash and not allowed to disturb nesting turtles or hatchlings.
- Gulf-front property owners should make sure that their properties are in compliance with the city's sea turtle protection ordinances and ensure that artificial lighting from the property is not illuminating the beach (Sanibel Code Section 74-181-74-183, Section 126-996-126-1002).



An easy way to test if your property is in compliance is to stand on the beach on a moonless night and look seaward. If you can see your shadow cast towards the water, there is too much light behind you. This light could potentially deter female turtles from nesting or disorient hatchlings as they emerge from the nest.

We look forward to another successful sea turtle nesting season and hope to uphold Sanibel's reputation as having one of the darkest and most "turtle friendly" beaches in the state. We ask for your continued compliance with city's sea turtle protection ordinances and remind all residents and visitors that violations of these ordinances may be subject to city, state, and/or federal fines and penalties. Violations should be reported immediately to the Sanibel Police Department at 472-3111, Sanibel Code Enforcement at 472-4136, or Natural Resources at 472-3700.

For more information regarding sea turtles on Sanibel, visit the city's website at <http://mysanibel.com/Departments/Natural-Resources/Protecting-Our-Beaches/Sea-Turtles>.



## Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Marina Pointe	Bonita Springs	2005	6,773	\$4,995,000	\$4,000,000	80
Tarpon Estates	Cape Coral	2012	3,600	\$2,200,000	\$1,900,000	132
Creekside	Bonita Springs	1996	3,536	\$1,149,000	\$1,087,500	272
Whiskey Creek	Fort Myers	1981	3,586	\$899,000	\$975,000	83
Cape Coral	Cape Coral	1995	2,957	\$984,000	\$933,200	12
Buckingham Park	Fort Myers	1994	6,133	\$899,000	\$882,000	145
Edgewater	Fort Myers	1999	3,014	\$839,000	\$800,000	33
Dunes At Sanibel Island	Sanibel	1986	2,414	\$799,000	\$758,000	96
Palm Isles	Fort Myers Beach	2007	2,160	\$775,000	\$750,000	39
Arezzo	Bonita Springs	2006	3,081	\$765,000	\$740,000	121





**AWARD  
WINNING**  
Flavors From The  
Caribbean Rim!



Visit Us Online @ [www.DocFords.com](http://www.DocFords.com)

***Sanibel Island***

**WE'RE RELOCATING!**

*More Details Soon!*



**975 Rabbit Rd**  
Sanibel Island FL, 33957  
239.472.8311

***Captiva Island***



**South Seas Island Resort**  
Captiva Island FL, 33924  
239.312.4275

***Follow us on Instagram & Facebook!***  
  @docfords